

### Basic Course Information

Semester:	<b>Spring 2023</b>	Instructor Name:	<b>Setareh Madani</b>
Course Title & #:	<b>Human Physiology – BIOL 206</b>	Email:	<b>Setareh.madani@imperial.edu</b>
CRN #:	<b>20030</b>	Webpage (optional):	<a href="http://www.imperial.edu/students/canvas">http://www.imperial.edu/students/canvas</a>
Classroom:	<b>Real Time Online</b>	Office #:	<b>Room# 2779      Online Office via Zoom:</b> <a href="https://cccconfer.zoom.us/j/6512389098">https://cccconfer.zoom.us/j/6512389098</a>
Class Dates:	<b>2/13/2023 – 6/9/2023</b>	Office Hours:	<b>MTWR 8:30 – 9:30 am Online via Zoom (Use the link above)</b>
Class Days:	<b>MW</b>	Office Phone #:	<b>760 355 6148</b>
Class Times:	<b>9:35 – 10:40 am 10:50 am – 2:00 pm</b>	Emergency Contact:	<b>Department Secretary: 760 355 6155</b>
Units:	4		

**Note: 1. This course is fully online and it is synchronous (real time via Zoom), 2. Every session starts at 9:35 am, then a break, and then, the class continues. This is what shown in the top table; it DOES NOT MEAN THAT WE HAVE TWO DIFFERENT CLASS TIMES/GROUPS TO CHOOSE.**

### Course Description

Lecture and laboratory course designed to introduce the function of the human body from cellular through organ system levels of organization. Emphasis will be on integration of body systems and their interrelationships for maintaining homeostasis. The practical applications of the basic concepts are presented. This course may require the use of human cadavers for observation and/or dissection. (C-ID: BIOL 120B) (CSU, UC credit limited. See a counselor.)

### Course Prerequisites

CHEM 100 and BIOL 204 with grades of “C” or better; or appropriate placement as defined by AB705, or MATH 098 or MATH 091 with a grade of “C” or better and current California LVN/RN license.

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and/or attitudes as demonstrated by being able to:

1. Display critical thought related to key concepts in human anatomy and physiology using written and/or oral forms of expression and examination. (ILO1, ILO2, ILO5)
2. Identify basic anatomy and physiological processes related to the human body. (ILO1& ILO2)

### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. List the classification and characteristics of the human organism and describe the body's organization, region, and cavities.
2. Describe the structure and function of the cells, cell organelles, and cell division, genetic regulation, and protein synthesis.
3. List and describe the types, functions, and locations of the different tissues in the body.
4. Describe the structure and functions of the integumentary system.
5. Describe the structure and functions of the skeletal system and identify the main bones and joints and different types of articulations.
6. Explain the structure and functions of the muscular system, molecular model of muscle contraction, and identify main muscles' names, locations, and actions.
7. Explain transmission and regulation of nerve impulses, and describes the structure and functions of the nervous system, including the brain, spinal cord, and sensory organs.

### Textbooks & Other Resources or Links

J. G. Betts et al. *Anatomy and Physiology* OpenStax, ISBN: 9781938168130. This is an OER textbook and digital access to this textbook is free: <https://openstax.org/details/books/anatomy-and-physiology>

Sherwood, L. 2016. *Human Physiology: From Cells to Systems*, 9th Ed. Cengage. ISBN: 9781285866932

### Course Requirements and Instructional Methods

This is an intensive lecture/lab course. Teaching will be aided with the use of PowerPoint, based on the materials derived from the textbook and other sources. Make sure that you attend all the sessions, or you will fall behind.

- **There are NO Make-Up exams or class/ lab activities. Only one absence/misled work will be excused; more than one will start to decrease your final grade.**
- The final grade will be based on the exams (7 exams, including the final exam in two parts) and weekly assignments, including simulated labs and online quizzes.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

### Course Grading Based on Course Objectives

Final grade will be assigned based on the total points that a student earns in both lecture and laboratory sessions;

5 Exams	5 x 50 pts	250 pts
Final Exam (parts 1 and 2)	2 x 50 pts	100 pts
Weekly assignments, including simulated labs, online quizzes, etc.		350 pts
<b>Total</b>		<b>700 pts</b>

**A: 90 – 100 %**

**B: 80 – 89.9 %**

**C: 70 – 79.9 %**

**D: 60 – 69.9 %**

## Attendance

- A student who fails to attend the first meeting of a class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

## Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- **Food and Drink are prohibited in all labs.** Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

## Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

## Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services \(DSP&S\)](#) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential,

supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information.

### **Veteran's Center**

The mission of the [IVC Military and Veteran Success Center](#) is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

### **Extended Opportunity Program and Services (EOPS)**

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, [lourdes.mercado@imperial.edu](mailto:lourdes.mercado@imperial.edu).

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, [alexis.ayala@imperial.edu](mailto:alexis.ayala@imperial.edu).

### **Student Equity Program**

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need,

Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

### **SOME IMPORTANT DATES TO REMEMBER:**

- **February 25:** Deadline to register for full term courses.  
Deadline to drop full term courses and be eligible for a Refund.
- **February 26:** Deadline to drop without course appearing on transcript (without receiving a W); fees will be charged and no refunds given.
- **May 13, Saturday:** Deadline to drop full term courses (with a W and with no refund.)



**Anticipated Class Schedule/Calendar**

<b>Week &amp; Date</b>	<b>Lecture</b>	<b>Laboratory</b>
Week 1 Feb 13 – 16	Introduction, Syllabus Ch. 1: An introduction to Physiology. Chemistry of Life	Refer to Announcement week 1 on Canvas page
Week 2 Feb 20 – 23	<b>Monday, Feb 20: Washington's Day/No Classes</b> Chemistry of Life. Cell Physiology: Ch. 2	Refer to Announcement week 2 on Canvas page
Week 3 Feb 27 – Mar 2	Cell Physiology: Ch. 2 Plasma membrane and membrane potential: Ch. 3	Refer to Announcement week 3 on Canvas page
Week 4 Mar 6 – 9	<b>Monday, March 6: EXAM 1</b> (Chapters 1 – 3) Principles of neural and hormonal communication: Ch. 4	Refer to Announcement week 4 on Canvas page
Week 5 Mar 13 – 16	Central Nervous System: Ch. 5 Peripheral Nervous System: Afferent Division; Ch. 6	Refer to Announcement week 5 on Canvas page
Week 6 Mar 20 – 23	Peripheral Nervous System: Efferent Division; Ch. 7 <b>Wed, March 22: EXAM 2</b> (Refer to the study guide.)	Refer to Announcement week 6 on Canvas page
Week 7 Mar 27 – 30	Endocrine System: Ch. 18 & 19	Refer to Announcement week 7 on Canvas page
Week 8 Apr 3 – 6	Muscle Physiology: Ch. 8 Cardiac Physiology: Ch. 9	Refer to Announcement week 8 on Canvas page
	<b>April 10 – 16: SPRING RECESS</b>	
Week 9 Apr 17 – 20	<b>Mon, April 17: EXAM 3</b> (Refer to the study guide.) Blood Vessels and Blood Pressure: Ch. 10	Refer to Announcement week 9 on Canvas page
Week 10 Apr 24 – 27	Blood: Ch. 11 Immunity: Ch. 12	Refer to Announcement week 10 on Canvas page
Week 11 May 1 – 4	<b>Mon, May 1: EXAM 4</b> (Refer to the study guide.) Respiratory System; Ch. 13	Refer to Announcement week 11 on Canvas page
Week 12 May 8 – 11	Urinary System: Ch. 14 Fluid and Acid-Base Balance: Ch. 15	Refer to Announcement week 12 on Canvas page
Week 13 May 15 – 18	Digestive System: Ch. 16	Refer to Announcement week 13 on Canvas page
Week 14 May 22 – 25	<b>Mon, May 22: EXAM 5</b> (Refer to the study guide.) Reproductive System: Ch. 20	Refer to Announcement week 14 on Canvas page
Week 15 May 29 – Jun 1	<b>Monday, May 29: Memorial Day, No Classes</b> Energy Balance: Ch. 17	Refer to Announcement week 15 on Canvas page
Week 16 Jun 5 – 8	<b>Mon, Jun 5: FINAL EXAM, part 1</b> <b>Wed, Jun 7: FINAL EXAM, part 2</b>	

**\*\*\*Tentative, subject to change without prior notice. Students will be informed\*\*\***