

Basic Course Informati	on		
			Celeste Armenta DNP, FNP-BC Alejandra Avilez DNP, FNP-BC
Semester:	Spring 2024	Instructor Name:	Mayra Rodarte RN MSN
	NURS 218 Care of the		
Course Title & #:	Childrearing Family	Email:	Celeste.armenta@imperial.edu
CRN #:	20394, 20641,20928	Webpage (optional):	
Classroom:	2139	Office #:	2115
			Thur/Fri 12-1
Class Dates:	4/29/2024-6/06/24	Office Hours:	MW 0800-0900
Class Days:	Tues/Wed Clinical, Thur/Fri Lec	Office Phone #:	760-355-6574
Class Times:	0845-1145 Thur/Fri	Emergency Contact:	Nursing Office – (760) 355-6348
Units:	3.5	Class Format/Modality:	In-person

Course Description

This course provides an integrative, family-centered approach to the care of children. Emphasis is placed on normal growth and development, family dynamics, common pediatric disorders and the promotion of healthy behaviors in patients. Clinical experiences provide the student an opportunity to apply theoretical concepts and implement safe patient care to children in selected settings. (CSU)

Course Prerequisite(s) and/or Corequisite(s)

PREREQUISITES: NURS 123, NURS 128

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Understand nursing theory to plan, implement and evaluate nursing care for the pediatric patient with acute and chronic body system stressors in the hospital setting. Demonstrate integration of knowledge in the areas taught by passing theory exams with an individual score of 78% or above.
- 2. Integrate nursing that is patient centered, caring, culturally sensitive and based on the physiological and psychosocial and spiritual needs of the pediatric patients. Demonstrate integration of knowledge in pediatric nursing by passing the final 78% or above
- 3. Integrate nursing that is patient centered, caring, culturally sensitive and based on the physiological and psychosocial and spiritual needs of pediatric patients. Demonstrate integration of knowledge in pediatric nursing by passing ATI with a level 2 or above.
- 4. Implement critical thinking skills in the implementation of the nursing process while providing safe patient care and meeting the needs of culturally diverse pediatric patients within multidisciplinary healthcare systems.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

- 1. Provide care to clients and their families while adhering to ethical and legal standards and maintaining accountability and responsibility for care provided.
- 2. Recognize the nurse's role in reporting client safety and quality care concerns and in supporting activities that promote performance improvement.
- 3. Use organizational, priority setting, and decision-making skills when providing care to children in selected settings.
- 4. Develop and provide health and safety related education to clients and their families while recognizing the nurse's role as educator and change agent.

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- 5. Acknowledge the value of evidence-based practice by integrating evidence-based knowledge into practice when providing care to children.
- 6. Use information technologies to access evidence-based literature and client information as well as communicate with members of the health care team, accurately documenting client care in a secure and timely manner.
- 7. Use verbal and nonverbal communication that promotes caring therapeutic relationships with clients, families, as selected groups as well as professional relationships with members of the health care team.
- 8. Integrate knowledge of pharmacology, pathophysiology, and nutrition as well as concepts from previous nursing courses and evidence-based practice to the care of children.
- 9. Demonstrate clinical judgment and evaluate outcomes when providing care to children.
- 10. Collaborate with members of the interdisciplinary health care team and act as a client advocate in the provision of quality care that promotes client safety for children.
- 11. Develop an individualized, evidence-based plan of care that demonstrates an appreciation of a child's cultural, spiritual, and developmental variations and makes recommendations for the adoption of health-promoting behaviors.
- 12. Perform a comprehensive health assessment of children, that identifies deviations from normal as well as health risks.

Textbooks & Other Resources or Links

Required textbooks:

Author	ISBN	Title	Edition	Publisher	Year
London	9780136860174	Maternal & Child Nursing Care	6th	Pearson	2022
Berman	9780135421345	Skills in Clinical Nursing	9th	Pearson	2021
Burcham	9780323825221	Pharmacology for Nursing Care	11th	Elsevier	2022

Supplemental:

Author	ISBN	Title	Edition	Publisher	Year
Tucker	9780131722163	Nutrition & Diet Therapy for Nurses	2^{nd}	Pearson	2019
Fischbach	9781975173425	Manual of Lab & Diagnostic Testing	11th	LWW	2021
Spector	9780137503636	Cultural Diversity in Health and Illness	9 th	Pearson	2021
Hogan	9780138122119	Fluid & Electrolytes Acid Base Balance	4 th	Pearson	2023

Course Requirements and Instructional Methods

CORE CONTENT:

Lecture Outline

Basic Concepts of Pediatric Nursing Communicable Diseases Pediatric emergencies and accident prevention Dehydration and Over hydration-Pediatric implications Alterations in Oxygenation-Child Alterations in Cardiac Output and tissue perfusion-Child Alterations in Regulation and Metabolism Alterations in Cognition and Sensation-Child Alterations in Ingunent-Child Alterations in Integument-Child Alterations in Integument-Child Alterations in Ingestion, Digestion, Absorption, and Elimination-Child Alterations in Excretion Nursing Care-Child Lab Outline

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- 1. Basic Concepts of Pediatric Nursing
- 2. Communicable Diseases
- 3. Pediatric emergencies and accident prevention
- 4. Dehydration and Over hydration-Pediatric implications
- 5. Alterations in Oxygenation-Child
- 6. Alterations in Cardiac Output and tissue perfusion-Child
- 7. Alterations in Regulation and Metabolism
- 8. Alterations in Cognition and Sensation-Child
- 9. Alterations in Immunity-Child
- 10. Alterations in Integument-Child
- 11. Alterations in Mobility-Child
- 12. Alterations in Ingestion, Digestion, Absorption, and Elimination-Child
- 13. Alterations in Excretion
- 14. Nursing Care-Child

METHODS OF EVALUATION:

- 1. Class Activity
- Group Case Studies
- 2. Mid-Term/Final Exam(s) Comprehensive Final Exam
- 3. Oral Assignments i.e, Clinical Findings, class assignments
- 4. Quizzes
- Biweekly quizzes
- 5. Skill Demonstration

Demonstration of pediatric physical assessment, cardiac assessment, neuro assessment, respiratory assessment, GI assessment, Integumentary assessment, and Mobility assessment

- 6. Written Assignments
- Clinical Preparation and Evaluation.
- 7. Other, please identify Clinical Performance

INSTRUCTIONAL METHODOLOGY:

- 1. Audio Visual
 - Example of skills required for successful course completion.
- 2. Computer Assisted Instruction Internet Research and Simulations
- 3. Demonstration

Assessment of the pediatric patient. Pertaining to Basic concepts of pediatric nursing, Communicable Diseases, Pediatric emergencies and accident prevention, Dehydration and Over hydration-Pediatric implications Alterations in Oxygenation-Child, Alterations in Cardiac Output and tissue perfusion-Child, Alterations in Regulation and Metabolism, Alterations in Cognition and Sensation-Child, Alterations in Immunity-Child, Alterations in Integument-Child, Alterations in Mobility-Child, Alterations in Ingestion, Digestion, Absorption, and Alterations in Excretion

- 4. Discussion
 - Issues on Pediatric Nursing
- 5. Group Activity Patient education activity
- 6. Lab Activity
 - Assessment skills
- 7. Lecture
- 8. Simulation/Case Study

ASSIGNMENTS:

Out-of-class



Reading, CD/DVD viewing, Internet research, Practice and Demonstration of necessary clinical skills, Pre/Post Clinical written and /or Internet assignments and writing assignments.

Reading and Writing

Assigned reading from textbooks, Journals, Internet sites, and supplemental material, and written concept map, case studies, journals, evidence-based projects/papers, written experience papers.

Course Grading Based on Course Objectives

Students must maintain a "C" average grade as determined by the scale below:

 $\begin{array}{l} A = 93\text{-}100\% \\ B = 85\text{-}93\% \\ C = 78\text{-}84\% \\ D = 68\text{-}77\% \end{array}$

F = Below 68%

Grades will not be "rounded". To advance to the next semester, a "C" (78%) or better is required in this course.

All of the following must be attained to successfully pass this course:

- A. Final Theory Exam score must be passed at a 78%.
- B. Clinical grade must total equivalent of 78% or greater based on all points accumulated.
- C. Theory (exams) grade must total equivalent of 78% or greater.
- D. Attendance requirements as noted below must be met.
- E. Less than 3 unsatisfactory in clinical work must occur.
- F. Final clinical evaluation must show all categories as "Satisfactory".

Testing will include no more than 7 examinations in addition to written, demonstration, and/or oral assignments, and a final examination. Pop quizzes may be included. EXCEPT FOR UNDER EXTREME CIRCUMSTANCES, THERE WILL BE NO MAKE-UPS FOR TESTS OR QUIZZES MISSED DUE TO ABSENCE.

Clinical evaluation will be done on an ongoing basis with a student required to meet "satisfactory" in all areas to pass the course. Evaluation is based on written assignments, adherence to nursing standards of care, QSEN competencies, and professional performance. As a part of professional performance, a student must maintain

and demonstrate competency in dosage calculation at all times. An unsatisfactory in clinical may be given based on the same standards of care and professional performance and will require remediation in the learning center. Three unsatisfactory grades given in clinical or failure to meet the clinical objectives will result in failure of this class regardless of the overall grade.

As a measure of clinical safety, a dosage calculation exam will be given. The student must obtain a score equivalency o 92% or better to pass the test and continue in the class. Calculator will not be used for exam. The score will not be Included or averaged for this class, it is a pass/fail assignment. Please refer to RNP1020 Medication Calculation Competency Test Policy.

Schedule and total points available may change at the discretion of the instructors, taking into account the progress of students with the materials. Any change will be announced in class or via email through Blackboard. Students are held responsible for all materials covered in the syllabus and for any changes that are announced in class or by email.

<u>ATI testing in Pediatrics is a part of the theory graded section of the NS218 course. Students are responsible</u> for reviewing all material in the ATI books prior to the assigned test date

To evaluate a student's ability to provide for patient safety and to demonstrate clinical competence, students must be in attendance in clinical. Absenteeism and/or tardiness beyond the maximum allowed will result in being dropped from NURS218. This will result in a "W" grade if before the drop date and "F" if after that date.

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It is recommended that if a grade falls below 78% that the student will arrange to meet with the faculty member. Faculty can be reached in person, by email, or during office hours to discuss grades or other classroom or clinical matters. The student is responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. Failure to pass this class will affect your ability to progress to the next semester. Students failing or withdrawing must complete a Petition to Re-Enter.

Simulations are a safe learning environment, where all students will have the opportunity to interact within a structured scenario. Simulations will be utilized during this class and simulation materials will be handed out during the semester. All advance assignments must be completed before the start of class. Failure to complete the pre-assignment will prevent the student from attending the class for the day resulting in a clinical absence and an "unsatisfactory" in clinical performance.

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

Attendance:

It is the responsibility of each student to attend all classroom and clinical hours and to contact the faculty person before the start of class of any need to be excused from class. If a student does not contact the faculty member by the assigned time for an absence, a clinical unsatisfactory for professional behaviors will be given. Students are expected to attend all classes. Absences are limited to the equivalent of the number of hours class meets in one week over a full semester; as a short-term class, this equates to one theory day absence and one clinical day absence. The instructor may drop a student who reaches the maximum allowable hours of absenteeism or tardiness.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <u>http://www.imperial.edu/studentresources</u> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Date or	Exam/Simulation/C		Supplemental Resources
Week	ase Study	Content	
1	ATI Real Life RN	Physical Assessment Peds. Assessment London et al:	CDC Vaccination Schedule
	Nursing Care of	Part 7: Care and Needs of Children	
5/02/2024	Children 3.0: Well		ATI:
RM 2139	Child	Vital Signs, Pain scale, Milestones: developmental,	Perspectives of Nursing Care
845-1145		gross/fine motor skills, speech/language. Nutrition,	for Children
	Immunization	Growth pattern, Family Centered care at home and	Specific Considerations of
	Simulation Scenarios	hospital, health promotion.	Nursing Care of Children
			 Respiratory Disorders
	Case Study: bullous	Intro to Peds/Integumentary London et al: CH 45, 57	 Integumentary Disorders
	lesions, electrical	Lehne: CH: 12, Unit XVI: Drugs for Infectious Diseases	 Immune and Infectious
	burn, ear infections		Disorders
		Common bacterial, viral and fungal infections:	
		impetigo, acne, cellulitis, wart, cold sores, tinea group	Canvas Videos:
		conditions, candidiasis. Arthropod bites and stings:	•Pediatric Head to Toe
		ticks, spiders, etc. Burns: stages, Lund and Browder	Pediatric Assessment
		Chart, severity grading	Vaccination Schedule
5/03/2024			•Developmental
RM 2139		Alteration in Oxygenation/Immunity London et al: CH:	•Milestones
845-1145		45, 46 Lehne: CH: 70-75,79,80,	•Acute Otitis Media
			Skills Video:



Date or	Exam/Simulation/C		Supplemental Resources
Week	ase Study	Content	
		Asthma, Cystic Fibrosis, croup, RSV, common	•IM injections
		respiratory illnesses Vaccination Schedule	•Immunization
		Communicable diseases: conjunctivitis, Epstein-	
		Barr/Mono, Fifth Disease, mumps, measles, pertussis	Journal Articles:
		Duri/Mono, i nui Discusc, munips, meusics, pertussis	journar / interes.
		Canvas:	NIH Common Skin Infections
		Video/Audio lectures:	NIII Common Skin miccuous
			Diamaria and Managamant of
		Pediatric Head to Toe	Diagnosis and Management of
		Pediatric Respiratory	Common Viral Skin
		Integumentary Disorders	Infections, Pediatric Burn
		Pediatric Communicable Disease	Injuries
2		Module PowerPoints	ATI
2	Sickle Cell Case	Alterations in Cardiovascular	Cardiovascular and
5 100 1202 f	Study	London et al: CH 47 Lehne: Unit VII:	Hematologic Disorders
5/09/2024			Neoplastic Disorders
2139		Cardiomyopathy, Kawasaki disease	
845-1145	Ped Math Exam	Acyanotic: Ventricular septal defect, atrial septal defect,	Canvas videos:
	5/09/2024 @1130	patent ductus arteriosus	 Iron-deficiency anemia
			Sickle cell anemia
		Cyanotic: pulmonary stenosis, coarctation of the aorta,	• Hemophilia
		tetralogy of fallot,	• Wilms' Tumor
			• Leukemia in children
		Alterations in Hematology/Neoplastic Disorders London	
		et al: CH 49,50 Lehne: 57, 58, Unit XVIII – Cancer	
		Therapy	
		Epistaxis, iron deficiency anemia, sickle cell anemia,	
		hemophilia, Wilms' tumor, neuroblastoma, leukemia,	
		osteosarcoma, rhabdomyosarcoma	
		Generation	
		Canvas:	
		Video/Audio lectures:	
5/10/2024		Pediatric Cardiac Disorders and Care	
2139	EXAM #1 Physical	Pediatric Hematology Disorders	
845-1145	Assessment	Pediatric Tumors	
	Integument/Oxygen		
	ation/Immunity	Module PowerPoints	
	Comp Lab 845-945		
2		Alternations in Elected and Elected to a London of 1 OU	
3		Alterations in Fluids and Electrolytes London et al: CH	ATI:
		44 Lehne: CH: 44,45	Nursing Care of Clients
5/16/2024			Who Have Fluid/
2139		Alterations in Genitourinary London et al: CH: 52	Electrolyte/Acid-Base
845-1145			Imbalances
		Enuresis, UTI, structural disorders of GU and	Nursing Care of
		reproductive tract, renal disorders	Children: Genitourinary
		1	and Reproductive
		Canvas:	Disorders
		Video/Audio lectures:	
5/17/2024	EVAN #2		Conveg videos:
5/17/2024	EXAM #2	Fluid and Electrolytes	Canvas videos:
2139	Cardiac/Hem	Comprehensive	• The Child with a GU



Date or	Exam/Simulation/C		Supplemental Resources
Week	ase Study	Content	
845-1145	Comp Lab 845-945	Pediatric GU Dysfunction	Condition
			Hemolytic Uremic
		Module PowerPoints	Syndrome
4			ATI:
		Alterations in Musculoskeletal and Neurosensory	
5/23/2024	ATI Real Life RN	Function	 Gastrointestinal
2139	Nursing Care of	London et al: CH 54,55, 56 Lehne: CH: 23-28	Disorders
845-1145	Children 3.0:		 Gastrointestinal
Ms. Rodarte	Gastroenteritis &	Meningitis, Reye syndrome, seizures, head injury,	Structural Inflammatory
	Dehydration	Down syndrome, fractures, clubfoot, developmental	Disorders
		dysplasia of the hip (DDH), scoliosis, cerebral palsy,	 Neurosensory Disorders
		spina bifida, muscular dystrophy	Musculoskeletal
			Disorders
		Alterations in Gastro Function London et al: CH: 51	Canvas Videos:
		Lehne: CH: 81-83	
5/24/2024	EXAM #3		Cleft lip and palate
2139	Fluid/ Electrolytes	Acute infectious gastrointestinal disorders: diarrhea,	 Hirschsprung's Disease
845-1145	GU Alterations	dehydration	 Pediatric Nursing
Mrs. Mora	Comp Lab	Cleft lip/palate, GERD, hypertrophic pyloric stenosis,	Playlist - Nervous
	845-945	Hirschsprung's disease, Intussusception, appendicitis	System Disorders
		Canvas:	
		Video/Audio lectures:	
		Pediatric GI Dysfunction	
		Pediatric Sensory and Neurological	
		Module PowerPoints	
5	ATI Peds Exam	Alterations in Endocrine and Metabolic Function	ATI
		London et al: CH: 53	Endocrine Disorders
5/31/2024	**Exam #4	Lehne: CH: 60-63	
2139	Mobility/Neuro**		Canvas Videos:
845-1145	Comp Lab 845-1145	Canvas:	• Diabetes I & II
	*	Video/Audio lecture: Pediatric Endocrine Disorder	Growth Delay
	ATI Real Life RN		5
	Nursing Care of	Module PowerPoints	
	Children 3.0: Type I		
	Diabetes		
6	Final	ATI Peds 6/3/2024 @ 830-1000 Comp Lab	
		Evidence Based Project Presentations (Clinical)	
		6/04/2024 0845-1145 RM 2139	
		Final PEDS Exam 6/06/2024 0845-1045 Comp Lab	

Subject to change without prior notice