



IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	Winter 2023	Instructor Name:	Brenda Estrada
Course Title & #:	PSY 101: Intro to Psychology	Email:	Brenda.estrada@imperial.edu
CRN #:	15044	Webpage (optional):	www.imperial.edu
Classroom:	411	Office #:	IVC -203 E
Class Dates:	Jan 3rd- February 3rd	Office Hours:	By appointment
Class Days:	Monday-Friday	Office Phone #:	760-997-6048/Cellphone
Class Times:	10:00-12:10 pm	Emergency Contact:	760-997-6048
Units:	3.00	Class Format:	Face-to-Face

Course Description

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID: PSY 110) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

Twelfth grade reading level is highly recommended.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain.
2. Identify different parenting styles and their effect on human development.
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.

4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

Introduction to Psychology 11th edition, by David G. Myers and C. Nathan Dewall ISBN-13: 978-1319104191
ISBN-10: 1319104193

Course Requirements and Instructional Methods

This class is strictly via Face-to-Face

Method of evaluation: Quizzes, discussions and group assignment.

Instructional Methodology: Audio, visual, demonstration and discussion.

- **Class Discussions:** There will be 5 class discussions. This will be located in the “Discussions” section in Canvas. Discussions are worth 5 points. Reply to your peers-worth 5 points. *Total of 10-points.*

Weekly Quizzes: There will be 4 quizzes

- 10-questions each
- Multiple-choice and true/false questions.
- Study guides will be provided.

Final Exam: The final exam will be composed of chapters 13-15 (25-questions). Each question is worth 2-points.

Group Presentation (Final): Students will be required to present a PowerPoint assignment *on an influential psychological experiment*. Students will have the opportunity to work with other classmates to complete this assignment.

CLASS PARTICIPATION AND ATTENDANCE: Class attendance and participation are expected and is worth 50 points.

Students will have the opportunity to submit an extra credit assignment at the end of the course.

Course Grading Based on Course Objectives

90-100%= A

80-89%= B

70-79%=C

60-69%= D

0-59%=F

<i>Quizzes(4) *10 points each</i>	<i>40 points</i>
<i>Final Exam</i>	<i>50 points</i>
<i>Group Presentation</i>	<i>100 points</i>
<i>Participation</i>	<i>25 points</i>
<i>Class discussions (5) *10 Points each</i>	<i>50 points</i>

Total points: 265 points

Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absence exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

Online Netiquette

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

- Students are to comply with the following rules of netiquette:

- (1) identify yourself,
- (2) include a subject line,
- (3) avoid sarcasm,
- (4) respect others’ opinions and privacy,
- (5) acknowledge and return messages promptly,
- (6) copy with caution,
- (7) do not spam or junk mail,
- (8) be concise,
- (9) use appropriate language,
- (10) use appropriate emoticons (emotional icons) to help convey meaning, and
- (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another’s work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one’s own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to “cite a source” correctly, you must ask for help.

- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination

or on an assignment; (c) communicating test information with another person during an examination; (d)

allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service. How do I show academic honesty and integrity in an online “classroom”?

- **KEEP YOUR PASSWORDS CONFIDENTIAL.**

) You have a unique password to access online software like Canvas. Never allow someone else to log-in to your account.

- **COMPLETE YOUR OWN COURSEWORK.**

 o When you register for an online class and log-in to Canvas, you do so with the understanding that you will produce your own work, take your own exams, and will do so without the assistance of others (unless directed by the instructor).

Examples of Academic Dishonesty that can occur in an online environment:

- Copying from others on a quiz, test, examination, or assignment;
- Allowing someone else to copy your answers on a quiz, test, exam, or assignment;
- Having someone else take an exam or quiz for you;
- Conferring with others during a test or quiz (if the instructor didn’t explicitly say it was a group project, then he/she expects you to do the work without conferring with others);
- Buying or using a term paper or research paper from an internet source or other company or taking any work of another, even with permission, and presenting the work as your own;
- Excessive revising or editing by others that substantially alters your final work;
- Sharing information that allows other students an advantage on an exam (such as telling a peer what to expect on a make-up exam or prepping a student for a test in another section of the same class);
- Taking and using the words, work, or ideas of others and presenting any of these as your own work is plagiarism. This applies to all work generated by another, whether it be oral, written, or artistic work. Plagiarism may either be deliberate or unintentional.

Other Course Information

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College’s main Learning Management System. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- **Library Services.** There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)



IMPERIAL VALLEY COLLEGE

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations. Student Counseling and Health Services Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC Mental Health Counseling Services at 760- 355-6310 in Room 1536 for more information.

Veteran' Center

The mission of IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/ veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population. Also, under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, lourdes.mercado@imperial.edu.

- EOPS provides additional support and services that may identify with one of the following experiences:
- Current and former foster youth students that were in the foster care system at any point in their lives
 - Students experiencing homelessness
 - Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, alexis.ayala@imperial.edu.

Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success



and achievement. Our institutional data provides insight surrounding student populations who historically, are 7 not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

- The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

Students Rights and Responsibility

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 Jan 3rd – 6 th	Introduction to the class Chapter 1: Thinking Critically with Psychological Science Chapter 2: The Biology of Behavior	Welcome Email Introduction to the class Class activities <i>Quiz #1 (Chapters 1-2)- Jan 6th</i> <i>Weekly discussion- Jan 6th</i>



Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 2 Jan 9 th -13 th	Chapter 3: Consciousness and the Two-Track Mind Chapter 4: Developing Through the Life Span Chapter 5: Sex, Gender, and Sexuality	Class activities <i>Quiz #2 (Chapters 3-5)- Jan 13th</i> <i>Weekly discussion- Jan 13th</i>
Week 3 Jan 17 th - 20 th	Chapter 6: Sensation and Perception Chapter 7: Learning Chapter 8: Memory Chapter 9: Thinking, Language and Intelligence	Class activities <i>Quiz #3 (Chapters 6-9)- Jan 20th</i> <i>Weekly discussion- Jan 20th</i>
Week 4 Jan 23 rd -27 th	Chapter 10: Motivation and Emotion Chapter 11: Stress, Health and Human Flourishing Chapter 12: Social Psychology	Class activities <i>Quiz #4 (Chapters 10-12)- Jan 27th</i> <i>Weekly discussion- Jan 27th</i>
Week 5 Jan 30 th - Feb 3 rd	Chapter 13: Personality Chapter 14: Psychological Disorders Chapter 15: Therapy	<i>Weekly discussion- Feb 3rd</i> <i>Final (Chapters 13-15)- Feb 2nd</i> <i>Group Presentation - February 3rd</i>

*****Subject to change without prior notice*****