



Note to Instructor: Replace the placeholder text beneath the headings with the appropriate information for your course. Please note that all sections, with the exception of "Other Course Information," are required elements.

Basic Course Information

Table with 4 columns: Field Name, Value, Field Name, Value. Fields include Semester, Course Title & #, CRN #, Classroom, Class Dates, Class Days, Class Times, Units, Instructor Name, Email, Webpage (optional), Office #, Office Hours, Office Phone #, Emergency Contact, and Class Format.

Course Description

[Paste in the course description from the Course Outline of Record (COR), located at https://imperial.curricUNET.com/Search]. A study of the theory, process, and practice of interviewing and counseling situations. The course is designed to assist the student to gain knowledge and develop skills to help a client or interviewee in counseling situations. Theories of counseling and basic helping skills will be presented, demonstrated, and practiced. (Same as ADS 120) (CSU)

Course Prerequisite(s) and/or Corequisite(s)

[Paste in the course prerequisite(s) and/or corequisite(s) from the COR, located at https://imperial.curricUNET.com/Search] 12th grade reading level

Student Learning Outcomes

- [Paste in the course student learning outcomes from the COR, located at https://imperial.curricUNET.com/Search]
1. Present active listening skills using body language and empathetic paraphrasing. (ILO1, ILO2, ILO3)
2. Demonstrate advanced cognitive behavioral therapy techniques. (ILO1, ILO2, ILO3)
3. Research a counseling theory and present material in class. (ILO1, ILO2, ILO3, ILO4, ILO5)

Course Objectives

[Paste in the course objectives from the COR, located at https://imperial.curricUNET.com/Search] Name therapies, summarize and explain the principal methods of techniques used in client centered, Gestalt, rational, emotive, family systems, and psychoanalytic forms of counseling or psychotherapy, and will be able to compare each method or technique with the others.. Listen and empathize with a client for five minutes and then verbally reflect (repeat using other words) the gist of what the clients has expressed, Explain the personal and professional characteristics of an effective counselor.
[Describe which textbooks and/or other resources are required for the course. Be sure to include ISBN.]
Corey, Gerald (2013). Theory and Practice of Counseling and Psychotherapy (10th/e). Cengage. ISBN: 13:978- 1305263727 2.

Course Requirements and Instructional Methods

Students will be required to read assigned chapters, PowerPoints, quizzes, assignments, and discussion questions. Practice active and advanced active listening, research and present counseling theories, critique counseling demonstrations

Class participation and attendance: Class participation will be measured by presence, active interest and involvement in discussions, exercises, and presentations



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## Course Grading Based on Course Objectives

*[Provide detailed information related to grading practices and grading scale, including values and totals. Consider adding*

*Grading System: rubric, rubrics, late assignment policy, and other grading practices.]*

90-100% A  
80-89 % B  
70-79 % C  
60-69 % D  
50-00 % F

## Course Policies

*[Describe other policies such as attendance, academic honesty, netiquette, expected classroom behavior, etc.]*

## Other Course Information

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available. How do I access services now that we are mostly online? • CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853. • Learning Services. To accommodate students and maximize student success during the COVID-19 Pandemic, all tutoring support is being provided through one Zoom link (IVC online Tutoring). When campus is open again, there are several learning labs to assist students. Whether you need support using computers, or you need a tutor, please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center. • Library Services. Visit the Spencer Library's page on the IVC website for a wealth of valuable resources and online access to databases, e-books and more. Contact us so we can help you with instructional and research development skills (for those conducting research and writing academic papers). When campus re-opens, students also have access to tutoring services in the Study Skills Center as well as private study rooms for small study groups. There is more to our library than just books! • Career Services Center. The Career Services Center is dedicated to serve all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities and Job Placement. • Child Development Center. The Preschool and Infant/Toddler Centers are on-campus demonstration lab programs that meet the educational, research, and service needs of the institution and community at large. The Preschool program (children three to five years of age) and the Infant/Toddler program (newborn to three years of age) is in buildings 2200 and 2300. Service is available to families who meet the California Department of Education qualifications for enrollment. The centers are open during COVID from Monday-Friday 7:15-5:30. Breakfast, lunch and snack are provided through the California Adult and Child Food Program. Location: Buildings 2200 and 2300. Phone: (760) 355- 6528 or (760) 355-6232. Application: <https://forms.imperial.edu/view.php?id=15095>

## IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

• VETERAN'S CENTER The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students in three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie. The Center also serves as a central hub that connects military/veteran students, as well as their families, to campus and community resources. • The goal is to ensure a seamless transition from military to civilian life. When campus reopens, the Center is in Building 600 (Office 624), telephone 760-355-6141.

EXTENDED OPPORTUNITY PROGRAM and SERVICES (EOPS) The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, book grants, transportation assistance,

individualized counseling, tutoring, and community referrals to eligible students. Our staff is available to assist and support students in navigating personal, psychological, academic, and/or career-related issues through empathy, cultural-competence, and a commitment to equity and social justice. • Also, under the umbrella of EOPS is the CARE (Cooperative Agency Resources for Education) Program, designed to serve single parents and assist with addressing issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program. For additional information about the EOPS or CARE Programs please contact our Program Office 760.335-6407 and/or visit our Program website [www.imperial.edu/students/eops](http://www.imperial.edu/students/eops) for eligibility criteria and application procedures. We look forward to serving you! - EOPS/CARE Staff

**STUDENT EQUITY PROGRAM** the Student Equity & Achievement Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. • The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. • SEA addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, LGBTQIA+, Veterans, foster youth, homelessness, and formerly incarcerated students. The SEA Program also houses IVC's Homeless Liaison, Foster Youth Liaison, Formerly Incarcerated Liaison, and Military Affiliated Liaison, who provide direct services and referrals to students in need. SEA strives to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. • We strive to remove barriers that affect IVC students' access to enrollment, education, degree and certificate completion, and the ability to transfer to a university. SEA also provides outreach at local Imperial County high schools to ensure graduating seniors are successfully matriculated into the college and have a strong support system. • Please visit us online for assistance at <https://imperial.edu/students/student-equity-and-achievement/> or call us at 760-355-6465 or when campus reopens, visit Building 401. • What if I cannot afford food, books, or need other help? Imperial Valley College Course Syllabus – Click here to enter text. 18 We have many resources that are available to you. Please tell us what you need by submitting your request(s) here: <https://imperial.edu/students/student-equity-and-achievement>

### Anticipated Class Schedule/Calendar

*[Provide a tentative overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format as in the example below may be used for this purpose.]*

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 2/14-2/18	Syllabus & Introduction Chapter 1	
Week 2 2/21-2/25	Chapter 2	
Week 3 2/28-3/4	Chapter 3	
3/7-3/11	Chapter 4	
3/14-3/18	Chapter 5	
3/21-3/25	Chapter 6	
3/28-4/1	Chapter 7	
4/4-4/8	Chapter 8	
4/11-4/15	Chapter 9	

4/18-4/22	Spring Break	
4/25-4/29	Chapter 10	
5/2-5/6	Chapter 11	
5/9-5/13	Chapter 12	
5/16-5/20	Chapter 13	
5/23-5/27	Chapter 14	
5/30-6/3	Chapter 15	
6/6-6/10	Finals	

**\*\*\*Subject to change without prior notice\*\*\***