

<b>Semester:</b>	Spring 2026	<b>Instructor:</b>	Robert Wyatt
<b>Course:</b>	ADS 200: Family Dynamics of Addiction	<b>Email:</b>	<a href="mailto:robert.wyatt@imperial.edu">robert.wyatt@imperial.edu</a>
<b>CRN:</b>	20402	<b>Website:</b>	www.imperial.edu
<b>Classroom:</b>	Online - CANVAS	<b>Office:</b>	1714
<b>Dates:</b>	04/20/2026 – 06/12/2026	<b>Hours:</b>	10:00 am - 11:00 am
<b>Class Days:</b>	Online Class	<b>Phone:</b>	760 – 355 - 6491
<b>Class Times:</b>	Online Class	<b>Emergency:</b>	Elvia (760 - 355 – 6411)
<b>Units:</b>	3.0	<b>Format:</b>	Online

### **Course Description**

A course designed to present basic ideas and theories about family dynamics, particularly as they apply to the family of the substance abuser, and to explore strategies for counseling the client's family. The approach is highly experiential in format and students will participate in exercises frequently to incorporate new skills and theory.

### **Course Prerequisite(s) and/or Corequisite(s)**

None.

### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Develop a family recovery group plan.
2. Lead a family group.
3. Prepare an addiction recovery resource list.

### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

1. explain family dynamics in families of alcoholics and drug abusers.
2. identify human development as it relates to family dynamics.
3. examine family roles and tasks.
4. analyze the systems theory approach to the family.

5. describe the family assessment models.
6. identify factors of unhealthy family systems.
7. explain family counseling techniques.
8. demonstrate family therapeutic techniques.

### **Textbook**

**Title:** Drugs in Perspective

**Author:** Fields, Richard

### **Drop Policy**

Failure to log in to the class on Canvas 48 to 72 hours from the start of the class will result in the student being dropped. In addition, failure to complete the first week's assignment will result in a drop.

### **Course Requirements**

For the course requirements of the course, you will be completing discussion questions, conducting recordings and taking chapter quizzes.

#### ***Discussion Question:***

- Discussion questions will be completed online on Canvas every week.
- Follow the provided discussion rubric to ensure your responses meet expectations.
- Additionally, you are required to respond to at least one of your classmates' posts.
- Failure to respond to one of your classmates' responses will automatically take 50% off
- No extension will be granted, unless under extreme circumstances

#### ***Chapter Quiz:***

- You will be given a (true/false and/or multiple-choice) quiz to test your knowledge.
- You will have 2 attempts for the quiz. I will keep the highest score.
- There is NO time limit.
- No extension will be granted, unless under extreme circumstances

## Course Grading Based on Course Objectives

Assignment	# of Assign.	Points Per Assign.	Total Points Possible
Class Discussion	13	20	260
Chapter Quiz	13	10	130
<b>Total</b>	<b>26</b>	--	<b>390</b>

## Grades

Grade	Points	Percentage
<b>A</b>	390 - 351	100% - 90%
<b>B</b>	350 - 312	89% - 80%
<b>C</b>	311 - 273	79% - 70%
<b>D</b>	272 - 234	69% - 60%
<b>F</b>	233 - 000	59% - 00%

## Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

## **Accessibility Statement**

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through DSPS, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

## **Course Policies**

### **Attendance**

If you do NOT complete two (2) weeks of assignments, you will be dropped from the course. It is your responsibility to monitor the due dates and ensure that you complete the assignments within the time frame.

### **Additional Classwork Information and Classwork Extensions**

It is expected that students dedicate two (2) hours of independent work outside of class for every hour of lecture or classwork. Alternatively, three (3) hours of lab, practicum, or an equivalent activity per unit may be required.

No extensions will be granted for any coursework, as a full week is provided for completion. Please plan accordingly to meet the deadlines.

## **Financial Aid**

Your Grades Matter! To continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at [finaid@imperial.edu](mailto:finaid@imperial.edu).

**Class Schedule**

<b>WEEK</b>	<b>CH.</b>	<b>TOPIC</b>	<b>ASSIGNMENTS</b>	<b>DUE DATE</b>
<b>04/20 - 04/26</b>	1	Understanding Substance Abuse	Discussion, Quiz	04/26
	2	Why People Use and Abuse	Discussion, Quiz	04/26
<b>04/27 - 05/03</b>	3	Drug-Specific Information	Discussion, Quiz	05/03
	4	Assessments	Discussion, Quiz	05/03
<b>05/04 - 05/10</b>	5	Substance Abuse & Family Systems	Discussion, Quiz	05/10
	6	Parents & Family: At-Risk Factors	Discussion, Quiz	05/10
<b>05/11 - 05/17</b>	7	Growing Up: Alcoholic Family Systems	Discussion, Quiz	05/17
	8	Motivation and Change	Discussion, Quiz	05/17
<b>05/18 - 05/24</b>	9	Intervention	Discussion, Quiz	05/24
	10	Prevention	Discussion, Quiz	05/24
<b>05/25 - 05/31</b>	11	Co-Occurring Disorders	Discussion, Quiz	05/31
<b>06/01 - 06/07</b>	12	Recovery, Suicide, and Disorders	Discussion, Quiz	06/07
<b>06/08 - 06/12</b>	13	Relapse Prevention	Discussion, Quiz	06/12