



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Spring 2026	Instructor Name:	Aruna Patel
Course Title & #:	ADS 176 Sex and Gambling	Email:	aruna.patel@imperial.edu
CRN #:	20947	Webpage (optional):	N/A
Classroom:	Online (Asynchronous)	Office #:	2031
Class Dates:	17th February- 20th March five weeks class	Office Hours:	Mondays:00- 4:00pm
Class Days:	Tuesdays	Office Phone #:	(760)355-6579
Class Times:	Online	Emergency Contact:	(760) 355-6144
Units:	1	Class Format/Modality:	Based on assignments, quizzes, discussion online work on canvas.
Late date to add	February 18, 2025	Last date to drop with a "W"	March 12, 2025

Course Description

[Paste in the course description from the Course Outline of Record (COR), located at <https://imperial.curricunet.com/Search>]

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Provide training in the application of therapeutic models and early intervention for non-substance related addictions

Course Prerequisite(s) and/or Corequisite(s)

[Paste in the course prerequisite(s) and/or corequisite(s) from the COR, located at <https://imperial.curricunet.com/Search>]

Students are required to read and write in English to understand the course material. All the class assignments are presented in English Language. Students should have High school English level in order to read, write and comprehending the class lectures.

Student Learning Outcomes

[Paste in the course student learning outcomes from the COR, located at <https://imperial.curricunet.com/Search>]

Course Description This one-unit course is an introduction to addictive, non-substance related disorders. Issues addressed will include sex and love addiction, gambling addiction, compulsive Obsessive Behaviors. The course will provide training in the application of appropriate therapeutic models and interventions. (CSU)

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to: Provide training in the application of therapeutic models and early intervention for non-substance related addictions. This includes sex, gambling, eating disorder, Technology disorders, Hording, Shopaholics (ILO1, ILO2, ILO3, ILO5)

Course Objectives

[Paste in the course objectives from the COR, located at <https://imperial.curricunet.com/Search>]

Identify problematic behavioral or obsessions of sexuality, compulsive gambling, and compulsive spending and the relationship to the addictive process.

Understand appropriate applications of therapeutic intervention and behavioral modifications

Textbooks & Other Resources or Links

[Describe which textbooks and/or other resources are required for the course. Be sure to include ISBN.]

Text book



1. Out of the Shadows

Understanding Sexual Addiction 3rd Edition

By: Patrick Carnes, Ph.D. Out of the Shadows

Understanding Sexual Addiction 3rd Edition

ISBN: 13:978-1-56838-621-8

2. “Freedom from problem gambling”: Workbook from Gambling Download from uclagamblingprogram.org

Course Requirements and Instructional Methods

[Describe course activities, assignments, tests, homework, etc.]

MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C": MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C":

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify problematic behavioral or obsessions of sexuality, compulsive gambling, and compulsive spending and the relationship to the addictive process.
2. Understand appropriate applications of therapeutic Intervention and behavioral modifications

Oral Assignments

Updated 11/2024

Skill Demonstration

Other, please identify

Text

Instructional Methodology:

Audio Visual

Demonstration

Discussion

Group Activity

Lecture

Simulation/Case Study

Two (2) hours of independent work done out of class per hour of lecture or class work, or 3 hours' lab, practicum, or the equivalent per unit is expected.

Course Grading Based on Course Objectives

[Provide detailed information related to grading practices and grading scale, including values and totals. Consider adding final grade calculation, rubrics, late assignment policy, and other grading practices.]

Course Grading Based on Course Objectives:

GRADING CRITERIA: Letter Grade Only

Out of Class Assignments: The Department of Education policy states that one

- (1) credit hour is the amount of student work that reasonably approximates not less than one hour of Class time and
- (2) two hours of out-of-class time per week over the span of a semester.
- (3) WASC has adopted a similar requirement.

No Late Assignments Accepted!

GRADING CRITERIA: Letter Grade Only

90-100% A

89-80% B

79-70% C

69- 60% D

59- 50 F

Assignments: Grading for this class:

Thought Paper	Points	25	
Quiz	points	50	
Final	Points	100	
Discussion/ Group work	Points	50	
Assignment	Points	50	
Total points		275	100%

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

[Describe other policies such as attendance, academic honesty, netiquette, expected classroom behavior, etc.]

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.



- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the importance of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Other Course Information

[Optionally, include other necessary information.]



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This is a one-unit class. The students need to attend all five week of class time and submit the homework to pass this class. No late work will be accepted.

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodation.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).



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Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

[Required Information – Discretionary Language and Formatting: *The instructor will provide a tentative, provisional overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format may be useful for this purpose.]*

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 February 17 th	Syllabus & Introduction Non-Substance Addictions and Obsessive-Compulsive Behaviors: Lecture # 1	Discussion and Quiz. How do you approach any addiction and addictive behavior? Discussion and quiz What stood out for you in this lecture?
Week 2 February 24 th	Sex Addiction: Lecture 1.	Assignment & Discussion Quiz on Sex Addiction.
Week 3 March 3	Gambling Addiction: Lecture 2.	Discussion and quiz How many of you or your family members have gambling addictions that you know of now? Quiz on Gambling.
Week 4 March 10 th	Other Addictions /behaviors. Lecture 3.	Discussion and quiz Thought paper due based on lecture notes, your research and interest.



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Week 5 March 14th- 20	Lecture 4 Discussion Class ended Finals	Discussion Student's viewpoint of this class Feedback on that you have learned about nonsubstance addictions.
Week 6 March 23th	Class ADS 177 Anger management class	Next week Anger Management class starts

All class work assignments will be completed by Friday 14th March 2025

*****Tentative, subject to change without prior notice*****

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