



## Basic Course Information

Semester:	<b>Spring 2026</b>	Instructor Name:	<b>Tina A. Williams</b>
Course Title & #:	<b>Into to Addiction Studies</b>	Email:	<b>Tina.williams@imperial.edu</b>
CRN #:	<b>20946</b>	Webpage (optional):	<b>N/A</b>
Classroom:	<b>Online</b>	Office #:	<b>Zoom/email/telephone</b>
Class Dates:	<b>04/20/26 to 06/12/2026</b>	Office Hours:	<b>Tuesday and Wednesday</b>
Class Days:	<b>Online</b>	Office Phone #:	<b>760-352-8320</b>
Class Times:	<b>Online</b>	Emergency Contact:	<b>760-562-5404</b>
Units:	<b>3</b>	Class Format:	<b>Online</b>

## Course Description

This course is an introduction to assessment and treatment approaches to Alcoholism and Drug Abuse. Alcoholism will be studied in its social and clinical context. Attention will be given to the basic theoretical approaches to the disease. This course will examine the various components of intervention, treatment, recovery, referrals, and resources. (CSU).

## Course Prerequisite(s) and/or Corequisite(s)

Recommended: Twelfth grade reading level is highly recommended

## Student Learning Outcomes

**Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:**

- Develop an alcohol intervention using information and assessment skills. (ILO1, ILO2, ILO3, ILO5)
- Choose an intervention team. (ILO1, ILO2, ILO3)
- Conduct a mock intervention. (ILO1, ILO2, ILO3)
- Addiction Counseling Competencies in Screening, Assessment and recognizing cultural issues when choosing treatment programs.
- Knowledge of different treatment models and treatment planning for addiction.
- Importance of referrals and documentation. Acquire in-depth knowledge of the importance of support systems and spirituality in recover.



## Course Objectives

Satisfactory completion of the course, students will be able to:

- Describe attitudes and behaviors surrounding the use of alcohol and psychoactive drugs.  
Demonstrate a working knowledge of the impact of alcoholism/drug abuse in various segments of society.
- Define his/her own attitudes about the alcoholic/addict.
- Demonstrate understanding of the major treatment models.
- Demonstrate a working knowledge of local groups and the organizations offering treatment services.
- Demonstrate an intervention in a family or workstation.
- Demonstrate Professional readiness  
Demonstrate understanding of screening and assessment the alcoholic/addicts.
- Demonstrate treatment planning.
- Demonstrate Counseling skills for individuals, group, and families.
- Demonstrate Professional and Ethical Responsibilities

## Textbooks & Other Resources or Links

**Required: Intervention, Treatment, & Recovery:** A Practical Guide to The Top 21 Addiction Counseling Competencies (2nd Edition), Author: Lori L. Phelps, California Association for Alcohol/Drug Educators ISBN 978-1465267450.

**Textbook Information:** <http://www.kendallhunt.com/phelps/> Required textbook for book report: Alcoholics-Anonymous (Big Book) 4th edition. ISBN: 978-1- 8930-0-7161. Free PDF Version available at:  
[http://www.aa.org/pages/en\\_US/alcoholics-anonymou](http://www.aa.org/pages/en_US/alcoholics-anonymou)

## Course Requirements and Instructional Methods

**Mid-term and Final Exam:** Exams will cover chapters and course material throughout the semester. The mid-term and final exams will be multiple choice and true/false questions. NO MAKEUPS FOR EXAMS WILL BE GIVEN WITHOUT PRIOR NOTIFICATION AND/OR DOUMENTATION OF AN EMERGENCY.

**Discussion Questions or class assignments:** will be based on a topic that is relevant to the chapter of the dates assigned for that week. Students will reply to the post providing their relevant and appropriate response.

**Weekly journals:** Journals will be a resource for the student to be able to analyze and reflect on the dialogue and content discussed. Weekly journals also count as your participation grade.

**Quizzes:** Quizzes may include any or all the following types of questions: Multiple choice, true/false, matching, fill-in-the blank, and short answer/essay. There is no makeup on quizzes.

**Reflection Paper:** You will read the book: Alcoholics-Anonymous (Big Book) 4th edition and write about what you have read. Further information will be given to you when the semester begins. Students are expected to read all assigned chapters as noted in syllabus. Although we may or may not cover all the material shown and the dates are approximations, students will however be required to know all the material assigned in reading and other material given in class.

**Intervention Group Assignment (Role play):** Your group will need to run an intervention program on a family member or friend. The intervention should be 15 to 20 minutes long. Your program will need to have a facilitator to run the program, a drug addict or alcoholic, family members, friends, etc. and any paperwork involved in the intervention, such as intake information, screening, and assessment, etc.

## Course Grading Based on Course Objectives

### Grading:

90 – 100% A

80 – 89% B

70 – 79% C

60 – 69% D

50 – 59% F

## Course Policies

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Students are to comply with the following rules of netiquette:

(1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

How am I expected to act in an online "classroom" (especially Zoom)? Attending a virtual meeting can be a challenge when there are many students on one conference call. Participating in such meetings may count as class attendance, but disruptive behavior may also result in you not being admitted to future meetings.

Follow the tips below for best results:

- 1) Be RESPECTFUL Imperial Valley College Course Syllabus – Click here to enter text. 6 a. Your written, verbal, and nonverbal communications should be respectful and focused on the learning topics of the class.
- 2) Find a QUIET LOCATION & SILENCE YOUR PHONE (if zooming) a. People walking around and pets barking can be a distraction.
- 3) EAT AT A DIFFERENT TIME. a. Crunching food or chugging drinks is distracting for others. b. Synchronous zoom times are set in advance so reserve meals for outside class meetings.
- 4) ADJUST YOUR LIGHTING SO THAT OTHERS CAN SEE YOU a. It is hard to see you in dim lighting so find a location with light. b. If your back is to a bright window, you will be what is called "backlit" and not only is it hard on the eyes (glare) but you look like a silhouette.
- 5) POSITION THE CAMERA SO THAT YOUR FACE AND EYES ARE SHOWING a. If you are using the camera, show your face; it helps others see your non-verbal cues. b. You may be at home but meeting in pajamas or shirtless is not appropriate so dress suitably. Comb your hair, brush your teeth, fix your clothes, etc. before your meeting time to show self-respect and respect for others.
- 6) Be READY TO LEARN AND PAY ATTENTION a. Catch up on other emails or other work later. b. If you are Zooming, silence your phone and put it away. c. If you are in a room with a TV – turn it off.



- 7) USE YOUR MUTE BUTTON WHEN IN LOUD PLACES OR FOR DISTRACTIONS a. Pets barking, children crying, sneezing, coughing, etc. can happen unexpectedly. It is best if you conference in a private space, but if you cannot find a quiet place, when noises arise MUTE your laptop.
- 8) REMEMBER TO UNMUTE WHEN SPEAKING a. Follow your instructor's directions about using the "raise hand" icon or chat function to be recognized and to speak, but make sure you have unmuted your device. b. Do not speak when someone else is speaking.
- 9) REMAIN FOCUSED AND PARTICIPATE IN THE MEETING a. Especially when the camera is on YOU, we can all see your actions. Engage in the meeting. Look at the camera. Listen to instructions. Answer questions when asked. b. Do not use the Zoom meeting to meet with your peers or put on a "show" for them.
- 10) PAUSE YOUR VIDEO IF MOVING OR DOING SOMETHING DISTRACTING a. Emergencies happen. If you need to leave the room or get up and move about, stop your video.

## Other Course Information

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available. How do I access services now that we are mostly online?

- CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Learning Services. To accommodate students and maximize student success during the COVID-19 Pandemic, all tutoring support is being provided through one Zoom link (IVC online Tutoring). When campus is open again, there are several learning labs to assist students. Whether you need support using computers, or you need a tutor, please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- Library Services. Visit the Spencer Library's page on the IVC website for a wealth of valuable resources and online access to databases, e-books and more. Contact us so we can help you with instructional and research development skills (for those conducting research and writing academic papers). When campus re-opens, students also have access to tutoring services in the Study Skills Center as well as private study rooms for small study groups. There is more to our library than just books!
- Career Services Center. The Career Services Center is dedicated to serve all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities and Job Placement.
- Child Development Center. The Preschool and Infant/Toddler Centers are on-campus demonstration lab programs that meet the educational, research, and service needs of the institution and community at large. The Preschool program (children three to five years of age) and the Infant/Toddler program (newborn to three years of age) is in buildings 2200 and 2300. Service is available to families who meet the California Department of Education qualifications for enrollment. The centers are open during COVID from Monday-Friday 7:15-5:30. Breakfast, lunch and snacks are provided through the California Adult and Child Food Program. Location: Buildings 2200 and 2300. Phone: (760) 355- 6528 or (760) 355-6232. Application: <https://forms.imperial.edu/view.php?id=150958>

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



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• **VETERAN'S CENTER** The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students in three key areas:

1) Academics,

2) Health and Wellness, and

3) Camaraderie. The Center also serves as a central hub that connects military/veteran students, as well as their families, to campus and community resources.

• The goal is to ensure a seamless transition from military to civilian life. When campus reopens, the Center is in Building 600 (Office 624), telephone 760-355-6141. **EXTENDED OPPORTUNITY PROGRAM and SERVICES (EOPS)** The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, book grants, transportation assistance, individualized counseling, tutoring, and community referrals to eligible students. Our staff is available to assist and support students in navigating personal, psychological, academic, and/or career-related issues through empathy, cultural-competence, and a commitment to equity and social justice.

• Also, under the umbrella of EOPS is the CARE (Cooperative Agency Resources for Education) Program, designed to serve single parents and assist with addressing issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program. For additional information about the EOPS or CARE Programs please contact our Program Office 760.335-6407 and/or visit our Program website [www.imperial.edu/students/eops](http://www.imperial.edu/students/eops) for eligibility criteria and application procedures. We look forward to serving you! - **EOPS/CARE Staff** **STUDENT EQUITY PROGRAM** the Student Equity & Achievement Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved.

• The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented.

• SEA addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, LGBTQIA+, Veterans, foster youth, homelessness, and formerly incarcerated students. The SEA Program also houses IVC's Homeless Liaison, Foster Youth Liaison, Formerly Incarcerated Liaison, and Military Affiliated Liaison, who provide direct services and referrals to students in need. SEA strives to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness.

• We strive to remove barriers that affect IVC students' access to enrollment, education, degree and certificate completion, and the ability to transfer to a university. SEA also provides outreach at local Imperial County high schools to ensure graduating seniors are successfully matriculated into the college and have a strong support system.

• Please visit us online for assistance at <https://imperial.edu/students/student-equity-and-achievement/> or call us at 760-355-6465 or when campus reopens, visit Building 401.

• What if I cannot afford food, books, or need other help? Imperial Valley College Course Syllabus – Click here to enter text. 18 We have many resources that are available to you. Please tell us what you need by submitting your request(s) here: <https://imperial.edu/students/student-equity-and-achievement>



## Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
04/20/2026	Introduction/Orientation/Syllabus Chapter 1: Introduction to the Tap 21, Discussion Question/ assignment/Quiz  Chapter 2: Transdisciplinary Foundation I: Understanding Addiction, 25/Discussion Question, or assignment/Quiz.	<b>Weekly assignments include videos, quizzes, assignments, journal writing, and discussion questions.</b>  <b>Develop and run an intervention program.</b>
04/27/2026	Chapter 3: Transdisciplinary Foundation II: Treatment Knowledge, 45/Discussion Question, or assignment/Quiz  Chapter 4: Transdisciplinary Foundation III: Application to Practice, 67/Discussion Question, or assignment/Quiz	<b>Write a 3-page Reflection paper based on "The Big Book."</b>
05/04/2026	Chapter 5: Transdisciplinary Foundation IV: Professional Readiness, 93/Discussion Question, or assignment/Quiz  Chapter 6: Practice Dimension I: Clinical Evaluation, 107/Discussion Question, or assignment/Quiz	
05/11/2026	Chapter 7: Practice Dimension II: Treatment Planning, 129/Discussion Question, or assignment/Quiz  <b>Mid-Term Exam: Chapters 1 thru 7</b>	
05/18/2026	Chapter 8: Practice Dimension III: Referral, 147/Discussion Question, or assignment/Quiz  Chapter 9: Practice Dimension IV: Service Coordination, 163/Discussion Question, or assign/Quiz  Chapter 10: Practice Dimension V: Counseling, 179/Discussion Question, or assignment/Quiz	



IMPERIAL VALLEY COLLEGE

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
05/25/2026	Chapter 11: Practice Dimension V: Counseling, 197/Discussion Question, or assignment/Quiz  Chapter 12: Practice Dimension V: Counseling, 217/Discussion Question, or assignment/Quiz Book Report Paper Due: Alcoholics Anonymous (Big Book)	
06/01/2026	Chapter 13: Practice Dimension VI: Client, Family, and Community Education, 235/Discussion Question, or assignment/Quiz  Chapter 14: Practice Dimension VII: Documentation, 261/Discussion Question, or assignment/Quiz	
06/08/2026	Chapter 15: Practice Dimension VIII: Professional and Ethical Responsibilities, 279/Discussion question, or assignment/Quiz  Final: Chapter 8-15	

**\*\*\*Subject to change without prior notice\*\*\***