

Basic Course Information

Semester:	Spring 2026	Instructor Name:	Tina A. Williams
Course Title & #:	Crisis Intervention & Referral Techniques	Email:	tina.williams@imperial.edu
CRN #:	21021	Webpage (optional):	n/a
Classroom:	ICSO	Office #:	Online (Zoom)
Class Dates:	02/17/26 to 06/12/2026	Office Hours:	11:00 am to 12:00 pm/Tuesday/Wednesday
Class Days:	Thursday	Office Phone #:	(760) 352-8320
Class Times:	1:00 to 4:10 pm	Emergency Contact:	(760) 562-5404
Units:	3	Class Format/Modality:	In Person

Course Description

This course will review the techniques used for brief therapy crisis intervention, intake interviewing, and referral will be studied and practiced. Special attention will be given to the process of intervention, admitting, and recording of information as it pertains to alcohol and drug abuse clients. Through an experiential format, participants will learn and practice skills in brief therapy, different levels of client communication and intake interviewing. Course Prerequisite(s) and/or Corequisite(s)

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Twelfth Grade Reading Level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Develop and provide brief crisis counseling.
2. Make appropriate referrals.
3. Perform a five-point suicide assessment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. *Explain crisis and the impact it has on a person's life if not treated.*
2. *Know the history of Crisis Intervention.*
3. *Be aware of Ethical and Professional Issues.*
4. *Identify and demonstrate the methods of the ABC model.*
5. *Recognize suicide, homicide, and psychotic crisis.*
6. *Identify cultural sensitivity in crisis intervention.*

7. Identify developmental crisis.
8. Identify crises of loss.
9. Identify PTSD, natural disasters, and manmade disasters.
10. Identify crises of personal victimization.
11. Identify crises related to substance abuse.
12. Identify crises in reaction to serious illness and disabilities.

Textbooks & Other Resources or Links

Kanel, Kristi. *A Guide to Crisis Intervention*, (2019) 6th ed., Brooks & Cole ISBN: 978-1-337-56641-4

Course Requirements and Instructional Methods

This course will consist of a combination of lectures, class discussion, assigned readings, videos, individual projects and performance on quizzes and exams.

Group Project Assignment: *There will be one (1) group assignment given, worth 50 points. More information about this assignment will be given later.*

Agency Interview: *Each student will be required to visit an agency and conduct an interview on how that agency handles a crisis. More information about this assignment will be given later.*

Quizzes: *A quiz will be given after each chapter lecture. No late quizzes will be accepted. Each quiz will be worth 5 points.*

Exams: *Two exams will be given. Exams will consist of multiple choices, written, and true and false. No make-up exams will be given unless you have called me PRIOR to the exam and let me know that you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 50 points.*

Out of Class Assignments: *The Department of Education policy states that one (1) credit hour is the amount of student work that reasonable approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.*

Course Grading Based on Course Objectives

Grading:

90-100 = A

80-89%= B

70-79%= C

60-69%= D

50-59%= F

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to



do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of the class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

Absences attributed to the representation of the college at officially approved events (conference, contests, athletic games, and field trips) will be counted as "excused" absences.

Other Course Information

Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.

Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.



IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 02/19/2026	Syllabus & Introduction	Weekly assignments include; Weekly reading, videos, quizzes, journal writing, and discussion questions
Week 2 02/26/2026	Chapter One: An Overview of Crisis Intervention	Page 1
Week 3 03/05/2026	Chapter Two: Ethical and Professional Issues	Page 24
Week 4 03/12/2026	Chapter Three: The ABC Model of Crisis Intervention	Page 37
Week 5 03/19/2026	Chapter Four: Intervening with Crises Related to Danger to Self	Page 68
Week 6 03/26/2026	Chapter Five: Developmental and Cultural Crises	Page 92
Week 7 04/02/2026	Chapter Six: Crises of Loss: Death, Relationship Breakups, and Economic Loss	Page 113
Week 8 04/09/2026	"Spring Break"	
Week 9 04/16/2026	Mid-Term: Chapters 1 thru 6	
Week 10 04/23/2026	Chapter Seven: Community Disaster, Trauma, and posttraumatic stress disorder	Page 133
Week 11 04/30/2026	Chapter Eight: Crises Related to Military Service	Page 152
Week 12 05/07/2026	Chapter Nine: Crises Related to Personal Trauma	Page 173
Week 13 05/14/2026	Chapter Ten: Crises Related to Sexuality	Page 206
Week 14 05/21/2026	Chapter Eleven: Substance Use Related Disorders and Crises	Page 227
Week 15 05/28/2026	Chapter Twelve: Crises Related to Aging, Serious Physical Illness, and Disabilities	Page 251
Week 16 06/04/2026	Final Exam: Chapters 7 thru 12 Group Project Assignment: Crisis Intervention	Group Presentation
Week 17 06/11/2026	Certificate Ceremony	

Subject to change without prior notice



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