



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Spring 2024	Instructor Name:	Veronica S Figueroa
Course Title & #:	COUN 120	Email:	veronica.soto@imperial.edu
CRN #:	21113	Webpage (optional):	
Classroom:	Online Canvas	Office #:	Building 100
Class Dates:	2/12/2024 to 6/08/2024	Office Hours:	By online appointment only
Class Days:	Online	Office Phone #:	760-355-6263
Class Times:	Online	Cell/Text Phone:	760-355-6263
Units:	3	Class Format:	Online via Canvas

Course Description

The course is designed to assist students in learning how to reach their educational and life planning goals. Topics covered will include orientation to Imperial Valley College, study skills and personal adjustments to college life. Strategies covered will include skills such as creative goal setting, note-taking, listening, time-management, learning styles, test taking, library and financial resources and educational program planning. Course is recommended for new and continuing students.

Course Prerequisite(s) and/or Corequisite(s)

None

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify three study tips and three ways to take notes and state how improving these techniques are important for student college success. (ILO2,ILO3,ILO4)
2. Identify ten campus resources and be able to explain what resources they find are important for their personal college success. (ILO1,ILO3,ILO4)
3. Identify what is their short term/long term academic goal(s). (ILO1,ILO2,ILO3)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Distinguish and Identify campus student support services on campus.
2. Construct a personal timeline utilizing course information about important college dates and deadlines used for class assignments, personal priorities and to assist with development of educational plan.
3. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.
4. Identify and utilize academic skills such as test taking, note-taking, textbook reading techniques, time-

management learning styles for the purpose of maximizing their learning in college courses.

5. Identify and utilize programs, services and resources, both on campus and in the community, that meet the individual student needs.

With presentation from librarian, define & utilize effective library research strategies by locating informational sources in campus library and World Wide Web and translate skills to formalize class projects.

6. Identify and demonstrate orally and in writing effective communication skills to enhance positive interpersonal relationships.
7. Analyze the value of nutrition, physical and mental fitness, and how these relate to their personal success.
8. Analyze attitude, motivation, behavior, and their impact on academic performance and success; identify the role of personal, family, cultural, and societal assumptions and expectations.
9. Analyze educational forecasting; recognize the ways group identification, gender identity and family roles impact experiences and assumptions.
10. Describe their personal cultural identity and recognize cultural, linguistic and physical ability groups.
11. Develop critical thinking skills as they relate to personal and educational development

Textbooks & Other Resources or Links

- OER: Open Educational Resources Free Textbook below click on link:
- [Blueprint for success in College : Indispensable Study Skills and Time Management Strategies b \(Links to an external site.\) by Dave Dillon](#)
- Online resources in topics as needed provided by Instructor

Course Requirements and Instructional Methods

We will be using Canvas to conduct this class online.

Course Grading Based on Course Objectives

GRADING:	Course grade will be based on Points.	GRADING SCALE:	A	90-100%
Discussions			B	80-89%
Quizzes			C	70-79%
Assignments			D	60-69%
Scavenger Hunt			F	59 and below
Student Education Plan				
Final: 50points				

Course Policies

Attendance:

- A student who fails to attend the first Discussion Assignment of a class and does not complete



the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. *Should readmission be desired, the student's status will be the same as that of any other.* Student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.

- Regular attendance in all classes is expected of all students. A student whose continuous, Missing the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as excused absences.

Classroom Etiquette:

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty:

- Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property. There are many different forms of academic dishonesty.
- The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

Work Based Learning

Work-based learning (WBL) allows students to apply classroom content in professional settings while gaining real-world experiences. These opportunities will provide you with a deeper, more engaging and relevant learning environment. This semester, I will be offering the following WBL activities in order to provide you with the opportunity to explore Private/Out of State College Universities Available for IVC students and Money Matters with your Financial Aid.

WBL Activity Name	WBL Activity Description
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WBL Activity 1: College Fair	Attend a College/University Fair in the Spring to learn about Transferring Private/Out of State Opportunities
WBL Activity 2: Guest Speaker	IVC Financial Aid Technician, Financial Aid Presentation on how to financially budget for college and use financial aid wisely. Q & A session.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Week	Activity, Assignment, and/or Topic
Week 1	Getting Started/Syllabus/Course Policies/Course Road Map/ Getting Started Quiz
Week 1 & 2	Passion/Goals/ What is College For?/ UNIT 1 Quiz
Week 3	College Resources/ Learning Styles/ VARK/ Unit 2 Time Management
Week 4	Tools needed for Time Management/
Week 5	Unit 2 Review/Quiz
Week 6	Critical Thinking and Reading Unit 3 (reading Chapter 18-21)
Week 7	Note Taking Unit 4 Reading Chapter 22-23
Week 8	Listening Unit 4 Quiz
Week 9	Memory and Techniques for Studying Unit 5 Reading Chapter 24-25 Unit 5 Quiz
Week 10	Test-Taking Strategies Unit 6: Reading Chapter 26-27 Unit 6 Quiz
Week 11	Health/Self Care/Stress Unit 7: Reading Chapter 28-32
Week 12	Continuing: Heath Self Care/ Stress Unit 7 Quiz
Week 13	Higher Learning (CSU/UC/Private) Major/University Exploration WBL: Attend College/University Fair
Week 14	Money Matters/ WBL: Financial Aid Guest Speaker
Week 15	Unit 1-7 Reflection and Review
Week 16	Final
Tentative Schedule, subject to change without prior notice	