Basic Course Information

Semester:	**Fall 2025**	Instructor Name:	**Gilbert Campos**
Course Title & #:	**COUN 120**	Email:	**gilbert.campos@imperial.edu**
CRN #:	**10392**	Webpage (optional):	**N/A**
Classroom:	**314**	Office #:	**Counseling Center**
Class Dates:	**8/11-12/6**	Office Hours:	**By appointment only**
Class Days:	**Thursday**	Office Phone #:	**760-355-6181**
Class Times:	11:20 am-2:30 pm	Emergency Contact:	**760-355-6543**
Units:	3	Class Format/Modality:	Face to Face

Course Description

This course is designed to assist students in learning how to reach their collegiate and life planning goals. Topics include college orientation, study skills, cultural diversity awareness, self-evaluation of personal characteristics related to educational success, and transitioning to college life. The central theme of the course is a holistic approach to the individuality of students in higher education, which include race, ethnicity, gender, sexual orientation and age. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, critical thinking, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students. (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

N/A

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to: 1. Identify ten campus resources and be able to explain what resources they find are important for their personal college success. (ILO1,ILO3,ILO4) 2. Identify three study techniques and three ways to take notes and state how improving these techniques are important for student college success. (ILO2,ILO3,ILO4) 3. Identify what is their short term/long term academic goal(s).ILO1,ILO2,ILO3

Course Objectives

Upon satisfactory completion of the course, students will be able to:

Distinguish and Identify campus student support services on campus

1. Construct a personal timeline utilizing course information about important college dates and deadlines used for class assignments, personal priorities and to assist with development of educational plan.
2. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.

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3. Identify and utilize academic skills such as test taking, note-taking, textbook reading techniques, time-management learning styles for the purpose of maximizing their learning in college courses.

4. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.

5. With presentation from librarian, define & utilize effective library research strategies by locating informational sources in campus library and World Wide Web and translate skills to formalize class projects.

6. Identify and demonstrate orally and in writing effective communication skills to enhance positive interpersonal relationships.

7. Analyze the value of nutrition, physical and mental fitness, and how these relate to their personal success.

8. Analyze attitude, motivation, behavior, and their impact on academic performance and success; identify the role of personal, family, cultural, and societal assumptions and expectations.

9. Analyze educational forecasting; recognize the ways group identification, gender identity and family roles impact experiences and assumptions.

10. . Describe their personal cultural identity and recognize cultural, linguistic and physical ability groups.

11. . Develop critical thinking skills as they relate to personal and educational development.

Textbooks & Other Resources or Links

Textbook: College Success, Amy Baldwin, University of Central Arkansas, OpenStax Publisher.
Online: You can view the book online at this url:
https://openstax.org/books/college-success/pages/1-introduction

Course Requirements and Instructional Methods

November 1   **Deadline to drop Fall courses.**

Course Grading Based on Course Objectives

Assignments	(440 points)
Participation	(320 points)
Midterm	(120 points)
Final	(120 points)

GRADING: To receive passing grades, see the following grading band:
Breakdown: A=1000-900, B= 899-800, C=799-700, D=699-600, **F= below 599**

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and

academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and
(11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Other Course Information

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Makings SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date	Section	Topic
Week 1	Intro/Syllabus/Online Orientation	
Week 2	Syllabus/Campus Discuss Goals	Intro/Orientation/Attitude vs. Commitment
Week 3	Exploring College	Chapter 1: Why College?
Week 4	Knowing Yourself as a Learner	Chapter 2: Learning Styles
Week 5	Managing Your Time And Priorities	Chapter 3: Time management and goal setting
Week 6	Planning Your Academic Pathways	Chapter 4: Defining Values/Making a Plan.
Week 7	Reading and Note-Taking	Chapter 5: Reading and Notetaking Strategies
Week 8	Studying, Memory And Test Taking	Chapter 6: Test Taking Skills
Week 9	Thinking	Chapter 7: Critical Thinking/ Creative Thinking
Week 10	Communicating	Chapter 8: Purpose of Communication
Week 11	Understanding Civility And Cultural Competence	Chapter 9: What is Diversity? Categories of Diversity
Week 12	Understanding Financial Literacy	Chapter 10: Personal Financing/Credit Cards
Week 13	Engaging in a Healthy Lifestyle	Chapter 11: Taking care of your physical health/Sleep
Week 14	Planning Your Future	Chapter 12: Why worry about my career while I'm in College?
Week 15	Lifelong Learning	Growth mindset, mental/physical health strategies
Week 16	Final	

Subject to change without prior notice