

#### **Basic Course Information** Fall 2024 Semester: Instructor Name: Viridiana Salas **Intercollegiate Basketball** Course Title & #: **ATHL- 130** Viridiana.salas@imperial.edu Email: CRN #: | **10430** Webpage (optional): N/A Classroom: **GYM** Office #: Class Dates: 08/12/2024- 12/7/2024 Office Hours: **TBD** Class Days: M- F Office Phone #: 760-355-6165

**Emergency Contact:** 

Class Format:

In person

### **Course Description**

This class is designed for preparation and training involved with intercollegiate basketball competition. Maximum credit twelve units. (CSU) (UC credit limited. See a counselor.) (CSU/UC)

### Course Prerequisite(s) and/or Corequisite(s)

Class Times: | **12:00- 2:05pm** 

Units: 3

Eligibility will be determined by CCCAA rules

#### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Perform, with an increasing degree of proficiency, the skills, techniques, and strategies of competitive intercollegiate basketball. (ILO1, ILO3)

Improve cardiovascular and muscular fitness. (ILO1, ILO3

### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. Demonstrate the necessary skills to participate on a competitive level.
- 2. Analyze the necessary concepts to implement team offense.
- 3. Recognize the necessary concepts to implement team defense.
- 4. Analyze techniques and strategies to maximize competitive fitness.
- 5. Successfully implement interpersonal skills necessary in team cohesion

#### **Textbooks & Other Resources or Links**

- -NCAA (2022). NCAA Basketball Rule Book (Current Year). NCAA.
- Imperial Valley College (2022). Student Athlete Handbook Imperial Valley College.



## **Course Requirements and Instructional Methods**

- -Shirt & Shorts
- Running and basketball shoes
- -Drinking water
- Towel

#### **Instructional methods**

- -Individual Assistance
- Lab activity
- Audio visual
- Demonstration

## **Course Grading Based on Course Objectives**

Students will be evaluated on their work on a weekly basis and broken down in the following:

- Attendance and participation
- Film review
- Scouting reports

#### **Grading scale:**

- A= 90–100%
- B= 80-89%
- C= 70-49%
- D= 60-69%
- F= Below 60%

#### **IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <a href="http://www.imperial.edu/studentresources">http://www.imperial.edu/studentresources</a> or click the heart icon in Canvas.



# **Anticipated Class Schedule/Calendar**

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Introduction	
Week 1	Pre- physical fitness evaluation	
Week 2- 17	Defensive and offensive skill development	
	Intrasquad scrimmage	
	Film review/ scouting reports	
	Post physical fitness evaluation	

<sup>\*\*\*</sup>Subject to change without prior notice\*\*\*