IMPERIAL VALLEY COLLEGE

Thank you for choosing IVC! We are so happy to join you in your educational journey.

Basic Course Information

Semester:	**Spring 2023**	Instructor Name:	**Monica S. Minor**
Course Title & #:	**Intro. To Psy./ Psy 101**	Email:	**Monica.Minor@imperial.edu**
CRN #:	**20587**	Webpage (optional):	**www.wakelet.com/mminor**
Classroom:	**Online (Canvas)**	Office #:	**Online - Calendly**
Class Dates:	**02/13/23 – 06/09/23**	Office Hours:	**Mon/Thur: 4-5pm**
Class Days:	**Online**	Office Phone #:	**760-355-5716 (text or call)**
Class Times:	Online	Emergency Contact:	**7603555716**
Units:	3	Class Format:	Online

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

Course Prerequisite(s) and/or Corequisite(s)

Recommended: Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.

6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

Required: OpenStaxs Psychology. Book will be provided for free online through Canvas.

Course Requirements and Instructional Methods

Method of evaluation: Class activities, attendance, homework, quizzes, problem solving exercise, and written assignments.

Instructional Methodology: Audio, visual, demonstration, discussion, group activity, and lecture.

Quizzes: There will be 6 quizzes. More details about the quizzes are posted in Canvas. The quizzes will cover chapters and course material throughout the semester. No makeups for exams will be given without prior notification and/or documentation of an emergency.

Discussions: Each module has a discussion board. Students must participate in each discussion in the form of one original post, and one response post per module. Original posts must contain at least 5 – 10 full sentences and response posts must contain 5 full sentences for full credit. Discussion posts are due at each module's due date. Initial discussion post is due by Friday and reply posts due by Monday at 11:59 pm. The class week is from Monday to Monday. Late posts may be considered for partial credit.

Research Thought Paper: Students will be required to submit a 2-3 page APA format thought paper (not including the title and reference page). Details in Canvas modules.

Assignments: There will be 3 various assignments due. More details will be posted in the Canvas modules.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives		
Discussion Boards:	7 Discussion Activities	105 points
Research Thought Paper	1 @ 50 points each	50 points
6 Quizzes	Varied points (details in Canvas)	270 points
Assignments:	3 class assignments	75 points

Total Points:	Grade:
500 - 450	A
449 – 400	B
399 – 350	C
349 – 300	D
299 and below	F

Course Grading Based on Course Objectives

[Provide detailed information related to grading practices and grading scale, including values and totals. Consider adding final grade calculation, rubrics, late assignment policy, and other grading practices.]

Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

What does it mean to "attend" an online class?

Attendance is critical to student success and for IVC to use federal aid funds. Acceptable indications of attendance are:

- Student submission of an academic assignment
- Student submission of an exam
- Student participation in an instructor-led Zoom conference
- Documented student interaction with class postings, such as an interactive tutorial or computer-assisted instruction via modules
- A posting by the student showing the student's participation in an assignment created by the instructor
- A posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters
- An email from the student or other documentation showing that the student has initiated contact with a faculty member to ask a question about an academic subject studied in the course.
- Logging onto Canvas alone is NOT adequate to demonstrate academic attendance by the student

Online Netiquette:

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

How am I expected to act in an online "classroom" (especially Zoom)?

Attending a virtual meeting can be a challenge when there are many students on one conference call. Participating in such meetings may count as class attendance, but disruptive behavior may also result in you not being admitted to future meetings. Follow the tips below for best results:

1) **Be RESPECTFUL**
   a. Your written, verbal, and non-verbal communications should be respectful and focused on the learning topics of the class.
2) **Find a QUIET LOCATION & SILENCE YOUR PHONE (if zooming)**
   a. People walking around and pets barking can be a distraction.
3) **EAT AT A DIFFERENT TIME.**
   a. Crunching food or chugging drinks is distracting for others.
   b. Synchronous zoom times are set in advance so reserve meals for outside class meetings.
4) **ADJUST YOUR LIGHTING SO THAT OTHERS CAN SEE YOU**
   a. It is hard to see you in dim lighting so find a location with light.
   b. If your back is to a bright window, you will be what is called "backlit" and not only is it hard on the eyes (glare) but you look like a silhouette.
5) **POSITION THE CAMERA SO THAT YOUR FACE AND EYES ARE SHOWING**
   a. If you are using the camera, show your face; it helps others see your non-verbal cues.
   b. You may be at home, but meeting in pajamas or shirtless is not appropriate so dress suitably. Comb your hair, clean your teeth, fix your clothes, etc. before your meeting time to show self-respect and respect for others.

Other Course Information

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.
There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

How do I show academic honesty and integrity in an online "classroom"?
- **KEEP YOUR PASSWORDS CONFIDENTIAL.**
  - You have a unique password to access online software like Canvas. Never allow someone else to log-in to your account.
- **COMPLETE YOUR OWN COURSEWORK.**
  - When you register for an online class and log-in to Canvas, you do so with the understanding that you will produce your own work, take your own exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:
- Copying from others on a quiz, test, examination, or assignment;
- Allowing someone else to copy your answers on a quiz, test, exam, or assignment;
- Having someone else take an exam or quiz for you;
- Conferring with others during a test or quiz (if the instructor didn't explicitly say it was a group project, then he/she expects you to do the work without conferring with others);
- Buying or using a term paper or research paper from an internet source or other company or taking any work of another, even with permission, and presenting the work as your own;
- Excessive revising or editing by others that substantially alters your final work;
- Sharing information that allows other students an advantage on an exam (such as telling a peer what to expect on a make-up exam or prepping a student for a test in another section of the same class);
- Taking and using the words, work, or ideas of others and presenting any of these as your own work is plagiarism. This applies to all work generated by another, whether it be oral, written, or artistic work. Plagiarism may either be deliberate or unintentional

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

How do I access services now that we are mostly online?
- CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1	Module 0: Syllabus • Acquire course materials, become familiar with Canvas and the course.	Review Module 0
Week 2	Module 0: Introduction and Review Canvas	Monday @ 11:59 pm

Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
	• Discussion Post	
Week 3	Module 1: • Chapter 1 – Thinking critically with Psychology • Discussion Post	Monday @ 11:59 pm
Week 4	Module 2: • Chapter 2 – Psychological Research	Quiz 1: Ch. 1 & 2 due on Monday @ 11:59 pm
Week 5	Module 3: • Chapter 3- Biological Psychology • Discussion Post	Monday @ 11:59 pm
Week 6	Module 4: • Chapter 4 – States of Consciousness	Quiz 2: Ch. 3 & 4 due on Monday @ 11:59 pm
Week 7	Module 5: • Chapter 5 – Sensation & Perception • Discussion Post	Monday @ 11:59 pm
Week 8	Module 6: • Chapter 6 – Learning	Quiz 3: Ch. 5 & 6 due on Monday @ 11:59 pm
Week 9	Module 7: • Chapter 7 – Thinking & Intelligence • Research Thought Paper (Details in Canvas)	Monday @ 11:59 pm
Week 10	Module 8: • Chapter 8 – Memory	Quiz 4: Ch. 7 & 8 due on Monday @ 11:59 pm
Week 11	Module 9: • Chapter 11 – Personality • Assignment: Big 5 Personality Questionnaire	Monday @ 11:59 pm
Week 12	Module 10: Chapter 12- Social Psych	Quiz 5: Ch. 11 & 12 due on Monday @ 11:59 pm
Week 13	Module 11: • Chapter 14 Stress, lifestyle, & health • Assignment: Life stress and health	Monday @ 11:59 pm
Week 14	Module 13: • Chapter 15 – Psychological Disorders • Discussion Post	Monday @ 11:59 pm
Week 15	Module 14: • Chapter 16 – Therapy & Treatment	Review for Quiz
Week 16	Module 15: • Discussion Post • Concept Mapping Assignment	Quiz 6: Ch. 14, 15, 16

Subject to change without prior notice