

<b>Basic Course Infor</b>	mation		
			Suellen Encinas, MSN, RN
			Ana Cisneros, MSN, RN
Semester:	Fall 2025	Instructor Name:	Jeanine Mora, MSN, RN
			Suellen.Encinas@imperial.edu
	VN 112 Intro to Patient Care		Ana.Cisneros@imperial.edu
Course Title & #:	II	Email:	Jeanine.Mora@imperial.edu
CRN #:	11467	Webpage (optional):	www.imperial.edu
	M & T: Lab 1		
Classroom:	W & TH: 2110	Office #:	(760)355-6176
			T: 1200-1400
Class Dates:	10/06/25 – 12/06/25	Office Hours:	W & TH: 1210-1410
	Monday 0700-1930		
	Tuesday 0800-1200		
	Wednesday 0800- 1210	Last day to drop with	
Class Days/Times:	Thursday 0800-1210	a "W"	11/13/25
Units:	5.0	Class Format:	In-person

# **Course Description**

Communication skills are presented in this course. Basic psychological and physiological concepts related to stress that cause disruptions in the individual's ability to adapt to his/her environment are presented in the classroom. Concurrently in clinical and simulated sessions, the student relates learned skills and theory to the care of patients with well-defined commonly occurring illnesses in the hospital setting. (CSU)

# Course Prerequisite(s) and/or Corequisite(s)

VN 110 with a grade of "C" or better

### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Utilizing principles of medical/surgical asepsis student will demonstrate safe and effective insertion of urinary catheter or other procedure in a simulated clinical setting.
- 2. On dosage calculation exam, students will have a score of 92% or better on the first attempt.
- 3. Perform an introductory patient assessment, identify and document long and short-term goals/expected outcomes for simulated and actual client situations.

# **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. Utilize the nursing process to: Assess the client's general physical condition; Utilize available sources of information to develop a plan of care; Report and record data appropriately.
- 2. Identify the nature, effect, and response to stress.



- 3. Identify the following if given a set of common disruptions to coping behaviors: Adaptive and maladaptive feature; Effects of culture/ethnic features; Effects of age; Effects of religious preference.
- 4. Explain the role of the endocrine and autonomic nervous systems in maintaining homeostasis.
- 5. Administer oral, other non-injectable and parenteral (except IV) mediations to assigned clients.
- 6. Apply principles of Standard Precautions to assigned client care situations.
- 7. Apply principles of Standard Precautions to assigned client care situations.
- 8. Explain the role of acid-base balance in maintaining homeostasis in assigned client care situations.
- 9. Student will identify nutritional needs in deviations from health with respect to: Age; Culture; Disease entity; Religious preference.
- 10. Assess individuals for Oxygen and Carbon Dioxide exchange and provide measures to maintain efficient and effective balance.
- 11. Assess needs of individuals with cardiovascular and cerebrovascular disruptions and provide care at a first semester student level to a patient.
- 12. Develop a teaching plan for a client with one of the disruptions to health studied in the class.
- 13. Assess the needs of individuals with common disruptions of urinary and/or intestinal elimination and provide are to a client.
- 14. Apply principles of surgical asepsis to assigned client care situations.

#### **Lecture Outline**

### Theory:

Module A: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems.

Module B: Using the Nursing Process to plan patient care.

Module C-1: Principles of Adaptation to Stress

Module C-2: Common Defense Mechanism

Module D-1: Acid-Base Balance: The Basics

Module D-2: Acid-Base: Introduction to Acidosis and Alkalosis

Module E: Using the Nursing Process to care for individuals with problems in oxygen exchange.

Module F: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance.

Module G: Using the Nursing Process to care for individuals with nutritional problems.

Skills: VN 112 Skills Packet.pdf

# **Textbooks & Other Resources or Links**

#### Required:

- Taylor, Lynn, & Barlett, Fundamentals of Nursing, Wolters Kluwer, Current Edition
- Lynn, Taylor's Clinical Nursing Skills, Lippincott Williams & Wilkins, Current Edition
- ATI Nursing Education www.atitesting.com

## Recommended:

- Taber, Taber's Cyclopedic Medical Dictionary, F. A. Davis Company, Current Edition
- Doenges, Nursing Care Plans, F. A. Davis, Current Edition

#### Resources:

- The National Association of Licensed Professional Nurses (NALPN), www.nalpn.org
- The Point. Student book resources <a href="http://thepoint.lww.com/student">http://thepoint.lww.com/student</a>
- VN 112 Skills Packet.pdf



# **Course Requirements and Instructional Methods**

### **COURSE REQUIREMENTS**

**Class Activity** 

Essay

Mid-Term/Final Exam(s)

Objective

**Oral Assignments** 

**Problem Solving Exercise** 

Quizzes

Skill Demonstration

Written Assignments

### **INSTRUCTIONAL METHODOLOGY:**

In-person

Flipped Classroom

**Computer Assisted Instruction** 

Demonstration

Discussion

**Group Activity** 

**Individual Assistance** 

Lab Activity

Lecture

Simulation/Case Study

# **Course Grading Based on Course Objectives**

LVN Program Grading:

To advance to the next semester, a "C" or better is required in this course.

The Licensed Vocational Program complies with the Imperial Valley College grading policies in the current catalog and the LVN program grading program policy as outlined.

All assignments are graded on the following scale and grades are not rounded.

A = 93%-100%

8=85%-92%

C= 78%-84%

F = Below 78%



F= When the clinical evaluation is unsatisfactory regardless of the theory grade.

Student must pass the final examination with a 78% or a grade of "F" for the course will be issued as outlined in the LVN student handbook.

The student is responsible for making an appointment with their instructor any time their grade average drops below 82%.

Students must maintain a "C" average in all nursing courses to advance in the program.

Both the clinical and classroom aspects of each course must be passed. Failure in either part results in failure of the course and requires re-taking the entire course.

#### Scoring requirements for successful completion of each course:

- 78% or better of total possible points accumulated from all written work and examinations (overall coursework),
   and
- 78% or better of the total possible points accumulated from the major unit exams as designated in the course syllabi, and Imperial Valley College Course Syllabus
- Satisfactory and > 78% or better in clinical performance, including non-graded written assignments and pre-lab preparation.

### **Major Unit Exams and Remediation**

The student who fails the 1st unit exam shall:

- Complete remediation in the Nursing Learning Center with a tutor.
- Demonstrate knowledge of those areas identified by the faculty as being deficient prior to sitting for the next modular exam.
- Receive a 0% on any subsequent exam, if non-compliant with remediation.
- The student who fails a 2nd unit exam or has an accumulated average less than 78% shall:
- Meet with the teaching team.
- Develop and submit a personal learning contract that includes all items of deficiencies and specific plan for improving test success.
- The student who fails a 3rd unit exam or has an accumulated average less than 78% shall:
- Meet with the teaching team to consider withdrawal from the nursing program.
- If the drop date has passed, the student will meet with the teaching team regarding the possible failure of the nursing course.

## **ALGORITHM FOR DIAGNOSTIC EXAMS (ATI):**

ATI testing evaluates a student's ability to provide safe patient care and demonstrate clinical competence. The course requires that students pass with a Level 2 or above on all ATI proctored assessments. Points are awarded for the assigned practice & ATI proctored assessments. Points will be calculated toward the final grade.

Practice A assessment will be given by the course instructor as a baseline. Before taking any ATI proctored assessments, students will be assigned to complete the practice B assessments and submit results via CANVAS under ASSIGNMENTS.

The students will be awarded

Level 3= 3 points

Level 2= 2 points

Level 1-1 point



#### A RETAKE OF PROCTORED ASSESSMENTS IS REQUIRED FOR LEVEL 1 OR BELOW.

Retakes of any proctored assessments are scheduled by the course instructor and are scheduled one week after the initial attempt. Students who score a level 1 or below must complete remediation before the retake. Student remediation requirements include as follows: The student will spend a minimum of 4 hours completing the ATI focus review modules. Documented evidence must be submitted by the deadline and reviewed by the VN team. The remediation assignment is due before taking the retake proctored assessment.

#### Clinical and skills laboratory performance will be determined on a satisfactory or unsatisfactory basis.

- 1st unsatisfactory in clinical/skills laboratory: Student will complete a NLC referral (remediation) established by the instructor prior to the next clinical/skills laboratory.
- 2nd unsatisfactory in clinical/skill laboratory: Student will complete NLC referral (remediation) established by the instructor prior to the next clinical/skills lab.
- 3rd unsatisfactory in clinical/skills laboratory: Student will meet with the teaching team to consider dismissal from the nursing course. Please bear in mind that two or three "unsatisfactory" clinical/skills lab performances could be received in one day.

The clinical instructor will conduct a formal clinical evaluation at the completion of each 4-weeks. The clinical instructor in conjunction will complete a comprehensive classroom and clinical evaluation with the team leader at the completion of the eight-week course.

When a care plan is returned to a student with an unsatisfactory grade, the student is expected to correct the plan within the designated time frame and return it to the instructor. If a student fails to correct the care plan on time or if the returned plan continues to be unsatisfactory, it will be reflected as unsatisfactory performance for the rotation.

Theory, clinical, and skills laboratory requirements must be satisfactorily completed independent of each other to successfully complete the course.

### **Course Policies**

Each student in this class is expected to respectfully participate. Additional to the learning this class provides, this is a fun course. Please act professionally and keep other students' feelings in mind and refrain from rude, inappropriate behavior and language in class.

Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

Food and Drinks are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Academic Honesty: Anyone caught cheating, or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of



cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

#### Attendance:

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

LVN students in the Imperial Valley College Associate Degree Nursing Program are expected to attend all classes and clinical practice assignments.

Absences will be limited to the following for the semester: VN 112: 11.5 hours

A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and will be considered for dismissal. If remediation is considered, the student will be required to match missed hours; In excess of the maximum allowable, with assigned hours of study. These assignments will be based upon the classroom and clinical objectives. The instructor(s) will determine the appropriate type of remediation.

LVN students in the Imperial Valley College Vocational Nursing Program are expected to meet the attendance requirements approved by the Board of Vocational Nurse and Psychiatric Technician Examiners as posted on the bulletin board.

Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lecture, clinical and skills lab.

Regular attendance in all classes is expected of all students enrolled. Instructors are expected to take a student's record into account in computing grades. A student may be excluded from further attendance in a class during any semester when absences after the close of registration have exceeded the number of class hours which the class meets per week. Further, an instructor may drop any student judged to be a disturbing element in the class.

Last day to drop with a "W" is 11/13/2025



# **IVC Student Resources Content to be covered in all sections**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <a href="http://www.imperial.edu/studentresources">http://www.imperial.edu/studentresources</a> or click the heart icon in Canvas.

# **Anticipated Class Schedule/Calendar**

Week 1 Module A: Using the Nursing Process to care for individuals with urinary and intestinal elimination problems.

Week 1	Time	Location	Description	Assignment
Monday 10/6/25	0800-1630	IVC	Module A Reading Fundamentals of Nursing: Ch: 37 Urinary Elimination Ch: 38 Bowel Elimination  Taylor's Clinical Nursing Skill: Ch. 12: Urinary Elimination Ch. 13: Bowel Elimination	Taylor's Clinical Nursing Skills Skills:
Tuesday 10/7/2025	0800-1630	IVC Nursing Lab	Cont. Mod. A	
Wednesday 10/8/2025	0800-1240	21	Cont. Mod. A	Mod. A Activity:  1. ATI Video Case Studies: Infection: Urinary Tract Infection



				ATI Engage Fundamentals:     Physiological Concepts for     Nursing Practice: Elimination
Thursday 10/9/2025	0800-1240	21	Cont. Mod. A	

## Week 2:

Module B: Using the Nursing Process to plan patient care

	the Nursing Proc			Acciennes
Week 2	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute	CLINICAL SITE	
10/13/2025		PMH		
		ECRMC		
Tuesday	0800-1200	IVC Nursing	Lab: Mod A Skills Check off	
10/14/2025		Lab 1		
Wednesday	0800-1210	21	Exam #1: Mod. A	Skills:
10/15/2025				Head to toe
			Module B Reading	assessment
			Fundamentals of Nursing:	Taylor's Clinical Nursing Skills
			Ch. 14: Assessing	Ch: 3
			Ch. 15: Diagnosing	Health Assessment Videos:
			Ch. 16: Outcome Identification	<ul> <li>Assessing the Thorax</li> </ul>
			and Planning	and Lungs
			Ch. 17: Implementing	<ul> <li>Assessing the Heart</li> </ul>
			Ch. 18: Evaluating	<ul> <li>Assessing the</li> </ul>
			Ch. 19 Documenting and	Abdomen
			Reporting	<ul> <li>Assessing the Cranial</li> </ul>
				Nerves
			Taylor's Clinical Nursing Skills	<ul> <li>Assessing the</li> </ul>
			Ch: 3 Health Assessment	Musculoskeletal and
				Peripheral Vascular
				Systems
Thursday	0800-1240	21	Med. Math #1	
10/16/2025			Cont. Mod. B	



## Week 3:

# **Module C-1: Principles of Adaptation to Stress**

## **Module C-2: Common Defense Mechanism**

Week 3	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute	CLINICAL SITE	
10/20/2025		PMH		
		ECRMC		
Tuesday	0800-1200	IVC Nursing	Mod. B Skills	
10/21/2025		Lab		
Wednesday	0800-1210	21	Exam #2	
10/22/2025			Mod: B	
			Module C1-C2 Reading Fundamentals of Nursing Ch: 42 Self Concept	
Thursday 10/23/2025	0800-1210	21	Cont. Mod. C1 & C2	

## Week 4:

Module D-1: Acid-Base Balance: The Basics

Module D-2: Acid-Base: Introduction to Acidosis and Alkalosis

Module E: Using the Nursing Process to care for individuals with oxygen exchange problems.

Week 4	Time	Location	Description	Assignment
Monday 10/27/2025	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday 10/28/2025	1200	IVC Nursing Lab	IVC Lab	Skills Check Off Mod. A-C
Wednesday 10/29/2025	0800-1210	21	Exam #3 Module C	
			Module D & E Reading: Fundamentals of Nursing Ch. 40: Oxygenation and Perfusion	
			Taylor's Clinical Nursing Skills Ch. 14: Oxygenation Ch. 15: Perfusion and Cardiovascular	
Thursday 10/30/2025	0800-1240	21	Cont. Mod. D & E	



Week 5: Module F: Using the Nursing Process to care for individuals with common disruptions of fluid and electrolyte balance.

Week 5	Time	Location	Description	Assignment
Monday 11/3/2025	0700-1930	EC Post-Acute PMH ECRMC	CLINICAL SITE	
Tuesday 11/4/2025	0800-1200	IVC Nursing Lab	Module D&E Skills	
Wednesday 11/5/2025	0800-1210	21	Exam #4 Mod. D & E  Module F Reading Fundamentals of Nursing Ch. 41: Fluid, Electrolyte, and Acid—Base Balance	
Thursday 11/6/2025	0800-1210	2110	Cont. Mod. F	

Week 6: Module G: Using the Nursing Process to care for individuals with nutritional problems.

Week 6	Time	Location	Description	Assignment
Monday 10/11/2025			Holiday	
Tuesday 11/11/2025	0800-1200	IVC Nursing Lab	Predictor ATI	
Wednesday 11/12/2025	0800-1210	2110	Exam #5 Mod. F  Module G Reading: Fundamentals of Nursing Ch: 37 Nutrition  Taylor's Clinical Nursing Skills Ch. 11: Administering a Tube Feeding	-Group/topic selection
Thursday 11/13/2025	0800-1210	2110	Cont. Mod. G	



# Week 7: Group Presentations

Week 7	Time	Location	Description	Assignment
Monday 11/17/2025	0700-1930	EC Post-Acute PMH	CLINICAL SITE	
11/17/2023		ECRMC		
Tuesday	0800-1200	IVC Nursing	Module G Check-Off	
11/18/2025		Lab		
Wednesday	0800-1210	2110	ATI Nutrition Proctored	
11/19/2025			Assessment	
			Group Presentations	
			Module A-G	
			50pts.	
Thursday	0800-1210	2110	Group Presentations	
11/20/2025			Module A-G	
			50pts.	

# Holiday 11/24/2025 – 11/28/2025

## Week 8:

## **Finals**

Week 8	Time	Location	Description	Assignment
Monday	0700-1930	EC Post-Acute	CLINICAL SITE	
12/01/2025		PMH		
		ECRMC		
Tuesday	0800-1200	IVC Nursing	Clinical Evaluations	
12/02/2025		Lab 1		
Wednesday	0800-1210	2110	Theory Final Exam	
12/03/2025				
Thursday	0800-1210	2110	VN 112 Overview	
12/04/2025				

Weekly activities, homework, videos will be incorporated into syllabus on a weekly basis

\*\*\*Subject to change without prior notice\*\*\*