



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Spring 2026	Instructor Name:	Nicole Rodiles
Course Title & #:	Intro To Psy/Psy 101	Email:	nicole.rodiles@imperial.edu
CRN #:	21335	Webpage (optional):	
Classroom:	ONLINE	Office #:	203G
Class Dates:	2/17/2026-4/17/2026	Office Hours:	Wednesday ONLINE: 12-1pm
Class Days:	ONLINE	Office Phone #:	760/355-6142
Class Times:	ONLINE	Emergency Contact:	Todd: 760/960-3524
Units:	3	Class Format/Modality:	ONLINE

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

N/A

Student Learning Outcomes

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.

3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.
11. discuss the difference between sensation and perception, giving one illustration of each.
12. identify and describe the major theories of human development and discuss how growth and development affect behavior.
13. discuss the processes by which humans learn and store skills and information.
14. discuss major theories of personality, their assumptions and implications.
15. outline the nature, causes, and treatments of abnormal behavior.
16. discuss the ways in which the social milieu affects human behavior.
17. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

1. OER: [Psychology 2e \(Spielmen, Jenkins, and Lovett, 2020\) \(OpenStax\) \(CC BY 4.0\)](#); [Introductory Psychology \(OpenStax\) – LibreTexts \(CC BY 4.0\)](#)

Course Requirements and Instructional Methods

Demonstration

Discussion

Group Activity

Lecture

Simulation/Case Study

Distance Learning

Other, please identify



IMPERIAL VALLEY COLLEGE

Audio Visual

Computer Assisted Instruction

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

Course Grading Based on Course Objectives

(13) Quizzes - 10 points

(13) Discussions - 20 points

(2) Thought Papers - 25 points

(1) Capstone Project - 50 points

(2) Reflections - 10 points

(4) Exams - 50 points

710 POINTS

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

Attendance



- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should read- mission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

Other Course Information

[Optionally, include other necessary information.]

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 January 5	Syllabus & Introduction Chapter 1	
Week 1 January 5	Chapter 1 Continued	
Week 1 January 5	Chapter 2	
Week 1 January 5	Chapter 2	



Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 February 17	Introduction Chapter 1	
Week 1 February 17	Chapter 1 Chapter 1 Quiz	
Week 2 February 24	Chapter 2 Chapter 2 Quiz	
Week 2 February 24	Chapter 3	
Week 3 January 12	Chapter 3 Quiz Exam 1	
Week 3 January 19	Chapter 4 Chapter 4 Quiz	
Week 3 January 19	Chapter 5 Exam 2	
Week 4 January 26	Chapter 7 Chapter 7 Quiz	
Week 4 January 26	Chapter 11	
Week 5 February 2-4	Chapter 12 Exam 3	
Week 5 February 2-4	Chapter 13	
Week 6	Chapter 14 Chapter 14 Quiz	
Week 7	Chapter 15	
Week 8	Chapter 15 Quiz Final	

*****Subject to change without prior notice*****