

Basic Course Information

Semester	Spring 2024	Instructor's Name	Nicole Rodiles
Course Title & #	Abnormal Psych. & Psy 208	Instructor's Email	Nicole.rodiles@imperial.edu
CRN #	21157	Webpage (optional)	
Room	ICSO	Office (PT Faculty:809)	203G
Class Dates	2/12-6/7	Office Hours (n/a for PT Faculty)	Mon/Wed: 11:10-12:10pm Tue/Thur: 11:10-12:10pm Online
Class Days	Thursday: 1-3:10pm	Office Phone # (PT may use dept. number)	760/3556142
Class Times	1:00-3:10pm	Who students should contact if emergency or other absence	760/791 4915
Units			

Course Description

Required language: Covers the major categories of mental disorders listed in the latest version of the Diagnostic and Statistical Manual of Mental Disorders (DSM). Draws upon important contributions from various disciplines and theoretical stances. Case studies and research-based explanations are examined. Controversial topics related to mental disorder are explored. (CSU, UC)

Student Learning Outcomes

Required language: Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

Compare and contrast the psychological perspectives on mental disorders. (ILO1, ILO2, ILO3, ILO5)

Demonstrate an understanding of the major mental disorders' symptoms and causes. (ILO1, ILO2, ILO3, ILO5)

Demonstrate an understanding of the varied treatments for major mental disorders. (ILO1, ILO2, ILO3, ILO4)

Course Objectives

Required language: Upon satisfactory completion of the course, students will be able to:

1. discuss the historical, theoretical, and methodological context for the study of abnormal behavior.
2. identify the major mental disorders and describe the symptoms, diagnosis, etiology and treatment of each.
3. provide examples of community and institutional intervention programs and discuss their effectiveness in dealing with mental disorder.
4. identify and discuss contemporary legal and ethical issues in abnormal psychology.
5. explain specific research methods and the ethical principles for the study and treatment of psychopathology.

Textbooks & Other Resources or Links

Required Information—discretionary language

1. Durand, Barlow & Hofmann 2019. **Essentials of Abnormal Psychology**. Cengage 8e. ISBN: 9781337619370 ISBN:9780357689769

2. **OER: [Fundamentals of Psychological Disorders \(Alexis Bridley and Lee Daffin, 2022\) – Pressbooks](#) (CC-BY-NC SA 4.0)**
3. **Not required: Hooley, Butcher, Nock and Mineka 2017. Abnormal Psychology. Pearson ISBN-10: 0134474880.**
4. **Recommended (but not required): Current Diagnostic and statistical manual of the American Psychiatric Association. (Currently DSM-IV-TR)....**

Course Requirements and Instructional Methods

Required Information—discretionary language

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Required Information—discretionary language

Letter Grade Only.

Attendance

Required language

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

Required Information --Discretionary language

This is where an instructor explains his/her policy on these matters. Here is some suggested language:

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor. **Consider:** specifics for your class/program
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty

Required Language

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

Additional Help – Discretionary Section and Language

The instructor can add the information pertinent to his or her class here. Some suggested language:

- Canvas support center: <https://imperial.instructure.com/>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Required Language: Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

Student Counseling and Health Services

Required Language: Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Required Language: Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Required Language: Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

Anticipated Class Schedule / Calendar

Required Information –Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the reading, assignments, tests, or other activity for the duration of the course. The faculty may find a table format useful for this purpose.

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 2/12	Introduction Chapter 1- Abnormal Behavior in Historical Context	
Week 2 2/19	Chapter 2 - An Integrated Approach to Psychopathology	
Week 3 2/26	Chapter 3 - Clinical Assessment, Diagnosis and Research in Psychopathology	
Week 4 3/4	EXAM 1 Thought Paper 1	
Week 5 3/11	Chapter 4 - Anxiety, Trauma and Stress-Related and Obsessive Compulsive and Related Disorder	
Week 6 3/18	Chapter 5 - Somatic Symptom And Related Disorders and Dissociative Disorders	
Week 7 3/25	Chapter 6 - Mood Disorders and Suicide	
Week 8 4/1	Happy Easter! Enjoy your break!	
Week 9 4/8	Exam 2 Thought Paper 2	
4/15	Chapter 7 - Physical Disorders and Health Psychology	

Imperial Valley College Course Syllabus – Course Title and number

Week 10 4/22	Chapter 8 - Eating and Sleep-wake Disorders	
Week 11 4/29	Chapter 9 - Sexual Dysfunctions, Paraphilic Disorders, and Gender Dysphoria	
Week 12 5/6	Exam 3 Thought Paper EXTRA CREDIT	
Week 13 5/13	Chapter 10 - Substance-Related, Addictive, and Impulse-Control Disorders	
Week 14 5/20	Chapter 11 - Personality Disorders	
Week 15 5/27	Chapter 12 - Schizophrenia Spectrum and Other Psychotic Disorders	
Week 16 6/3	Final	