



Semester:	Fall 2025	Instructor Name:	Veronica Landeros
Course Title & #:	PSY 100, Intro to Psychology	Email:	veronica.landeros@imperia l.edu
CRN #:	11318	Webpage (optional):	N/A
Classroom:	2734	Office #:	N/A
Class Dates:	8/11/25-12/6/2025	Office Hours:	By appt
Class Days:	Mondays	Office Phone #:	N/A
Class Times:	6-9:10pm	Emergency Contact:	
Units:	3.0	Class Format/Modality:	In Person

Course Description

This course is an introduction to psychology, which is the study of the mind and behavior. Students focus on theories and concepts of biological, cognitive, developmental, environmental, social, and cultural influences; their applications; and their research foundations. (Formerly PSY 101) (C-ID: PSY 110) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

None

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.



3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Demonstrate fundamental knowledge and comprehension of major concepts, theoretical perspectives, historical and cultural contexts, and empirical findings within the broad discipline of psychology.
2. Use a scientific approach (including critical and creative thinking) to understand individuals' mind and behavior within psychological, biological, sociocultural, and ethnocultural contexts while recognizing that biases filter experiences.
3. Apply psychological theories, concepts, and values to individual, interpersonal, group, and societal issues to demonstrate awareness of self and others.
4. Draw logical and objective conclusions about the mind and behavior from evidence to show how psychology evaluates, modifies, and supports its claims and counters unsubstantiated statements, opinions or beliefs.
5. Define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
6. Identify and describe the major theories of human development and discuss how growth and development affect behavior.
7. Discuss major theories of personality, their assumptions and implications.
8. Outline the nature, causes, and treatments of abnormal behavior.

Textbooks & Other Resources or Links

OER Textbook

Spielmen, Jenkins & Lovett. 2020. *Psychology* . 2e OpenStax. ISBN: CC by 4.0.

Libre Texts. . *Introductory Psychology*. OpenStax. ISBN: CC by 4.0.



Course Requirements and Instructional Methods

INSTRUCTIONAL METHODOLOGY:

Audio Visual

Computer Assisted Instruction

Demonstrations

Discussions

Group Activities

Lectures

Distance Learning

Class Activities

Problem Solving Exercises

Quizzes

Written Assignments

Final Exam

Course Grading Based on Course Objectives

All assignments are mandatory and there is no late work accepted.

How much you learn in the course, as well as your final grade, depends on the effort you put into the readings, assignments, class preparation, and class participation.

Grades will be assigned on the basis of the following weights:

100-90 A	89-80 B	79-70 C	69-60 D	59 > F
----------	---------	---------	---------	--------

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Updated 11/2024



Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

Attendance is an important part of the class experience, please make an effort to be on time and prepared. Please be respectful of others thoughts, ideas, and input. Do not interrupt others while they are speaking and keep side conversations to a minimum. There will be time for discussion, so please be ready to participate as part of your overall grade. No late work will be accepted and there will be no “extra credit.” Extra credit can be earned by being in class, being respectful, and participating.

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.



Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic
Week 1 August 11	Syllabus & Introduction
Week 2 August 18	Chapter 1
Week 3 August 25	Chapter 2
Week 4 September 1	NO CLASS
Week 5 September 8	Chapter 3
Week 6 September 15	Chapter 4
Week 7 September 22	Chapter 5 & 6
Week 8 September 29	Chapter 7 & 8
Week 9 October 6	Chapter 9
Week 10	Chapter 10 & 11

Updated 11/2024



October 13	
Week 11 October 20	Chapter 12 & 13
Week 12 October 27	Chapter 14
Week 13 November 3	Chapter 15
Week 14 November 10	NO CLASS
Week 15 November 17	Chapter 16
Week 16 November 24	NO CLASS
Week 17 12/1	FINAL

*****Subject to change without prior notice*****