Welcome to NUR 80 Summer 2025! We are excited and looking forward to meeting you all!

Basic Course Information

Semester:	**Summer 2025**	Instructor Name:	**Jeanine Mora**
Course Title & #:	**Introduction to Nursing**	Email:	**Jeanine.Mora@Imperial.edu**
CRN #:	**30260**	Webpage (optional):	
Classroom:	**TBA**	Office #:	**2119**
Class Dates:	**7/9, 7/10, 7/11, 7/14,7/15, 7/16, 7/17, 7/21, 7/22, 7/23**	Office Hours:	**Mon, Tues, Wed, Thurs: 12:00-13:00PM (**Please email me for an appointment)**
Class Days:	**9**	Office Phone #:	**Please use Pronto to message me, or my personal cell: (760) 996-3214**
Class Times:	**13:10-18:10 PM**	Emergency Contact:	**Analisa Veliz Nursing Secretary 760 355-6348**
Units:	1.5	Class Format:	Face to Face/On campus

==******The Last Day to Drop With a "W" is July 21, 2025******==

Course Description

NURS 80 is a nursing course that introduces nursing and the study of nursing, including the roles of the registered nurse, as well as profession-related and patient care concepts. Differentiation is made between the role of the health aide, vocational nurse, and registered nurse. The student will become familiar with the expectations and realities of becoming a student nurse. Utilizing a variety of topics, activities, examinations, and general information, this course is designed to assist the student in developing strategies for success in the nursing program. The focus will be on developing critical thinking, problem-solving, and clinical judgment skills. Emphasis is placed on the knowledge and skills needed to provide safe, quality care. The theoretical foundation for basic assessment and nursing skills is presented, and the student is given an opportunity to demonstrate these basic skills in a clinical laboratory setting. The philosophy, conceptual framework, objectives, guidelines, and policies of the nursing program and the role of the student in developing accountability, integrity, and meeting the standards of academic and clinical conduct will be affirmed.

Course Prerequisite(s) and/or Co-requisite(s)

The course pre-requisite is the acceptance to the ADRN Program

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify strategies for personal and academic success in the Imperial Valley College Associate Degree Nursing program. (IL03).
2. Demonstrate respect and sensitivity for the professional role through appropriate behavior, being prompt for clinical experience, meetings, learning activities, class, and assignment deadlines.
3. Identify reasons for dismissal from the ADRN program.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors that promote or inhibit success in the ADRN program.
2. State changes needed in one's personal life to meet the challenges and demands of the ADRN program.
3. Identify activities designed to meet the challenges and demands to be successful in the ADRN program, including time management and study skills.
4. Develop critical thinking, problem-solving, and clinical judgment skills at the basic level.
5. Achieve a 92% on Math Examinations, and complete tests within the given time frame.
6. Recognize that the APA format is used for all written work in the ADRN program. Familiarize yourself with the APA format.
7. Educate yourself on the available financial resources, such as scholarships and financial aid.
8. Develop a plan for financial management while in the ADRN program.
9. Discuss the risks of employment while in the ADRN program.
10. Apply and analyze the information in the ADRN Student Handbook.
11. Review and discuss the parameters of the ANA Code of Ethics and pertinent ethical and legal concepts.
12. Discuss the role of the student nurse and the scope of nursing practice related to the established code of ethics, nurse practice acts, and professional registrations/ certifications.
13. Discuss reasons for dismissal from the ADRN program: unprofessional conduct, cheating, HIPAA violations.
14. Demonstrate basic nursing skills using proper techniques and measures that ensure patient safety: 60-second assessments, infection control, hand washing, vital signs, patient safety, positioning patients in bed, transferring patients and utilizing proper body mechanics.
15. Explain the principles and underlying concepts for the identified basic nursing skills.

Textbooks & Other Resources or Links

Required book:

- Laurie Kelly McCorry & Jeff Mason. (2021). *Student Success for Healthcare Professionals Simplified*. 3rd edition. Jones & Bartlett Learning.

Websites:

- ATI Nursing education. www.atitesting.com
- The Point. Student book resources. http://thepoint.lww.com/student
- California Board of Registered Nursing. http://www.rn.ca.gov/
- National Council of State Boards of Nursing. https://www.ncsbn.org/index.htm
- American Psychological Association. https://apastyle.apa.org/
- OWL //Purdue Writing Lab https://owl.purdue.edu
- Imperial Valley College Writing lab
- Imperial Valley College Study Skills Center/LINC workshops

Other links:

- Khan Academy Video www.khanacademy.org
- RegisteredNurseRN.com. YouTube Channel https://www.registerednursern.com/
- Simple Nursing YouTube www.simplenursing.com
- Keith RN YouTube Channel www.keithrn.com

***The students are not required to purchase recommended textbooks; they are for reference only. Students may already have these books from prior requisite courses

Recommended Books:

- Dosage Calculation 360 eBook/online platform
- Student Workbook Calculating Dosages Online
- Anatomy & Pathophysiology Made Incredibly Easy. (Current edition). Lippincott, Williams & Wilkins. Wolters Kluwer.
- American Psychological Association (7th edition). Publication Manual of the American Psychological Association. Lippincott, Williams & Wilkins. ISBN: 1433805618
- Ehrlich, Ann. (current edition) Medical Terminology for Health Professionals-with CD and Flashcards. 7th. Delmar Publication. ISBN: 1111543275.
- Venes, Donald. (Current edition). Taber's Cyclopedic Medical Dictionary Index. F. A. Davis. ISBN: 0803615590.

Course Requirements and Instructional Methods

Admission to the Associate Degree Nursing Program.

Audiovisual (Movies and Video)
Computer-Assisted Instruction
Demonstration /Return demo
Individual or group discussion
Written assignments
Lecture

Out-of-Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Pass/No Pass

Student Rights and Responsibilities/Conduct & Civility/Course Policies

Student Rights & Responsibilities

Students have the right to experience a positive learning environment and to due process of law. Please refer to the IVC General Catalog for more information regarding student rights and responsibilities.

Conduct & Civility: Students are expected to adhere to the accepted standards of Student Conduct and the regulations adopted by the college. Academic misconduct includes but is not limited to cheating in any form, plagiarism, and behavioral misconduct. Civility is treating others and ourselves with respect, dignity, and care. Civility is evident when we are sensitive to the impact of our communications, practices, and behaviors on others in our communities. Incivility includes all forms of misconduct, disrespect, or disregard for instruction, the instructor, or a fellow student. The American Nurses Association Code of Ethics requires nurses to treat their colleagues, students, and patients with dignity and respect. It does not tolerate harassment, disrespect, or threatening action. Nursing students are expected to promote self-accountability for their actions and to foster cultures of civility and a high standard of civil, respectful, and professional conduct in all academic and clinical interactions. Violations are subject to student disciplinary actions, including but not limited to a student's removal, suspension, or expulsion.

Education Code Section 76034, IVC Code of Student Conduct, and the RN Program Code of Academic and Clinical Conduct

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official class meeting. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Students who are late to class three times in any nursing course will be considered absent for one day. Class includes lectures, clinical, and skills labs.
- Regular attendance in all classes is expected of all students. A student who has continuous, unexcused absence Exceeds the number of hours the class is scheduled to meet per week and may be dropped. NUR 80 is a synchronous class course. There is a total of 9 class meetings for this summer session. Missing more than 1 day of class may be considered for dismissal from the course. Please inform me of any emergency circumstances.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.
- Students actively enrolled in the Imperial Valley College Associate Degree Nursing Program are required to attend all classes and complete all clinical practice assignments. Absences will be limited to the maximum allowable number of hours absent. A student who reaches the maximum allowable number of hours absent will file a petition to remain in the nursing program. The student will meet with the teaching team to discuss the situation and may be considered for dismissal.

Face-to-Face Classroom/Clinical/Lab Practice Etiquette

Students must always adhere to the IVC nursing student code of conduct and professional behavior outlined in the RN student handbook when interacting face-to-face, in lab practice, and clinical settings. Those out of compliance with these standards and guidelines are subject to placement on a behavioral contract.

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.
- Students may not use recording devices in the classroom or skills labs unless they have been documented by the IVC Disability Support Program and Services (DSPS).
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply with the instructor's directions.

Disruptive Students

Students who disrupt or interfere with a class are out compliance of student code of conduct and unprofessional behavior outlined in the RN student handbook. The student or students may be sent out of the classroom, lab, or clinical setting and will meet with the course nursing instructor(s) or team, as well as the Assistant Dean of Nursing. Disciplinary procedures will be followed as outlined in the RN student handbook.

Children in the classroom: Due to college rules and state laws, only students enrolled in the class are allowed to attend; children are not permitted.

Recording Device: Students MAY NOT use recording devices unless documented on the DSPS accommodation sheet. If it is documented, the recording device must be placed on the table or podium in front of the instructor at the beginning of class.

Online Netiquette

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Always follow the IVC nursing student code of conduct, professional behavior, and social media guidelines and policies outlined in the RN student handbook.

Guidelines when texting or emailing IVC staff, nursing faculty, nursing tutors, and classmates:

Students are to comply with the following rules of netiquette:

1. Identify yourself. Greet your contact properly. Always use formal titles (i.e "Dear Mrs. Ramirez," Hello, Mrs. Anderson,").
2. Include a subject line
3. Be polite. Avoid sarcasm. Always remember to say "please" and "thank you" as necessary
4. Respect others' opinions and privacy
5. Acknowledge and return messages promptly,
6. Copy with caution
7. Do not spam or junk mail
8. Be concise, positive and friendly
9. Use appropriate language
10. Use appropriate emotions (emotional icons) to help convey meaning
11. Use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].
12. Proofread your email before sending it.

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the importance of acknowledging and safeguarding. intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Instead, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's "own" writings or ideas of others without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment.
- Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in their file.

**Note: RN student handbook policies on academic dishonesty supersedes IVC General Catalog and may be subject to dismal from the program. Acts of cheating include but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

How do I show academic honesty and integrity on an online platform?

- **KEEP YOUR PASSWORDS CONFIDENTIAL**.
- You have unique passwords to access online software, such as Canvas, The Point, and ATI. Never allow someone else to log in to your account.
- **COMPLETE YOUR "OWN "COURSEWORK.**
  When you register for an online class and log in to Canvas, you do so with the understanding that you will produce your "own" work, take your "own" exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:

- Copying from others on a quiz, test, examination, or assignment.
- Allowing someone else to copy your answers on a quiz, test, exam, or assignment.

**Refer to the IVC RN student handbook on academic dishonesty. IVC RN student handbook guidelines and policies supersede the IVC General Catalog

Other Course Information

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may require educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSPS office can be reached at 760-355-6313. Don't hesitate to contact them if you need to be evaluated for educational accommodations.

A copy of your accommodation documentation **must be provided each semester to your course nursing instructor and on file in the Nursing office.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas. Please speak to your instructor about additional services that may be available.
- CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Library Services. Visit the Spencer Library's page on the IVC website for a wealth of valuable resources and online access to databases, e-books, and more. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor. Contact us so we can help you with instructional and research development skills (for those conducting research and writing academic papers).
Learning Services Center-Learning Intervention & Networking Communities (LINC) helps students improve their study skills, no matter their academic background. Most importantly, it helps bridge the gap for students that are revisiting their academic goals and might need help adjusting to a new environment. For more information on LINC workshops, times, and topics, look below at the Learning Services Center calendar.
- Career Services Center. The Career Services Center is dedicated to serving all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities, and Job Placement.
- Child Development Center. The Preschool and Infant/Toddler Centers are on-campus demonstration lab programs that meet the educational, research, and service needs of the institution and community at large. The Preschool program (children three to five years of age) and the Infant/Toddler program (newborn to three years of age) are in buildings 2200 and 2300. Service is available to families who meet the California Department of Education qualifications for enrollment. The centers are open during COVID from Monday-Friday 7:15-5:30. Breakfast, lunch, and snacks are provided through the California Adult and Child Food Program. Location: Buildings 2200 and 2300. Phone: (760) 355-6232. The application form is located at the Child Development Center site.

Students have access to counseling and health services, which are provided by the pre-paid Student Health Fee.

- Student Health Center. A Student Health Nurse is available on campus. Contact the IVC Student Health Center at 760-355-6128, located in Room 1536, for more information.
- Mental Health Counseling Services Center. Short-term individual, couples, family, and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please get in touch with the IVC Mental Health Counseling Services at 760-355-6310 or in building 1536 (next to the Assessment Center-400 building) for appointments or more information.

CLASS SCHEDULE: NURS 80

JULY 9TH to JULY 23RD

Schedule subject to change without prior notice

DAY 1: Wednesday, July 9th

AGENDA

- Congratulations and Warm Welcome, Class of 0627!
- Let's get to know each other: Name cards and introductions
- Orientation to Nursing Program:
- Dr. Daniel Ortiz, Assistant Dean of Nursing & Allied Health; Nursing & Allied Health team
  - Warm welcome & announcements
- Review NUR 80 Syllabus
- Class Norms & Expectations
- Intro to Student Handbook, Philosophy, Mission & Vision, Ethical Standards, Student Code of Conduct
- Medication Mathematics Rounding Rules
- Nursing Building Tour
  - Student Health Center, Library, DSPS
- Focusing on Success in the Nursing Program
  - Chapter 1
- Medication Mathematics Pre-Test

SKILLS:

- Hand hygiene & Donning/Doffing Gloves

HOMEWORK:

- ❖ Review RN Student Handbook (Quiz tomorrow!)
- ❖ Sign Student Forms:
  - Social Media, Student Code of Conduct, Verification of RN Handbook & Infectious Disease Waiver (due tomorrow!)
- ❖ Work on **"Hello, It's Me"** New Nursing Student Presentation (due Sunday, July 14th)
  - Schedule of student presentation dates & times to follow
- ❖ Read Chapter 2: Getting Organized & Managing Your Time
- ❖ Practice Basic Arithmetic (addition, subtraction, multiplication, division, fractions)
  - See tutors' schedule and Dosage Calculation Resources in Canvas
  - Prepare for Dosage Calculation Assessment #1 (tomorrow!): No calculators

DAY 2: <mark>Thursday, July 10th</mark>

AGENDA

- ➢ **QUIZ**: NURS 80 Syllabus, RN Student Handbook & IVC Nursing Program Policies
- ➢ **Dosage Calculation Assessment #1:** 25 questions, timed, no calculators
- ➢ Getting Organized & Managing Your Time: Chapter 2
- ➢ Time Management, Priority Setting, Family Preparations, Study Skills, & Test-Taking Techniques
    - o Chapters 2 & 9
- ➢ Student Badge Information
- ➢ Patient Introduction: PowerPoint Presentation
- ➢ Infection Control & Medical Asepsis Presentation

SKILLS: Demonstration

- • Hand hygiene
- • Donning & Doffing PPE
- • 60-Second Assessment
- • Nurse / Client Introductions
- • Patient Identification
- • Vital Signs (lecture & skills: Temperature, Blood Pressure, Respiratory Rate, Pulse, Pain, O2 sat

HOMEWORK:

- ❖ Watch: "Nurse I Am" video (free – link is in Canvas)
    - o A helpful resource for your "Hello, It's Me" presentation
- ❖ Work on "Hello, It's Me" Presentation:
    - o REVIEW RUBRIC: Found in Canvas
    - o 5-10 slides; 5-15 minute presentation
    - o Assignment for submission found in Canvas
    - o Utilize APA 7th Edition format
    - o Resources:
        - ▪ OWL Purdue
        - ▪ APA Website
        - ▪ APA Citation on YouTube & PowerPoint
    - o Presentations will begin on Monday, July 14th
- ❖ Continue practicing Dosage Calculation (time yourself & practice without a calculator)

DAY 3: <mark>Monday, July 14th</mark>

AGENDA: *Please arrive @ 12:00pm

- ➢ **Speaker: Sarah Vandiver, SDSU BSN Dual-Enrollment Information: 12-1pm**

- ➢ **Speaker: Prof. Bravo (NURS 107) & Prof. Kunath (NURS 109)**
  - o Courses & Clinical Expectations
- ➢ **IVC Nursing Student Round Table: 2-3pm**
  - o Mentor/Mentee Assignment
- ➢ "Hello, It's Me" Presentations begin: Be ready to present!
- ➢ Watch: "Err is to Human" video: There will be a writing assignment for this video
- ➢ Infection Control Measures & Disposing of Infectious Material by the CDC

SKILLS:

- • Review as needed

HOMEWORK:

- ❖ "Err is to Human" Writing Assignment in Canvas: Remember APA 7th edition format
- ❖ Complete the VARK Assessment Assignment in Canvas
- ❖ Continue to practice dosage calculation

DAY 4: <mark>Tuesday, July 15th</mark>

AGENDA:

- ➢ **Speaker: Lupita Castro: IVC Mental Health, Student Health Center, and Clearance Packet information**
  - o Clearance Packets are due by August 22nd, 2025
- ➢ "Hello, It's Me" Student Presentations (continue)
- ➢ Review writing skills and 7th edition APA Format
- ➢ Family Preparations for the RN program
- ➢ Intro to ATI Website
- ➢ CDC, WHO, & DHS Website Resources

SKILLS:

- • Review as needed

HOMEWORK:

- ❖ Download NCSBN NCLEX test plan
- ❖ Practice all skills: **Check offs will begin tomorrow** (Wednesday, July 16th)
- ❖ Continue to practice dosage calculation questions (Dosage Calculation Assessment #2 tomorrow)

DAY 5: <mark>Wednesday, July 16th</mark>

AGENDA:

- ➢ "Hello, It's Me" Student Presentations (continue)

- ➢ **QUIZ**: Dosage Calculation Assessment #2
- ➢ VARK Assessment: Discussion – What kind of learner are you?
- ➢ Critical Thinking / Clinical Judgement / Nursing Process: Chapter 2
  - o QUIZ tomorrow
- ➢ Test-Taking Techniques: Chapter 9
- ➢ NCSBN NCLEX RN Test Plan, Client Needs Categories, & NEXT GEN questions
- ➢ ***SKILLS CHECKOFFS BEGIN**: Be Ready!
  - o 5 skills, 10-15 minute time cap

SKILLS: Demonstration

- • Body Mechanics / Moving / Transferring

HOMEWORK:

- ❖ Continue to practice dosage calculation questions
- ❖ Continue to practice skills (if you have not yet been checked off or require remediation)

DAY 6: Thursday, July 17th

AGENDA: *Please arrive @ 12:00pm

- ➢ **Speaker: Analise, Financial Aid & Scholarship information: 12-1pm**
- ➢ **Speaker: Dr. Rebekkah Lerma, Simulation Lab & NLC Tutor Presentation: 1-2pm**
- ➢ "Hello, It's Me" Student Presentations (continue)
- ➢ **QUIZ**: Critical thinking / Clinical Judgement / Nursing Process
- ➢ Test-Taking Techniques & ATI Website (part 2)
- ➢ National Patient Safety Goals
- ➢ ***SKILLS CHECKOFFS Continued**: Be Ready!
  - o 5 skills, 10-15 minute time cap

SKILLS: Checkoffs

HOMEWORK:

- ❖ Continue to practice dosage calculation questions (Dosage Calculation Assessment #3 tomorrow)
- ❖ Review Test-Taking Skills in ATI
- ❖ Complete Nursing Scholarship Writing Assignment (your instructor will assign each student to a particular scholarship application essay question)
- ❖ Medical Terminology Review & Practice
- ❖ Continue to practice skills (if you have not yet been checked off or require remediation)

DAY 7: Monday, July 21st

AGENDA:

- ➢ **QUIZ**: Dosage Calculation Assessment #3
- ➢ Medical Terminology Review & Practice
- ➢ Anatomy & Physiology Review: Cardio, Respiratory, GI/GI, & Skin
- ➢ ***SKILLS CHECKOFFS** Continued: Be Ready!
  - ○ 5 skills, 10-15 minute time cap

SKILLS: Checkoffs

HOMEWORK:

- ❖ Take Medical Terminology Kahoot
- ❖ Continue to practice dosage calculation questions
- ❖ ATI: Test-Taking Skills (review)

DAY 8: Tuesday, July 22nd

AGENDA:

- ➢ **QUIZ**: Dosage Calculation Assessment #4 (FINAL) – MUST pass with a 92% or higher
- ➢ **QUIZ**: APA Format
- ➢ Pharmacology/NURS 107 Medication List & Introduction to Drug Cards
- ➢ ***SKILLS CHECKOFFS** Continued: Be Ready!
  - ○ 5 skills, 10-15 minute time cap

SKILLS: Checkoffs

HOMEWORK:

- ❖ Complete Student Badge Assignment in Canvas
- ❖ Class Representative Selection
  - ○ Three (3) class reps will be chosen tomorrow: Consider your top candidates!

DAY 9: Wednesday, July 23rd

AGENDA:

- ➢ Development of Your Professional Identity as a Nurse: Sign Contract (by Keith, RN)
- ➢ Class Representative Selection
- ➢ Bring Your Family Day & Tour (1-2pm)
- ➢ Professor / Course Evaluation
- ➢ Closing Comments
- ➢ Reminds: Complete all clearances for RN Program by **August 22, 2025**

Congratulations Everyone! You've completed NUR 80!

Dear RN Nursing Cohort of Spring 2027,

As you complete your Introduction to Nursing course and continue your journey into nursing school, I want to remind you to never lose sight of *why* you chose the nursing career. Whether your motivation is rooted in personal experiences, a desire to serve, or a calling placed on your heart—hold onto it tightly. Believe me when I say that it will carry you through the difficult days.

Please remember that nursing is not (and should not) be about money or prestige. It is about delivering professional, compassionate, patient-centered care to people in their most vulnerable moments. Nursing school will challenge you, and so will the profession itself. There will be days when you feel discouraged or doubt yourself. But there will also be moments that fill your heart, affirm your purpose, and make you proud of the nurse you are becoming.

Nursing is consistently ranked as the most trusted profession in the world. Be the kind of nurse who is remembered—not just for your skills, but for your kindness, compassion, and integrity. What you pour into your education now will reflect the kind of nurse you become. Always give your best effort, treat one another with respect, and support each other along the way. You never know when your classmate today may be your colleague—or your nurse—tomorrow (I've had classmates who ended up being my nurse...twice!).

This journey may be one of the most rewarding you'll ever experience! You will grow, develop, and fine-tune your skills. You'll discover your strengths, passions, and perhaps even your specialty. So stay strong, don't give up, and remember your calling.

In closing, I wish you all the best of luck, and may God bless each and every one of you! Please know that I'm always here if you ever need a listening ear, a helping hand, or a few words of encouragement. You got this!

Sincerely,

Professor Mora