

### Basic Course Information

Semester:	<b>Fall 2022</b>	Instructor Name:	<b>Bonnie Walther</b>
Course Title & #:	<b>ADS 251 Co-Occurring Disorders</b>	Email:	<b>Bonnie.walther@imperial.edu</b>
CRN #:	<b>10560</b>	Webpage (optional):	<b>NA</b>
Classroom:	<b>810</b>	Office #:	<b>Via Zoom</b>
Class Dates:	<b>8/15-12/10</b>	Office Hours:	<b>Tuesdays 4:30- 5:30</b>
Class Days:	<b>Tuesday</b>	Office Phone #:	<b>(760) 970-1040</b>
Class Times:	6:30- 9:40 PM	Emergency Contact:	<b>Email</b>
Units:	3.0	Class Format:	In Person

### Course Description

This course will introduce students to co-occurring disorders and treatment needs of those who have a psychiatric or mental health disorder in combination with a substance abuse disorder. Students will learn to identify, examine, screen and gain knowledge in assessment tools to evaluate the presence and severity of co-occurring disorders. This course also explores the treatment of persons with co-occurring disorders. Strategies for risk management associated with treating individual modalities with co-occurring disorders are presented. (CSU).

### Student Learning Outcomes

*Upon course completion, the successful student will have acquired new skills, knowledge, and/or attitudes as demonstrated by being able to:*

1. *Recognize the most prevalent mental disorders.*
2. *Recognize the assessment criteria for mental disorders reflected in the current DSM-5 and commonly associated with substance abuse.*
3. *Recognize the current interaction of mental disorder with chemical dependency- e.g. Etiology, prevalence, treatment, medication, research, and clinical management.*

### Course Objectives

*Upon satisfactory completion of the course, students will be able to:*

1. *Counsel clients with coexisting substance abuse dependency and mental illness.*
2. *Identify the current status of treatment of dually diagnosed persons.*

3. *Understand the relationship between alcohol/drug use and psychiatric symptoms*
4. *Define mental disorders and substance abuse as presented in the current edition of Diagnostic and Statistical Manual of Mental Disorder (DSM-5) and understand the implications and applications in assessing a client.*
5. *Prepare a treatment plan for mental health, substance abuse, and/or dual diagnosis.*
6. *Define and explain the dangers of dual relationships with clients.*
7. *Explain the importance of cultural sensitivity in dual diagnosis field.*
8. *Recognize the potential for substance abuse disorders to mimic a variety of medical and psychological disorders.*

### Textbooks & Other Resources or Links

***Required Textbook: Atkins, Charles M.D 2015. Co-Occurring Disorders: Integrated Assessment of Substance Use and Mental Disorders. 1<sup>st</sup>. PESI Publishing & Media ISBN: 978-1936128549.***

***Recommended: Diagnostic and Statistical Manual of mental Disorders 5<sup>th</sup> Edition (DSM-5). American Psychiatric Association, ISBN# 978-0-89042-555-8***

### Course Requirements and Instructional Methods

***This course will consist of a combination of lectures, class discussions, assigned readings, individual papers, group projects and performance exams.***

***Participation and Attendance:*** Roll call will be taken at the beginning of each class and after classroom breaks. If a student decides to arrive late or leave early, points will be deducted from class participation. Class participation consists of attendance and active involvement during group discussions and group exercises during class.

***Exams:*** There will be a total of two exams throughout the semester. They will be based on textbook readings, lecture materials and handouts. Exams will be multiple choice format, please bring #2 pencil and scantron. If a student fails to attend on the day of a scheduled exam, a makeup exam will only be allowed if absence is excused and must be taken no later than a week after original scheduled exam.

***Group Project:*** There will be a final presentation that consists of a group project assignment that will evaluate the student's ability to apply the knowledge being learned throughout the semester. Group project will consist of a case study, a comprehensive assessment including diagnosis, a treatment plan and recommendations for level of care. More information on group project will be given on a later date.

***Individual Research Paper:*** Each student will choose a topic of interest on Co-Occurring Disorders and write a research paper on the topic. Prior authorization by instructor on the topic to be researched is needed. Research topic must be approved on or before October 4<sup>th</sup>. If a student fails to obtain authorization on research topic 5 points will be deducted from the total grade. Paper must be 3 pages long (not including title and reference page), it should include 5 references as minimum and will be typewritten APA style. 5



*points will be deducted for each calendar day the paper is late. PAPER NEEDS TO BE SUBMITTED ONLINE ON THE DUE DATE BY 11:59 PM.*

### Course Grading Based on Course Objectives

<b>Attendance/Participation: 15%</b>	<b>90-100%=A</b>
<b>Individual Research Paper: 20%</b>	<b>80-89%= B</b>
<b>Exams: 30%</b>	<b>70-79%= C</b>
<b>Group Project: 35%</b>	<b>60-69%= D</b>
<b>TOTAL: 100%</b>	<b>50-59%= F</b>

### Course Policies

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- A student who fails to attend the second week of class will be dropped by the instructor.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.
- Attendance will be taken at the return of classroom break.
- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.
- Class will start and end as scheduled. Students that are late or leave early will be deducted points for participation.
- This course requires active participation and it will be asked that every student demonstrates respect and tolerance towards others to allow for a diverse and enriching learning environment.
- Given the nature of the course at times sensitive information may be discussed by students at their discretion. It is expected that all students in the classroom respect the confidentiality of shared

sensitive information. Nothing shall be discussed outside of the classroom to keep the confidentiality of every student in class.

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.
- Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services \(DSP&S\)](#) office as soon as possible. The



DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information.

### Anticipated Class Schedule/Calendar

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 August 16	Syllabus & Introduction Chapter 1- The Co-occurring Basics: Overview, Terms and Key Concepts	Pages 1-18
Week 2 August 23	Chapter 2- The Comprehensive Assessment. Part 1: Personal, Psychiatric, Family and Social Histories, and the Mental Status Examination	Pages 19-40
Week 3 August 30	Chapter 3 & 4- The Comprehensive Assessment. Part 1 & 2.	Pages 41- 59
Week 4 September 6	Chapter 5- Creating a Problem/Need List and Setting goals and Objectives. Chapter 6- Treatment and Recovery Plans	Pages 60-90
Week 5 September 13	Chapter 7- Levels of Care Chapter 8- Key Psychotherapies, Mutual Self-Help, and Natural and Peer Supports	Pages 91-118
Week 6 September 20	<b>MIDTERM EXAM</b>	
Week 7 September 27	Chapter 9- Co-Occurring Attention Deficit Hyperactivity Disorder and Related Disorders Chapter 10- Depressive Disorders and Co-Occurring Substance Use Disorders <b>RESEARCH TOPIC FOR PAPER DUE</b>	Pages 121-154
Week 8 October 4	Chapter 11- Bipolar Disorder and Co-Occurring Substance Use Disorders	Pages 155-178
Week 9 October 11	Chapter 12- Anxiety Disorders and Co-Occurring Substance Use Disorders <b>RESEARCH PAPER DUE</b>	Pages 179-194
Week 10 October 18	Chapter 13- Posttraumatic Stress Disorder and Co-Occurring Substance Use Disorders	Pages 195-210



<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Pages/ Due Dates/Tests</b>
Week 11 October 25	Chapter 14- Schizophrenia, Other Psychotic Disorders, and Co-Occurring Substance Use Disorders	Pages 211-240
Week 12 November 1	Chapter 15- Personality Disorders and Co-Occurring Substance Use Disorders Special Topic: NAVIGATING DSM-5 DIFFERENTIAL DIAGNOSIS (Class Exercise)	Pages 241-254
Week 13 November 8	Chapter 16- Alcohol Chapter 18- Opioids Chapter 19- Selected Topics for Other Substances	Pages 257-266 271-281
Week 14 November 15	<b>FINAL EXAM</b>	
Week 15 November 22	Thanksgiving Break	
Week 16 November 29	<b>Group Project Presentations</b>	
Week 17 December 6	<b>Group Project Presentations</b>	

**\*\*\*Subject to change without prior notice\*\*\***