



AHP 033 – Care of the Elderly

Basic Course Information

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|-------------------|-----------------------------|------------------------|--------------------------------|
| Semester: | Fall 2023 | Instructor Name: | Rebecca Agundez RN MSN CNE CDP |
| Course Title & #: | AHP 033 Care of the Elderly | Email: | Rebecca.agundez@imperial.edu |
| CRN #: | 11107 | Webpage (optional): | |
| Classroom: | 205 | Office #: | |
| Class Dates: | Oct. 02 – Nov. 13 | Office Hours: | 3:00 – 4:00 pm Wednesdays |
| Class Days: | Monday and Wed | Office Phone #: | 760-550-9206 |
| Class Times: | 4:00 – 6:30 pm | Emergency Contact: | Beatriz Trillas 760-355-6468 |
| Units: | 2 | Class Format/Modality: | On ground |

Course Description

This course will cover the functions and responsibilities of caregiving for older adults in both formal and informal settings. Students will explore the physical as well as social and emotional needs of those receiving care. Topics include elder abuse, family caregiving, end of life care, death, dying and grief, older adult care issues and risk reduction and home safety. (Nontransferable, AA/AS degree only)

Course Prerequisite(s) and/or Corequisite(s)

None

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify areas of safety concern in an elderly client's home
2. Verbalize procedure for reporting elder neglect and abuse
3. Identify resources to assist client and family with dying, death and grief

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Apply knowledge of nutrition and hydration as well as established evidence-based practice to the care of older adult patients with common nutritional health alterations.
2. Identify the main diseases and the principles behind the different care therapies associated with each one.
3. Adhere to ethical, legal and professional standards while maintaining accountability and responsibility for the care of an older adult.
4. Describe the impact of aging on safety for older adults, the problems of falls and interventions to prevent and reduce risks to safety.
5. Identify health and safety education needs focusing on maintaining optimum level of quality of life of older adults and their families.



6. Demonstrate decision-making when identifying and reporting health deviations and treatment-related responses of older adults.
7. Describe the impact of age-related changes that address the safety concerns of older adults such as protection from fire, prevention of falls, and medical concerns such as medication management and care provider issues.

Textbooks & Other Resources or Links

The following textbooks **are not required** for the course; the instructor will use information from these resources during class:

1. Sasser, J. R., and Moody, H. R.. 2018. Gerontology: The basics. First Routledge. ISBN: 978-1138775824.
2. Robnett, R. H., Brossoie, N. and Chop, W. C.. 2018. Gerontology for the Health Care Professional. fourth Jones and Bartlett Learning. ISBN: 978-1284140569.
3. National Council of Certified Dementia Practitioners Alzheimer's disease and dementia care. National Council of Certified Dementia Practitioners LLC, 01-01-2018
4. Open Education Resources (OER) online course: Personal and Social Frameworks for Nutrition and Healthy Aging <https://www.oercommons.org/courses/personal-and-social-frameworks-for-nutrition-and-healthy-aging-course-website>

Course Requirements and Instructional Methods

Class Activity

Team presentations on assigned topics.

Oral and Written Assignments

Participate in class discussions on a range of topics related to elder abuse, safety concerns and end of life care.

Quizzes

There will be quizzes at the beginning of class to review material from previous classes.

Lecture

Out-of-class assignments

Students will participate in discussion boards. Students will watch assigned videos and respond to discussion questions. Students will complete a home self-evaluation using the checklist from the National Institute on Aging "Home Safety."

Course Grading Based on Course Objectives

Letter Grade or Pass/No Pass

Total points possible for this class = **150 points**

Weekly quizzes: 5 quizzes = **45 points**

Final Exam: **38 points**

Weekly discussion in Canvas: up to 10 points x 5 discussions = **50 points**

In-class presentation = **5 points**

Attendance = up to **12 points**

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To pass the class your final grade needs to be at least **70% (105 points)**

A = 150 – 135 points

B = 134 – 120 points

C = 119 - 105 points

Non-passing = 104 points or less

Academic Honesty (Artificial Intelligence -AI)

IVC values critical thinking and communication skills and considers academic integrity essential to learning. Using AI tools as a replacement for your own thinking, writing, or quantitative reasoning goes against both our mission and academic honesty policy and will be considered academic dishonesty, or plagiarism unless you have been instructed to do so by your instructor. In case of any uncertainty regarding the ethical use of AI tools, students are encouraged to reach out to their instructors for clarification.

Course Policies

Attendance:

- Regular attendance in all classes is expected of all students.
- This course consists of a total of 32.5 hours.
- Students taking the course for credit (certificate option) need to be in class for 27.5 hours or more (85%) in order to pass the class. This means you may only be absent for 2 classes.
- Students taking the course for the Pass/No Pass option must be in class 23 hours or more (70%) in order to pass the class. This means you may only be absent for 4 classes.
- Any student who is running late to class or needs to be absent must notify the instructor by text (760-550-9206) or email (rebecca.agundez@imperial.edu).

Classroom etiquette:

- Electronic devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by instructor. The instructor may collect cell phones at the beginning of class and return them at the end of class if this rule is not followed.
- Tape recorders or cell phone recording or video will not be allowed in the classroom due to HIPAA laws.
- Food and drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception.
- Disruptive students: Students who disrupt or interfere with a class, such as students who come in late, leave and enter class several times or are repeatedly talking during lecture may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to class.
- The instructor reserves the right to assign student seating.
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children and family members are not allowed.



Other Course Information

- Students have two options when taking this class: for credit (receive a letter grade), and Pass/No Pass. Students taking the class as a Pass/No Pass course are expected to attend every class, participate, and complete all assignments in order to pass the course, but will not receive a letter grade for the class. Students interested in taking the class as a Pass/No Pass course need to let the instructor know the first day of class.
- All IVC students may print up to \$3.00 (30 copies) in any IVC computer lab or in the library at the beginning of each semester. Students need to log into Paper Cut using their IVC email and password in order to print/ make copies.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

| Date or Week | Activity, Assignment, and/or Topic | Course Objective or SLO |
|--------------------------|---|-------------------------|
| Week 1 Oct 2 & 4 | Syllabus & Introduction to class Communication and interacting with the Elderly | CO 5 |
| Week 2 Oct 9 & 11 | Nutrition for older adults | CO 1 |
| Week 3 Oct 16 - 18 | Risk reduction, home safety, and fall prevention | CO 4 & 7 SLO 1 |
| Week 4 Oct 23 & 25 | Aging as a family affair: The stress of caring for an elderly person Recognizing and reporting elder neglect and abuse | CO 3 & 6 SLO 2 |
| Week 5 Oct 30 & Nov 1 | Death, dying and the stages of grief | SLO 3 |
| Week 6 Nov 6 & 8 | End-of-life care. Hospice presentation Family Caregiving | CO 2 SLO 3 |
| Week 7 Nov 13 | Final Exam | |

*****Tentative Schedule, Subject to change*****