IMPERIAL VALLEY COLLEGE

Basic Course Information

Semester:	**Summer 2022**	Instructor Name:	**Hector Vildosola**
Course Title & #:	**ES 128**	Email:	**Hector.vildosola@imperial.edu**
CRN #:	**30135**	Webpage (optional):	
Classroom:	**Gym-**	Office #:	**Zoom ID 2811535385**
Class Dates:	**20 June - 28 July**	Office Hours:	**By appointment**
Class Days:	**Monday - Thursday**	Office Phone #:	
Class Times:	10:00 – 11:20 am	Emergency Contact:	
Units:	1.00	Class Format:	Face to Face Synchronous

Course Description

The purpose of this course is to acquaint students with the techniques and basic skills for the game and rules and regulations which govern play.

This course is a face-to-face course in which the student is expected to attend regular designated class hours' failure to do so may result in a student dropping from the course. The student will only be dropped if their attendance exceeds 20% of regular required classes. If you are dropped, you will receive a W for your course.

Course Prerequisite(s) and/or Corequisite(s)

No requirements

Student Learning Outcomes

Upon completion of this course students will have the knowledge and skills necessary to participate in the game and digging. The history of volleyball, rules of the game and safety guidelines will be stressed. Students will:

1 Demonstrate basic skills (passing, setting, spiking & serving). (ILO1, ILO3)
2 Explain basic strategies of offensive and defensive transitions. (ILO1, ILO2, ILO4, ILO5)

Course Objectives

The following content will be addressed:

- Safety Procedures

- Skills: Set, Pass, Spike, Block, Serve,

- Official rules

- Rules of Etiquette

- Physical Conditioning

Textbooks & Other Resources or Links

No text book required
Recommended Reading: Volleyball – Mastering the Basics with the Personalized Sports Instruction System. Jon Poole – Michael Metzler Copyright 2007 Allyn & Bacon
Internet: www.abacon.com

Course Requirements and Instructional Methods

The following will be used to calculate your grade:
- Participation
- Instructor observations
- Final exam

Out of Class Assignments:
 The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Instructional methods include the following:
Demonstration,
Discussion,
Group Activity,
Individual Assistance,
Lab Activity, Lecture,
Audio Visual,
Computer Assisted Instruction,

Course Grading Based on Course Objectives

Evaluation Procedures:

- Final Exam 50 points

- Participation 150 points

Grading Scale:

Average	Points	Grade
190-200	180-200	A
180-189	160-179	B
170-179	140-159	C
160-169	120-139	D
>159	>119	F

Course Policies

A student who fails to attend the first meeting of a class or ***does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class***. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.

 Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

 Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Students are expected to attend all class sessions and to actively participate while in attendance. During the course of the semester, students are allowed two unexcused absences. A 3rd unexcused absence will result in a one-letter drop in final grade and a 4th unexcused absence will result in a two-letter drop in final grade. And so on. Should a student miss a 7th class unexcused he/she will receive an F for the semester. If a student misses 3 consecutive days without notification to the instructor, they will be dropped. Imperial Valley College Course Syllabus – Click here to enter text. 3 Examples of EXCUSABLE absences that are allowed be made up: • illnesses confirmed by a doctor • family emergency (accident, hospitalized immediate family member) • college-sponsored event • court duties • job interviews That student is responsible for making up the excused absence within 3 weeks of the absence. All excused absences need to be communicated to the instructor prior to or immediately following the date that the student will be/is absent if they plan on making up the class. Should the class not be made up within a three week time period, the absence will be deemed as unexcused and will count against the number of unexcused absences a student is allowed. Attendance is taken at the beginning and end of each class session. • A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details. • Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped. • Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Dress and Equipment:
Students are required to dress appropriately for all class sessions. Appropriate clothes include:

• Shorts

• T-shirts

• Tennis shoes (a.k.a. gym shoes/sneakers) no bare feet allowed

• Reasonable extensions of the above clothes (i.e. sweat pants, sweat shirts, etc.). ¬ No spaghetti strap tank tops or mid drifts exposed. ¬

One warning for inappropriate dress will result in student not being allowed to participate in class and receiving an unexcused absence for that day. ¬ You are advised to not wear jewelry to class Students may bring their own lock and secure a locker in the designated locker rooms for the semester. Do not bring backpacks or personal items into the gym playing area, use a locker. Do not bring food or drinks into the gym, water in sport type plastic bottles is acceptable. If you are injured during class, notify the instructor immediately

Classroom etiquette

⬚ Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.

⬚ Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.

⬚ Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.

⬚ Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

How do I act differently if I have an on-ground class during COVID?

1. DO NOT COME TO CAMPUS OR ATTEND AN OFF-CAMPUS CLASS IF YOU FEEL SICK, HAVE A FEVER, OR HAVE A COUGH

a. Even if your symptoms are mild, stay home.

b. Email your instructor to explain why you are missing class.

c. If you are sick with COVID-19 or think you might have COVID-19, provides CDC guidance.

d. If you have tested positive for COVID-19, you must self-quarantine for 14 days and then be without symptoms for at least 72 hours. Clearance is required prior to returning to any face-to-face interaction. It is recommended that you undergo a final COVID-19 test to confirm that you are no longer infected.

e. If you are exposed through direct contact with a person known to be COVID-19 positive, then you must submit negative COVID-19 test results prior to returning to any face-to-face interaction.

2. ARRIVE AT CAMPUS EARLY (at least 15 minutes early is advised).

a. All people entering the IVC campus will need to pass a screening process, which will occur at the gates as your drive onto campus. You will need to take a short questionnaire and get your temperature taken (the screening is completely touchless and will take place while you remain in your car).

3. BRING A MASK TO CLASS (and always wear it).

a. Be sure that your mask covers both your nose and mouth. If your mask is cloth, then wash it each day. If your mask is disposable, then use a new one each day.

4. GO DIRECTLY TO YOUR CLASSROOM.

a. The IVC campus is mostly closed so you should not visit other areas or seek any face-to-face services. Services are available to students online and can be accessed through www.imperial.edu.

5. WASH YOUR HANDS FREQUENTLY (and use the provided sanitation supplies).

a. Your classroom is equipped with cleaning supplies. Use them as needed.

6. BE SURE TO SOCIAL DISTANCE (stay at least 6 feet from other).

a. The number of students in a classroom at any one time is very limited so you have plenty of space to spread and ensure that you stay at least 6 feet from others.

7. BRING YOUR OWN FOOD AND DRINKS.

a. There is no food service currently offered on campus.

Classroom netiquette

⬜ What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

⬜ Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

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Face to face course

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Other Course Information

[Optionally, include other necessary information.]

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit http://www.imperial.edu/studentresources or click the heart icon in Canvas.

Anticipated Class Schedule/Calendar

Topics Covered

Week	Topics	
Week 1	Syllabus & Introduction Add/ drops	
Week 2	Skill practice	
Weeks 3-5	Games and tournament play	
Week 6	Finals week.	

Subject to change without prior notice