



Basic Course Information

Semester:	Fall 2025	Instructor Name:	Suellen Encinas, RN Ana Cisneros RN Jeanine Mora, RN
Course Title & #:	VN 110 Introduction for Patient Care	Email:	suellen.encinas@imperial.edu ana.cisneros@imperial.edu jeanine.mora@imperial.edu
CRN #:	11466	Webpage (optional):	www.imperial.edu
Classroom:	2110	Office #:	760-355-6348 (Nursing Office)
Class Dates:	08-11-25 to 10-04-25	Class Format/Modality:	In-person
Class Days:	M T W TH	Units:	5.0
Class Times:	M T 0800-1630 W TH 0800-1210	Last Day to Drop With a "W"	09-18-25

Course Description

This course provides an introduction to nursing and the roles of the licensed vocational nurse, health care team members, as well as profession related and patient care concepts. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these skills in a clinical laboratory setting. An introduction to the nursing process provides a decision-making framework to assist students in developing effective clinical judgment skills. Utilization of the nursing process and developmental theories (primary Erikson), focus on the nursing role as communicator, provider of care, and patient teacher. Parameters of health are defined. Nursing fundamental concepts are introduced related to physical and psychological assessment needs of the normal and ill individual; pain assessment, interventions, and evaluation; basic nutrition; and stress and adaptation concepts. Safe patient care is expounded on with the principles of basic hygiene, medical asepsis, correct body mechanics, and the principles of a safe, therapeutic environment. Use of the communication process will assist the student in identifying patient needs and safety issues. Identification of legal/ethical constraints and institutional policies of reporting and recording patient information will be addressed. Variations in nursing care for individuals of different socio-economic and cultural backgrounds will be explored. (CSU)

Course Prerequisite(s) and/or Corequisite(s)

AHP 100
BIOL 200 and
BIOL 202 or
BIOL 204 and

BIOL 206
ENGL 105 or
ENGL 110



PSY 101

PSY 204 or concurrent enrollment in PSY 204.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Demonstrate respect and sensitivity for professional role through appropriate behavior, being prompt for clinical experience, meetings, learning activities, class, and assignment deadlines.
2. Identify the current National Patient Safety Goals (NPSGs).
3. Successfully identify subjective and objective data as it relates to nursing diagnosis utilizing the nursing process.
4. Demonstrate safe medication administration to patients of all ages in lab simulation setting. Including: oral, intramuscular and subcutaneous medications, and correct patient identification in accordance to the National Patient Safety Goals and QSEN. (ILO 1,2,3,4,5)
5. Successfully demonstrate correct body mechanics to ensure safety of self and clients in simulated client care situations. (ILO 1,2,3,4,5)
6. Demonstrate fundamental nursing skills which will be evaluated through written examinations and nursing skills checkoff. (ILO 1,2,3,4,5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Discuss the role of the licensed vocational nurse and scope of practice related to established code of ethics, nurse practice acts, and professional registrations/ certifications.
2. Explain the philosophy, objectives, and logistics of the Imperial Valley College Licensed Vocational Nurse program.
3. Relate implications of health-illness continuum to nursing.
4. Review the spectrum of health care settings across which patient care is provided.
5. Recognize the importance of selected profession related concepts as they pertain in providing and directing safe, quality patient care.
6. Discuss the concepts integral to the provision of safe, quality patient centered care: nursing process, cultural sensitivity, communication, and stress, coping and adaptation.
7. Appreciate the nurse's role in identifying and supporting selected physiologic needs of patients.
8. Describe selected concepts and discuss how they relate to providing patient care that is safe for the licensed vocational nurse and patient: medication administration, documentation, body mechanics and ergonomics, and nursing process.
9. Demonstrate basic nursing skills using proper techniques and measures that ensure patient safety.
10. Explain the principles and underlying concepts for basic nursing skills.
11. Apply the various elements of the nursing process to clinical decision-making.



12. Utilize the communication process principles in simulated and actual client care situations.
13. Differentiate the roles of the RN and VN as members of the health care team.

Lecture Outline

Module A-1: Introduction to the Nursing Role and Scope of Practice - nursing's current state and historical events; contemporary roles and leaders; scope of practice and nurse practice act; legalities and ethics; expected knowledge and skills competencies; and philosophy of program.

Module A-2: Spectrum of Healthcare - health and illness; lifestyle and risk factors; health promotion and wellness; primary, secondary, and tertiary care; goals of acute and chronic care; principles of restorative and rehabilitative care; health care settings and patient's age; and state and federal governments regulating health care.

Module B-1: Profession Related Concepts, Patient Centered Care, and the Nursing Process - concepts of holistic health and caring as a foundation for nursing; professional skills and professionalism; nursing process and patient centered care; and clinical judgment, decision making, and advocacy.

Module B-2: Patient Related Concepts and Nursing Process - nursing process steps and application; subjective and objective data; and NANDA and potential/actual problems.

Module C-1: Patient Related Concepts and Infection Control - chain of infection and barriers; signs and symptoms of inflammatory response and diagnostic tests; and asepsis and applications to patient care; standard precautions and nursing interventions.

Module C-2: Patient Related Concepts and Hygiene - integumentary system and pathogen defenses; hygienic practices and at risk and healthy skin integrity; cultural and developmental effect on hygiene; and providing hygienic safe and comfortable environment.

Module D-1: Patient Related Concepts and Activity, Exercise, and Mobility - musculoskeletal and neurological systems regulating mobility; elements of exercise programs and maintain proper body unction; impact of mobility and lack of on bone, muscles, and joints; and proper techniques for nursing interventions for mobility.

Module D-2: Patient Related Concepts and Body Mechanics and Ergonomics - principles of good body mechanics and ergonomics; assistive devices and prevention of injury; and appropriate interventions.

Module E: Patient Related Concepts and Comfort, Rest, and Sleep - impact of rest/sleep on physical and mental health; effect of the lack of sleep; stages of sleep and variation in sleep patterns; sleep disorders and nursing interventions.



Module F: Patient Related Concepts and Nutrition - impact of nutrition and digestive processes on health through the life span; role of water, minerals, and electrolytes in supporting body functions; physical, psychological, developmental, and cultural nutritional factors; BMI and USDA food pyramid; various diets and patient education; and assessing and charting nutritional status.

Module G: Patient Related Concepts and Medication Administration - 6 rights, safety, and legal administration of medications; routes and calculations; and & educating patients and preventing errors.

Module H: Patient Related Concepts and Growth and Development - theories and developmental stages; personal and environmental factors; impact of common disruption on health and wellness continuum; and cultural and psychological patterns that influence development across the lifespan.

Module I: Patient Related Concepts - The Helping Relationship, Safe Environment, and the Hospital Experience and Professional Related Concepts - Interdisciplinary Collaboration --- Interdisciplinary and collaborative care; evidence- based practice, National Patient Safety goals, and quality improvement; and nursing interventions that aid in preventing errors and educating patients.

Module J: Patient Related Concepts and Communication Process - components of communication process and various types of communication; non-therapeutic, therapeutic, and technological communication; and barriers to effective communication.

Module K: Patient Related Concepts and Documentation - elements of a patient record, & use of technology, legal parameters, and effective documentation.

Lab Outline

Module B-2: Patient Related Concepts and Nursing Process - assessment and fundamental skills; patient safety and age-appropriate interventions.

Module C-1: Patient Related Concepts and Infection Control - standard precautions and application of personal protective equipment; applying sterile gloves and surgical gowning; and wound treatments and related skills.

Module C-2: Patient Related Concepts and Hygiene - hygiene clinical skills for bedbound to active patients.

Module D-1: Patient Related Concepts and Activity, Exercise, and Mobility - assistive devices, positioning, range of motion, and preventative measures and equipment.

Module D-2: Patient Related Concepts and Body Mechanics and Ergonomics - demonstrate principles of good body mechanics, ergonomics, assistive devices while preventing injury.



Module F: Patient Related Concepts and Nutrition - elimination and specimen collection skills; special diets, setup, and feed patients; and intake and output tracking.

Module G: Patient Related Concepts and Medication Administration - 6 rights, administration of medications in multiple routes; and calculating and charting medications

Module K: Patient Related Concepts and Documentation - narrative, subjective, and objective charting; maintaining accurate flow sheets and trending records; and demonstration of charting in simulated and/or live setting.

Textbooks & Other Resources or Links

Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care,
Tenth Edition
Carol R. Taylor; Pamela Lynn; Jennifer L. Bartlett
ISBN: 978-1-9752-0426-6

Study Guide for Fundamentals of Nursing: The Art and Science of Person-Centered
Care Tenth Edition
by Carol R. Taylor PhD MSN RN
ISBN: 1975168208

Taylor's Clinical Nursing Skills, Sixth Edition
Pamela Lynn
ISBN: 978-1-9751-6870-4

Davis's Drug Guide for Nurses, 17th Edition. April Hazard Vallerand Cynthia A.
Sanoski ISBN-13: 978-1-7196-4005-3

Websites

ATI Nursing Education www.atitesting.com

Course Requirements and Instructional Methods

Admission to the vocational nursing program

Current CPR certification (American Heart Healthcare Provider Course
Only) AHP 100
BIOL 200 and BIOL 202 or
BIOL 204 and BIOL 206
ENGL 110
PSY 101
PSY 204 or concurrent enrollment in PSY 204



Corequisite

VN 114 - Pharmacology I

Course Grading Based on Course Objectives

LVN-Program Grading

To advance to the next semester, a “C” or better is required in this course.

The Licensed Vocational Program complies with the Imperial Valley College grading policies in the current catalog and the LVN program grading program policy as outlined.

All assignments are graded on the following scale and grades are not rounded.

A = 93%-

100%

B=85%-92%

C= 78%-

84%

F = Below 78%

F= When the clinical evaluation is unsatisfactory regardless of the theory grade.

Grades will not be “rounded”

Student must pass the final examination with a 78% or a grade of “F” for the course will be issued as outlined in the LVN student handbook.

The student is responsible for making an appointment with their instructor any time their grade average drops below 82%.

Students must maintain a “C” average in all nursing courses to advance in the program.

Both the clinical and classroom aspects of each course must be passed. Failure in either part results in failure of the course and requires re-taking the entire course.

Scoring requirements for successful completion of each course:

- 78% or better of total possible points accumulated from all written work and examinations (overall coursework), and
- 78% or better of the total possible points accumulated from the major unit exams as designated in the course syllabus, and Imperial Valley College Course Syllabus
- Satisfactory and > 78% or better in clinical performance, including non-graded written assignments and pre- lab preparation.

Major Unit Exams and Remediation

The student who fails the 1st unit exam shall:

- Complete remediation in the Nursing Learning Center with a tutor.
- Demonstrate knowledge of those areas identified by the faculty as being deficient prior to sitting for the next modular exam.

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- Receive a 0% on any subsequent exam, if non-compliant with remediation.
- The student has an opportunity to review their test by appointment with the course instructor within a week of the test.

The student who fails a 2nd unit exam or has an accumulated average less than 78% shall:

- Meet with the teaching team.
- Develop and submit a personal learning contract that includes all items of deficiencies and specific plan for improving test success.
- The student has an opportunity to review their test by appointment with the course instructor within a week of the test.

The student who fails a 3rd unit exam or has an accumulated average less than 78% shall:

- Meet with the teaching team to consider withdrawal from the nursing program.
- If the drop date has passed, the student will meet with the teaching team regarding the possible failure of the nursing course.

ALGORITHM FOR DIAGNOSTIC EXAMS (ATI)

- Refer to LVN Handbook for information.
- Scores may be considered as a unit exam.

Clinical and Skills Laboratory Performance Grading

Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis.

1st unsatisfactory in clinical/skills laboratory: Student will complete a NLC referral (remediation) established by the instructor prior to the next clinical/skills laboratory.

2nd unsatisfactory in clinical/skill laboratory: Student will complete NLC referral (remediation) established by the instructor prior to the next clinical/skills lab.

3rd unsatisfactory in clinical/skills laboratory: Student will meet with the teaching team to consider dismissal from the nursing course. Please bear in mind that two or three "unsatisfactory" clinical/skills lab performances could be received in one day.

The clinical instructor will conduct a formal clinical evaluation at the completion of each 4-weeks. The clinical instructor in conjunction will complete a comprehensive classroom and clinical evaluation with the team leader at the completion of the eight-week course.

When a care plan is returned to a student with an unsatisfactory grade, the student is expected to correct the plan within the designated time frame and return it to the instructor. If a student fails to correct the care plan on time or if the return plan continues to be unsatisfactory, it will be reflected as unsatisfactory performance for the rotation.

Theory, clinical, and skills laboratory requirements must be satisfactorily completed independent of each other to successfully complete the course.

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you

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have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

Each student in this class is expected to respectfully participate. Additional to the learning this class provides, this is a fun course. Please act professionally and keep other students' feelings in mind and refrain from rude, inappropriate behavior and language in class.

Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

Food and Drinks are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Academic Honesty: Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Attendance

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

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Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

LVN students in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments.

A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The students will meet with the teaching team to discuss the situation and will be considered for dismissal. If remediation is considered, the student will be required to match missed hours, more than the maximum allowable, with assigned hours of study. These assignments will be based upon the classroom and clinical objectives. The instructor(s) will determine the appropriate type of remediation.

LVN students in the Imperial Valley College Vocational Nursing Program are expected to meet the attendance requirements approved by the Board of Vocational Nurse and Psychiatric Technician Examiners as posted on the bulletin board.

Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.

Regular attendance in all classes is expected of all students enrolled. Instructors are expected to take a student's record into account in computing grades. A student may be excluded from further attendance in a class during any semester when absences after the close of registration have exceeded the number of class hours which the class meets per week. Further, an instructor may drop any student judged to be a disturbing element in the class.

Last day to drop with a "W" is add date: March 21, 2024

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



Anticipated Class Schedule/Calendar

Students will incorporate ATI / Videos / class and home learning activities accordingly.

Skills Check-Off determined by Module and IVC LVN Skills Checklist

Week 1	Time	Description	Assignment
Monday	0800-1630	Introduction to VN 110 Module A Nursing Role Scope of Practice Spectrum of Healthcare	Course Syllabus VN Handbook Order books / ATI Module A Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch.1-7
Tuesday	0800-1630	Cont. Mod. A	Cont. Mod. A Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch.1-7
Wednesday	0800-1210	Module B Professional Related Concepts Pt. Centered Care Nursing Process	Module B Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 13-19
Thursday	0800-1210	Cont. Mod. B	Cont. Mod. B Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 13-19
Week 2	Time	Description	Assignment
Monday	0800-1630	ECRMC Orientation	
Tuesday	0800-1630	Exam 1 Mod. A & B 50 pts. Module C Infection Control & Hygiene	Module C Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 25, 32 & 33 Taylor's Fundamentals Clinical Nursing Skills, Sixth Edition Ch. 1,2, 7, 8 ATI Skills Module vital signs, surgical asepsis, personal Hygiene Wound Care
Wednesday	0800-1210	ATI Orientation	ATI Orientation
Thursday	0800-1210	Cont. Mod: C	Cont. Module C Taylor: Fundamentals of Nursing: The Art and

			<p>Science of Person-Centered Care, Tenth Edition Ch. 25, 32 & 33</p> <p>Taylor's Fundamentals Clinical Nursing Skills, Sixth Edition Ch. 1,2, 7, 8 ATI Skills Module vital signs, surgical asepsis, personal Hygiene Wound Care</p>
Week 3	Time	Description	Assignment
Monday	0800-1630	<p>Module C Infection Control & Hygiene Skills Check off</p>	<p>Cont. Module C Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 25, 32 & 33</p> <p>Taylor's Fundamentals Clinical Nursing Skills, Sixth Edition Ch. 1,2, 7, 8 ATI Skills Module vital signs, surgical asepsis, personal Hygiene Wound Care</p>
Tuesday	0800-1630	<p>Exam #2 Mod. C 50pts.</p> <p>Module D Activity & Body Mechanics Skills</p>	<p>Module D Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 2, 34, Ch 27 Taylor's Fundamentals Clinical Nursing Skills Ch. 3 ,4 & 9</p>
Wednesday	0800-1210	Cont. Mod. D Student practice	<p>Module D Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 2, 34, Ch 27 Taylor's Fundamentals Clinical Nursing Skills Ch. 3 ,4 & 9</p>
Thursday	0800-1210	Module K Documentation	<p>Module K Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 20</p>
Week 4	Time	Description	Assignment
Monday	0800-1630	Holiday	Holiday
Tuesday	0800-1630	Mod. D & K Skills check off	<p>Module D Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 2, 34, Ch 27 Taylor's Fundamentals Clinical Nursing Skills Ch. 3 ,4 & 9</p> <p>Module K Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition</p>

			Ch. 20
Wednesday	0800-1210	Exam #3 Mod. D & K 50 pts. Module F Nutrition	Computer Lab For Test Module F Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 37 Taylor's Fundamentals Clinical Nursing Skills Ch. 18
Thursday	0800-1210	Cont. Mod. F Skills Student practice	Module F Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 37 Taylor's Fundamentals Clinical Nursing Skills Ch. 18
Week 5	Time	Description	Assignment
Monday	0800-1630	Mod. F Skills check off	Module F Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 37 Taylor's Fundamentals Clinical Nursing Skills Ch. 18
Tuesday	0800-1630	Exam #4 Mod. F 50pts. Module G Medication Administration	Computer Lab for Test Module G Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 30 Taylor's Fundamentals Clinical Nursing Skills Ch. 5
Wednesday	0800-1210	Cont. Mod. G	Module G Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 30 Taylor's Fundamentals Clinical Nursing Skills Ch. 5
		Module J Communication Process	Module J Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 8 & 9
Week 6	Time	Description	Assignment
Monday	0800-1630	Mod. G & J skills check off	Module G Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 30



			Taylor's Fundamentals Clinical Nursing Skills Ch. 5 Module J Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 8 & 9
Tuesday	0800-1630	Exam #4 Mod. G & J 50pts. Module H Growth and Development	Library Computer Lab Module H Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 22, 23 & 24
Wednesday	0800-1210	Module H Growth and Development	Module H Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 22, 23 & 24
Thursday	0800-1210	Cont. Mod. H	Module H Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition Ch. 22, 23 & 24
Week 7	Time	Description	Assignment
Monday	0800-1630	Exam #5 Mod. H 50pts. Presentations on Module I Helping Relationship, Safe Environment, and the Hospital Experience Presentation 50pts.	Computer Lab Library Presentations: Module I Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 11& 12
Tuesday	0800-1630	Presentations on Module I Helping Relationship, Safe Environment, and the Hospital Experience Presentation 50pts.	Presentations: Module I Taylor: Fundamentals of Nursing: The Art and Science of Person- Centered Care, Tenth Edition Ch. 11& 12
Wednesday	0800-1210	Module E Patient Comfort, Rest, and Sleep	Module E Taylor: Fundamentals of Nursing: The Art and Science of Person-Centered Care, Tenth Edition 35 & 36



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Thursday	0800-1210	Review for Final Exam	Review for Final Exam
Week 8	Time	Description	Assignment
Monday	0800-1630	Skills Exit Check Off	
Tuesday	0800-1630	Skills Exit Check off	
Wednesday	0800-1210	Theory Final Exam 100pts	
Thursday	0800-1210	Clinica Evaluation	

*****Subject to change without prior notice*****