



Basic Course Information

Semester:	Fall 2023	Instructor Name:	Hugo Ortega
Course Title & #:	Intercollegiate Women's Soccer & PE ATHL 126	Email:	Hugo.ortega@imperial.edu
CRN #:	10428	Webpage (optional):	
Classroom:	Soccer Field	Office #:	
Class Dates:	7/31/23-11/17/23	Office Hours:	
Class Days:	M-F	Office Phone #:	
Class Times:	5:15 PM-7:20 PM	Emergency Contact:	
Units:	3	Class Format/Modality:	

Course Description

This class is designed for preparation and training involved with intercollegiate soccer competition. Maximum credit twelve units

Course Prerequisite(s) and/or Corequisite(s)

PREREQUISITES: - Eligibility will be determined by CCCAA rules

Student Learning Outcomes

[Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Perform with an increasing degree of proficiency, the skills and techniques of competitive soccer.
2. Increase and improve their physical conditioning for competitive soccer.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Execute dribbling techniques.
2. Execute shooting techniques.
3. Trapping techniques and skills.
4. Demonstrate heading skills.
5. Demonstrate passing skills.
6. Employ advanced individual and team strategies.
7. Demonstrate levels of physical fitness needed for intercollegiate athletics.



IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Week 1 and 2: Conduct a pre-test activity to see where student athlete is at.

Week 3 and 4: Conditioning and preparation for start of season.

Week 5-14: Practices will be planned according to how our season progresses. Subject to change depending on results and performance each game.

Week 15 and 16: Conduct a post-test activity to see how much student athlete has progressed throughout semester.

*****Subject to change without prior notice*****