

Pharmacology I: NURS 109: SPRING 2023 Course Schedule_rev 12 28 2022

Basic Course Information

| | | | Julie Kunath MS APRN AGPCNP-BC |
|----------------|-------------------------|------------------|--------------------------------------|
| Semester: | SPRING 2023 | Instructor Name: | ACCNS-AG CCRN-K CNE |
| Course Title & | | | |
| #: | Pharmacology I NURS 109 | Email: | Julie.kunath@imperial.edu |
| | | Webpage | |
| CRN #: | 20391 | (optional): | CANVAS |
| Classroom: | 2110 | Office #: | 2103 |
| | | | Mondays 1315 – 1515; Tuesdays 1430 – |
| Class Dates: | 02/13 - 06/09/2023 | Office Hours: | 1530; Thursdays 1300 – 1400 |
| Class Days: | Mondays | Office Phone #: | (760) 355 - 6422 |
| | | Emergency | |
| Class Times: | 1200 - 1305 | Contact: | Nursing Office (760) 355 - 6348 |
| Units: | 1 | Class Format: | In-person |

Course Description

This course provides an introduction to the principles of pharmacology, including: pharmacokinetics, pharmacodynamics, medication interactions and potential adverse medication reactions. Emphasis will be placed on life span issues, gene therapy, medication errors, substance abuse, immunizations and OTC, herbal and dietary medications. Focus will be on nursing actions and rationale for the concepts and medications covered.

Course Prerequisite(s) and/or Corequisite(s)

Prerequisite: Admission to the Associate Degree Nursing Program

Corequisite: NURS 107 Fundamentals

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Differentiate the principles of pharmacology, pharmacodynamic, pharmacokinetics, pharmacogenetics, therapeutics, legal, ethical, and cultural influences to medication utilization by passing the final with 78% or better. (ILO 1,2,4)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Apply principles of pharmacology, pharmacokinetics, pharmacodynamics and drug administration including adverse drug effects and medication errors to medication therapy.



- 2. Understand the legal and ethical implications, with historical and current drug regulation, substance abuse and psychosocial, gender and cultural influences to medication utilization and administration.
- 3. Apply principles of pharmacotherapy in the dimensions of the pediatric, geriatric, pregnant and lactating patient.
- 4. Recognize the major classifications of medications, common medications within each classification, their side effects, and contraindications.
- 5. Discuss nursing implications and concepts of safety when performing medication administration.

Textbooks & Other Resources or Links

REQUIRED

Burchum, J. R., & Rosenthal, L. D. (2021). Lehne's pharmacology for nursing care (11th ed). Elsevier.

- Newest Edition paperback ISBN: 9780323825221
- Newest Edition eBook ISBN: 9780323825245
- Newest Edition Binder Ready Version **ISBN-13**: 978-0323829717

RN Pharmacology for Nursing. ATI nursing education. (Content Mastery Series: Review Module)

ATI: Pharmacology Made Easy (online within ATI package)

Course Requirements and Instructional Methods

A. Hours

NURS 109 is a 1.0 unit theory course. Synchronous sessions will be held once a week for one hour. A minimum requirement of 2-3 hours of class preparation will be expected each week.

B. Assignments:

Reading, videos, internet resources, and writing assignments are required. Students will be expected to read, understand, and critique information from college level textbooks, nursing journals, or equivalent. Additional reading assignments will be required to supplement textbook material. Writing assignments will reflect the objectives listed and may include, but not be limited to, short essays, posters, and/or professional papers. Outside assignments including but not limited to nursing lectures, independent exercises, and online learning activities may be assigned and are required.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. Students are expected to develop original work for this course.

Schedule may change at the discretion of the instructor, taking into account the progress of students with the materials. Any change will be announced in class or via email through Canvas. Students are held responsible for all materials covered in the syllabus and for any changes that are announced in class, sent by email or announced through Canvas.



It is recommended that if a grade falls below 82% that the student arrange to meet with the faculty member. Faculty can be reached in person (limited), by email, by Zoom appt or during office hours via Zoom to discuss grades or other classroom matters.

The student is responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. **Failure to pass this class will affect your ability to progress to the next semester.** Students failing or withdrawing must complete a Petition to Re-Enter.

Course Grading Based on Course Objectives

Students must maintain a "C" average grade as determined by the scale below:

A = 93-100%

B = 85-92%

C = 78-84%

F = Below 78%

Grades will not be "rounded". To advance to the next semester, a "C" or better is required in this course and the co-requisite courses. The course grade will be computed as follows: 10% from homework/assignments, 10% from quizzes (in class, take-home, or online), 45% will come from an average of the three exams prior to the final exam, and 35% of the course grade will come from the final exam.

| Homework/assignments/ATI | 10% | |
|--------------------------|------------|--|
| Quizzes | 10% | |
| Exam 1 | 15% | |
| Exam 2 | 15% | |
| Exam 3 | 15% | |
| Final Exam | <u>35%</u> | |
| Total | 100% | |

All of the following must be attained to successfully pass this course:

- a. **Theory (exams) grade** must have a **total equivalent of 78% or greater**. This requirement must be met in order to progress to the Final Exam.
- b. Final Theory Exam score must be passed at a 78% or greater.
- c. **Total grade calculation** must be passed at a **78% or greater**.
- d. Attendance requirements as noted below must be met.

Testing will include 3 examinations in addition to written, demonstration, and oral assignments, and a final examination. Pop quizzes may be included. EXCEPT FOR UNDER EXTREME CIRCUMSTANCES, THERE WILL BE NO MAKE-UPS FOR TESTS OR QUIZZES MISSED DUE TO ABSENCE.

Online Zoom Meetings: (Scheduled class time is planned as in-person)

How am I expected to act in an online "classroom" (especially Zoom)?



Attending a virtual meeting can be a challenge when there are many students on one conference call. Participating in such meetings may count as class attendance, but disruptive behavior may also result in you not being admitted to future meetings. Follow the tips below for best results:

1) Be RESPECTFUL

a. Written, verbal, and non-verbal communications should be respectful and focused on learning topics of the class.

2) Find a QUIET LOCATION & SILENCE YOUR PHONE (if zooming)

a. People walking around and pets barking can be a distraction.

3) EAT AT A DIFFERENT TIME.

- a. Crunching food or chugging drinks is distracting for others.
- b. Synchronous zoom times are set in advance so reserve meals for outside class meetings.

4) ADJUST YOUR LIGHTING SO THAT OTHERS CAN SEE YOU

- a. It is hard to see you in dim lighting so find a location with light.
- b. If your back is to a bright window, you will be what is called "backlit" and not only is it hard on the eyes (glare) but you look like a silhouette.

5) POSITION THE CAMERA SO THAT YOUR FACE AND EYES ARE SHOWING

- a. If you are using the camera, show your face; it helps others see your non-verbal cues.
- b. You may be at home, but meeting in pajamas or shirtless is not appropriate so dress suitably. Comb your hair, clean your teeth, fix your clothes, etc. before your meeting time to show self-respect and respect for others.

6) Be READY TO LEARN AND PAY ATTENTION

- a. Catch up on other emails or other work later.
- b. Silence your phone and put it away during Zoom classes.
- c. Turn off TV, radios to reduce background noise.

7) USE YOUR MUTE BUTTON WHEN IN LOUD PLACES OR FOR DISTRACTIONS

a. Pets barking, children crying, sneezing, coughing, etc. can happen unexpectedly. It's best if you conference in a private space, but if you can't find a quiet place, when noises arise **MUTE** your laptop.

8) REMEMBER TO UNMUTE WHEN SPEAKING

- a. Follow your instructor's directions about using the "raise hand" icon or chat function to be recognized and to speak, but make sure you have unmuted your device.
- b. Do not speak when someone else is speaking.

9) REMAIN FOCUSED AND PARTICIPATE IN THE MEETING

- a. Engage in the meeting. Look at the camera. Listen to instruction. Answer questions when asked.
- b. Do not use the Zoom meeting to meet with your peers or put on a "show" for them.

10) PAUSE YOUR VIDEO IF MOVING OR DOING SOMETHING DISTRACTING

a. In case emergencies happen and you need to leave the room or get up and move about, stop your zoom video.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.



Anticipated Class Schedule/Calendar

Tentative, subject to change without prior notice
Reading and assignments due before class are to be completed so that you may be an active participant in class activities and discussion.

| an active participant in class activities and discussion. | | |
|---|---|--|
| SPRING 2023 | Pre-Class Assignments: | |
| MON 1200-1305 | Assigned Reading: Lehne's Pharm Text 11e | |
| Week/Date | | |
| TOPICS and In-Class Activities | | |
| Week 1 | Chapters 1, 2 & 3 | |
| February 13 | <u>Chapter 1:</u> Orientation to Pharmacology | |
| 1 coluary 13 | Chapter 1. Offentation to I harmacology | |
| Syllabus Review | <u>Chapter 2</u> : Application of Pharmacology to Clinical | |
| Review on accessing resources within Canvas | Practice | |
| U | | |
| Review Textbook setup | <u>Chapter 3</u> : Drug Regulation Development, Names, | |
| Tips to Succeed in Pharm | and Information | |
| Drug Card Format | | |
| | Review KeyPoints for each chapter. | |
| Pharmacology Basics | Practice Evolve questions and review rationales . | |
| Week 2 | Chamber 4 | |
| Week 2 February 20 (No Class) | Chapter 4 Chapter 4: Pharmacelrinetics | |
| Application of Pharmacokinetics | Chapter 4: Pharmacokinetics | |
| Application of Filatiniacokinetics | Review KeyPoints for each chapter. | |
| | Practice Evolve questions and review rationales . | |
| | Tractice Every questions and Peview Patronales. | |
| Week 3 | Chapters 5 & 6 | |
| February 27 | <u>Chapter 5</u> : Pharmacodynamics | |
| | | |
| Pharmacodynamics | <u>Chapter 6</u> : Drug Interactions | |
| Dose-Response | | |
| Drug-Receptor interactions | Review KeyPoints for each chapter. | |
| Interpatient Variability | Practice Evolve questions and review rationales . | |
| Drug-Drug Interactions | | |
| Drug-Food Interactions | | |
| Drug-Supplement Interactions | | |
| | | |
| Week 4 | EXAM 1: All content from weeks 1 – 3, which | |
| March 6 | include chapters 1, 2, 3, 4, 5 & 6 in Lehnes and Introduction module in PME 4.0 | |
| EXAM 1 | incroduction module in FME 4.0 | |
| Week 5 | Chapter 7 | |
| | | |
| | Chapter 7: Adverse Drug Reactions and Medication | |
| March 13 | <u>Chapter 7</u> : Adverse Drug Reactions and Medication Errors | |
| | | |



| Dlack Poy Warnings | Practice Evolve questions and review rationales . |
|---|--|
| Black Box Warnings Medication Errors | Practice Evolve questions and review rationales . |
| | |
| • Types | |
| • Causes | |
| Reduction Methods | |
| Reporting Errors | |
| Week 6 | Chapters 40, 41, 42 & 43 |
| March 20 | Chapter 40: Substance Use Disorders I- Basic |
| March 20 | Considerations |
| Pharmacology of Drug Abuse | donsiderations |
| • Definitions | Chapter 41: SUD II- Alcohol |
| Contributing Factors | |
| Neurobiology of SUD | Chapter 42: SUD III- Nicotine |
| Principles of Treatment | • |
| Controlled Substances (DEA Schedules) | Chapter 43: SUD IV- Major Drugs of Abuse Other |
| Alcohol Effects on Body Systems | Than Alcohol and Nicotine |
| Pharmacokinetics | |
| Tolerance vs Physical Dependence | Review KeyPoints for each chapter. |
| Interactions | Practice Evolve questions and review rationales . |
| Overdose | |
| Alcohol Use Disorder | |
| Drugs and Treatment | |
| Nicotine and Smoking | |
| Mechanism of Action | |
| Effects/Toxicity | |
| Smoking Cessation | |
| Nicotine Replacement | |
| Heroin, Oxycodone & other Opioids - | |
| management | |
| Week 7 | Chapters 11 & 12 |
| March 27 | <u>Chapter 11</u> : Drug Therapy During Pregnancy and |
| | Breast-Feeding |
| Basic Considerations During Pregnancy | |
| Placental transfer | <u>Chapter 12</u> : Drug Therapy in Pediatric Patients |
| Teratogenesis | |
| FDA Preg Risk Categories | Review KeyPoints for each chapter. |
| New Labeling Rules | Practice Evolve questions and review rationales . |
| Lactation and Drugs | |
| Pediatric Patients | |
| Pharmacokinetics: Neonates& Infants | |
| | |
| Pharmacokinetics: 1 year and older | |
| Promoting adherence in children | |



| Week 8 | Weeks 5, 6, & 7 material will be majority of |
|---|--|
| April 3 Exam 2 | EXAM 2. There will be 5 – 10 questions from EXAM 1 material. |
| NO CLASSES 4/10 - 4/15/2023 APRIL 10 | |
| Week 9 | Chapter 13 |
| April 17 | <u>Chapter 13</u> : Drug Therapy in Older Adults |
| Drug Therapy in Older Adults Pharmacokinetic changes Pharmacodynamic changes Adverse Drug Reactions How to reduce ADRs Drug Interactions Adherence End of Life Considerations | Review KeyPoints for each chapter. Practice Evolve questions and review rationales . |
| Week 10 April 24 | Chapters 8 & 86 Chapter 8: Individual Variation in Drug Responses |
| Variation in Drug Responses Body habitus, age Pathophysiology Tolerance Placebo Effect Absorption Variables Genetics Gender/Race Variables Comorbidities Diet Complementary & Alternative Tx Regulation of Supplements Standardization of Herbals Commonly used Dietary Supplements Harmful Supplements to Avoid | Chapter 86: Complementary and Alternative Therapy Review KeyPoints for each chapter. Practice Evolve questions and review rationales. |
| Week 11 May 1 | Chapters 70, 71 & 72 Chapter 70: Review of Immune System |
| Natural vs Specific Acquired Cell-Mediated vs Ab-Mediated Cells of the Immune System Antibodies vs Antigens Immune Responses | <u>Chapter 71</u> : Childhood Immunization <u>Chapter 72</u> : Immunosuppressants (cyclosporine, sirolimus, methotrexate groups only) |
| ImmunizationsDefinitionsActive vs Passive | Review KeyPoints for each chapter. Practice Evolve questions and review rationales . |



| Records of immunizations | |
|---|---|
| Adverse Effects | |
| Immunization Schedule | |
| Target Diseases | |
| Consider Manager (AF/CI) | |
| Specific Vaccines (AE/CI) | |
| Immunosuppressants Overview | |
| Week 12 | EXAM 3: |
| May 8 | The majority of EXAM 3 content will be from |
| | weeks 9, 10, & 11. There will be 5 - 10 |
| EXAM 3 | questions from previous material. |
| Week 13 | Chapters 14, 15, 16, 17 & 18 |
| May 15 | <u>Chapter 14</u> : Basic Principles of |
| | Neuropharmacology |
| Neuropharmacology: | |
| Basic Mechanisms of Action | <u>Chapter 15</u> : Physiology of the Peripheral Nervous |
| Synaptic Transmission Steps & Drug | System |
| Effects | |
| Autonomic Nervous System (ANS) | <u>Chapter 16</u> : Muscarinic Agonists |
| Parasympathetic Nervous System | |
| Sympathetic Nervous System | <u>Chapter 17</u> : Muscarinic Antagonists |
| | |
| Feedback Regulation | <u>Chapter 18</u> : Cholinesterase Inhibitors and Their |
| Peripheral Nervous System (PNS) | Use in Myasthenia Gravis |
| Cholinergic & Adrenergic Receptors | Review KeyPoints for each chapter. |
| Specificity | Practice Evolve questions and review rationales . |
| | ractice by one questions and review rationales. |
| Cholinergic Drugs: Muscarinic- | |
| Agonists & Antagonists | |
| Cholinesterase Inhibitors | |
| | |
| Wools 14 | Chapters 10, 20, 21, 22, 9, 22 |
| Week 14 | Chapters 19, 20, 21, 22 & 23 Chapter 19, Drugs That Block Nicotinic Chalinardic |
| May 22 | <u>Chapter 19</u> : Drugs That Block Nicotinic Cholinergic |
| Nouromusqular Placking Agents | Transmission: Neuromuscular Blocking Agents |
| Neuromuscular Blocking AgentsAdrenergic Agonists (alpha & beta) | <u>Chapter 20</u> : Adrenergic Agonists |
| Adrenergic Agonists (alpha & beta) Adrenergic Antagonists (alpha & beta) | diapter 20. Autenergie agomous |
| Adrenergic Antagonists (alpha & beta) Centrally Acting Alpha2-Agonists | <u>Chapter 21</u> : Adrenergic Antagonists |
| Headache Medications | wind for my |
| Treatache Medications | <u>Chapter 22</u> : Indirect-Acting Antiadrenergic Agents |
| | |
| | <u>Chapter 33</u> : Drugs for Headache |
| | |
| | Review KeyPoints for each chapter. |
| | Practice Evolve questions and review rationales . |
| | |



| Week 15 May 29 (No Class) | Chapters 31 & 32 <u>Chapter 31</u> : Opioid Analgesics, Opioid Antagonists, and Nonopioid Centrally Acting Analgesics |
|--|--|
| Opioid/Non-opioids Pain Management in CA | Chapter 32: Pain Management in Patients with Cancer |
| Anesthetic and Anesthesia Malignant Hyperthermia Inhalation Anesthetics Intravenous Anesthetics | Chapters 29 & 30 Chapter 29: Local Anesthetics Chapter 30: General Anesthetics Review KeyPoints for each chapter. Practice Evolve questions and review rationales. |
| Week 16 June 5 th Final Exam | FINAL EXAM: Majority of content is from weeks 13-15 with about 5-10 questions from previous material. |

^{***}Subject to change without prior notice***