



Note to Instructor: Replace the placeholder text beneath the headings with the appropriate information for your course. Please note that all sections, with the exception of "Other Course Information," are required elements.

Basic Course Information

Semester:	Spring 2025	Instructor Name:	Aruna Patel
Course Title & #:	ADS 177 Anger Management	Email:	Aruna.patel@imperial .edu
CRN #:	20950	Webpage (optional):	N/A
Classroom:	Online class	Office #:	2031
Class Dates:	March 17 – April 18, 2025	Office Hours:	Wednesday 12:00- 4:00 pm
Class Days:	Mondays	Office Phone #:	(760)355-6579
Class Times:	Online	Emergency Contact:	(760)355-6144
Units:	3	Class Format/Modality:	Online class (Asynchronous) In an online class, all course activity occurs online; there are no required real-time or on-campus meetings. All content is delivered in Canvas. Coursework does have due dates as set by the instructor, but can be completed once the content becomes available, at any time before the due date

Course Description

An introduction to the theories and interventions for the management of anger and violence. This one unit class includes intimate abuse and child abuse, domestic violence with special emphasis on brief intervention and emotive behavioral therapies. (CSU) Anger management therapy.

Course Prerequisite(s) and/or Corequisite(s)

Read and write high school English language and understand English language.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

Identify communication style and reframe communication. (ILO1, ILO2, ILO3)

Control anger

Course Objectives

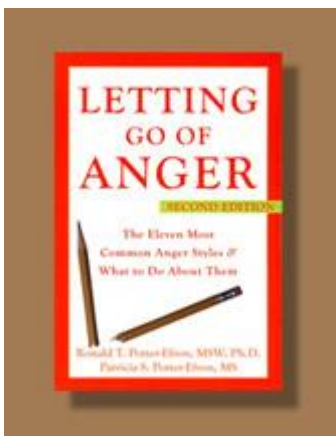
Upon satisfactory completion of the course, students will be able to:

1. Identify behavioral patterns of individual exhibiting uncontrollable anger and compulsive violence.
2. Understand appropriate applications of therapeutic interventions and behavior modifications

Textbooks & Other Resources or Links

[Describe which textbooks and/or other resources are required for the course. Be sure to include ISBN.]

For this course you will need the textbooks for homework and assignments,

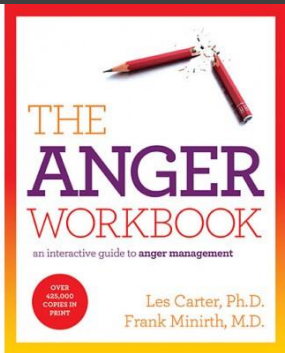


Letting Go of Anger (2nd/e).

Potter-Efron (2006).

New Harbinger Publishers.

ISBN 13: 978-1-57224-448-1



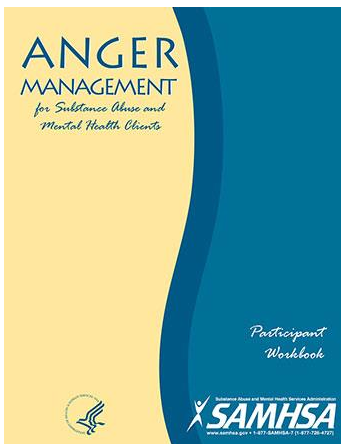
The Anger Workbook

An interactive guide to anger management

Les Carter, Ph.D.

Frank Minirth, M.D.

ISBN: 978-4016-7543-1



Anger Management for Substance Abuse And Mental Health Clients

HHS Publications No.(SMS) 08-4210

Provided eBook online

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Course Requirements and Instructional Methods

[Describe course activities, assignments, tests, homework, etc.]

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

No late homework be accepted.

What if I need to borrow technology or access WIFI?

1. To request a loaner laptop, MYFI device, or other electronic device, please submit your request here:

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<https://imperial.edu/students/student-equity-and-achievement/>

MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C":

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OF "C":

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify problematic behavioral Anger and problems relater to anger.

2. Understand appropriate applications of therapeutic

Intervention and behavioral modifications

Oral Assignments

Skill Demonstration

Other, please identify

Text

Instructional Methodology:

Audio Visual

Demonstration

Discussion

Group Activity

Lecture

Simulation/Case Study

Two (2) hours of independent work done out of class per hour of lecture or class work, or 3 hours' lab, practicum, or the equivalent per unit is expected

Course Grading Based on Course Objectives

[Provide detailed information related to grading practices and grading scale, including values and totals. Consider adding final grade calculation, rubrics, late assignment policy, and other grading practices.]

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Grading

Work is due on the assigned due date. Late work will only be accepted after conference with me and may receive a 10% penalty. Overly late work (one week or more beyond the due date), may not be accepted. Late discussions will not be accepted, as these are designed to be interactive. Please watch due dates carefully. To receive your grading points, submit your homework in a timely manner.

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Assignment X 5 20 points each	100
Thought Paper	20
Homework 1. Packet 1	20
Homework 2. Packet 2	20
Homework 3. Packet 3	20
Homework 4. Packet 4	20
Final Exam	50
Discussions X 5 10 points each	50
Total	300

Final Grades

Final Grade Percentage

A 90-100%

B 80-89.9%

C (passing) 74-79.9%

C- (not passing) 73% and below

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Accessibility Statement

Imperial Valley College is committed to providing an accessible learning experience for all students, regardless of course modality. Every effort has been made to ensure that this course complies with all state and federal accessibility regulations, including Section 508 of the Rehabilitation Act, the Americans with Disabilities Act (ADA), and Title 5 of the California Code of Regulations. However, if you encounter any content that is not accessible, please contact your instructor or the area dean for assistance. If you have specific accommodations through **DSPS**, contact them for additional assistance.

We are here to support you and ensure that you have equal access to all course materials.

Course Policies

Describe other policies such as attendance, academic honesty, netiquette, expected classroom behavior, etc.]

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Attendance

- *A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.*
- *Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.*
- *Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.*

What does it mean to "attend" an online class?

Attendance is critical to student success and for IVC to use federal aid funds. Acceptable indications of attendance are:

- *Student submission of an academic assignment*
- *Student submission of an exam*
- *Student participation in an instructor-led Zoom conference*
- *Documented student interaction with class postings, such as an interactive tutorial or computer assisted instruction via modules.*
- *A posting by the student showing the student's participation in an assignment created by the instructor.*
- *A posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters.*
- *An email from the student or other documentation showing that the student has initiated contact with a faculty member to ask a question about an academic subject studied in the course.*

Logging onto Canvas alone is NOT adequate to demonstrate academic attendance by the student.

Classroom Etiquette Not applicable for Online classes

Academic Honesty

[Required language.] Academic honesty in the advancement of knowledge requires that all students and instructors

respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions

are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- *Plagiarism is taking and presenting as one is owned the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.*

- *Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use*

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materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report

the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of

cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more

information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following:

(a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or

portion of an assignment; (e) using a commercial term paper service.

How do I show academic honesty and integrity in an online “classroom”?

- KEEP YOUR PASSWORDS CONFIDENTIAL.

- o You have a unique password to access online software like Canvas. Never allow someone else to log-in to your account.

- COMPLETE YOUR OWN COURSEWORK.

- o When you register for an online class and log-in to Canvas, you do so with the understanding that you will produce your own work, take your own exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:

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- Copying from others on a quiz, test, examination, or assignment.

- Allowing someone else to copy your answers on a quiz, test, exam, or assignment.

- Having someone else take an exam or quiz for you.

- Conferring with others during a test or quiz (if the instructor did not explicitly say it was a group project, then he/she expects you to do the work without conferring with others).

- Buying or using a term paper or research paper from an internet source or other company or taking any work of

another, even with permission, and presenting the work as your own.

- Excessive revising or editing by others that substantially alters your final work.

- Sharing information that allows other students an advantage on an exam (such as telling a peer what to expect

on a make-up exam or prepping a student for a test in another section of the same class).

Taking and using the words, work, or ideas of others and presenting any of these as your own work is plagiarism.

This applies to all work generated by another, whether it be oral, written, or artistic work. Plagiarism may either

be deliberate or unintentional.

Do Not cheat it does not pay in the long run.



Other Course Information

[Optionally, include other necessary information.]

This course requires textbooks and submit your class work in time. No late work will be accepted.

Financial Aid

Your Grades Matter! In order to continue to receive financial aid, you must meet the Satisfactory Academic Progress (SAP) requirement. Making SAP means that you are maintaining a 2.0 GPA, you have successfully completed 67% of your coursework, and you will graduate on time. If you do not maintain SAP, you may lose your financial aid. If you have questions, please contact financial aid at finaid@imperial.edu.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

Anticipated Class Schedule/Calendar Attentive subject to change at faculty discretions. 6 weeks 2024

Date or Week	Activity, Assignment, and/or Topic	Assignment/Homework
Week 1 March 17	Syllabus & Introduction, Orientation Introduction to 11 different Angers	Orientation Attendance assignment. Assignment.
Week 2 March 24	Lecture # 1 & assignment 1 discussion 1	Assigned Package 2
Week 3 March 31	Lecture # 2 & assignment 2 discussion 2	Assigned Package 3
Week 4 April 7	Lecture# 3 assignment 3 discussion 3 Thought paper due this week	Assigned Package 4
Week 5 April 14	Lecture # 4 assignment 4 Discussion Finals Last Day of class 27 th April	Finals Semester ends On 18, April 2025

*****Tentative, subject to change without prior notice*****

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