

Basic Course Information			
Semester:	Spring 2022	Instructor Name:	Chris Aguilera
Course Title &	<b>PSY 101 Introduction to</b>		
#:	Psychology	Email:	Christina.aguilera@imperial.edu
		Webpage	
CRN #:	20312	(optional):	N/A
Classroom:	Online	Office #:	Zoom/text/email
			Tuesdays 11 am- 1 pm (by
	February 14- Jun 10		appointment)
Class Dates:	(Noon)	Office Hours:	
<b>Class Days:</b>	Online	Office Phone #:	760 457 5077 (text only)
		Emergency	
Class Times:	Online	Contact:	N/A
Units:	3.0	<b>Class Format:</b>	Asynchronous

#### **Course Description**

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU/UC)

## **Course Prerequisite(s) and/or Corequisite(s)**

Twelfth grade reading level is highly recommended.

### **Student Learning Outcomes/Course Objectives**

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Identify basic parts and functions of the neuron and lobes of the brain.
- 2. Identify different parenting styles and their effect on human development.
- 3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment.

#### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. discuss the development of psychology as a science.
- 2. identify the major biologic response systems of the human body and discuss their influence on behavior.
- 3. discuss the difference between sensation and perception, giving one illustration of each.



- 4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
- 5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
- 6. discuss the processes by which humans learn and store skills and information.
- 7. discuss major theories of personality, their assumptions and implications.
- 8. outline the nature, causes, and treatments of abnormal behavior.
- 9. discuss the ways in which the social milieu affects human behavior.
- 10. identify major theories of emotion and motivation.

*Core content to be covered in all areas:* Overview of the science of psychology, including history, subfield specialization and methods of inquiry, Biological areas of behavior, Sensation and perception, Sleep and consciousness, Human Development, Learning and memory, Personality, Mental disorders and therapy, Social processes, as well as Emotion and motivation.

Method of Evaluation: Essay(s), Mid-term/Final Exam(s), Objective, Oral Assignments, Problem Solving Exercise, Quizzes, Written Assignments and/or Participation Activities

Instructional Methodology: Audio/Visual, Demonstration, Discussion, Group Activity, Lecture and/or Simulation/Case Study

### **Textbooks & Other Resources or Links**

Exploring Psychology Eleventh Edition (2019). David G. Myers; Nathan C. DeWall

### **Course Grading Based on Course Objectives**

All course work will result in a letter grade. Letter grades will be calculated according to a point system. There are 100 points available for this course. Your final amount of points earned will equal a percentage that calculates into a letter grade.

## ALL COURSEWORK MUST BE SUBMITTED VIA CANVAS

Course Work and Grading Table			
Course Work	Total Points / 100	Percent of Grade (%) / 100%	
Class Participation Activities/Assignments=	50=	50%=	
*Breakdown: Discussions/Replies	*15	*15%	
Class Participation:Activities, Assignments, HYLB Paper, Science Project Presentation	35	35%	
Quizzes	30	30%	
Midterm/Final	20	20%	



# \*\*Letter Grade Percentage Range: Points Range\*\*

# **Grading Scale**

A = 90 - 100% B = 80 - 89% C = 70 - 79% D = 60 - 69%F = 59 or belo

## **Course Policies**

Be honest in all that you do! If you use a source that is not your work, make sure you cite each and every one. Everyone deserves credit for their work. Cheating will not be tolerated in any capacity.

Course Drop Policy:

During the first week of this course, you are required to participate, or you may be dropped from the course. Please post your introduction and complete any activities required for Module O.. These activities are very important so you won't be dropped from the course for non-participation during this first week. If you have any challenges with these tasks during the first week, please notify me as soon as possible so we can get you started!

Throughout the course, I will review your participation and assignments. If you fail to complete the required activities for two consecutive weeks, this may be considered excessive absences and may be grounds for being dropped. It's your responsibility to notify me if you have any challenges as soon as possible. It is also your responsibility to drop the course if you feel you can no longer participate and complete the course.

Please refer to the General Catalog for details of drop and withdrawal "W" deadlines. If you don't drop the course before the end of the course, you will, unfortunately, earn a failing grade for the course. After the final withdrawal deadline, you will receive a grade regardless of whether you completed the work or not, potentially resulting in a failing grade on your permanent academic record.

Late Work Policy: In this online course, you are required to submit tests/quizzes, discussions and activities/ assignments by the due date via Canvas. Once a module/discussion closes, you won't be able to post or respond so please set a reminder for those due dates. Check the calendar in Canvas for due dates and reminders. A handy tip is to set a calendar item or alarm on your phone to remind yourself of the due dates.

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## Anticipated Class Calendar PSY 101: Introduction to Psychology/Spring 2022 (20312)

Instructor: Christina Aguilera

Course: Asynchronous, Monday- Saturday, Feb 14- June 10 (Noon)

Course Calendar (anticipated)



Week #	Dates	Chapters/Topic	Assignments
1	Feb 14- 19	Orientation Chapter 1 Intro	-Get your book - Read Chapter (Ch) 1 and 2 - Discussions (Disc)/Participation Activities (PA)
2	Feb 21-26	Chapter 1 Chapter 2:	- Read Ch 3 - Disc/PA
3	Feb 28- March 5	Chapter 3:	-Quiz (Qz) 1: Ch 1-3 - Read Ch 4 - Disc/PA
4	March 7-12	Chapter 4:	- Read Ch 5 - Disc/PA
5	March 14- 19	Chapter 5	- Read Ch 6 - Disc/PA
6	March 21- 26	Chapter 6:	-Qz 2: Ch 4-6
7	March 28-		- Read Ch 7 -Read Ch 8

			IMPERIAL VALLEY COLLEGE
	April 2		- Disc/PA
		Chapter 7:	
0	A	Chapter 8	Quiz 3: Ch 7-8
8	April 4- 9		- Read Ch 9 - Disc/PA
			-Read Ch 10 and 11
9	April 11- 16	Chapter 9:	- Midterm (Chapters 1-8)
			- Disc/PA
10	April 18- 23	Spring Break	Spring Break
11	April 25- 30	Review Chapter 9	- Disc/PA
		Chapter 10 and 11:	- Read Ch 12 - Disc/PA
12	May 2-7	Chapter 12:	-Qz 4: Ch 10- 12
			- Read Ch 13 - Disc/PA
13	May 9- 14	Chapter 13:	- Read Ch 14 - Disc/PA
14	May 16- 21	Chapter 14:	- Read Ch 15 - Disc/PA
15	May 23- 28	Chapter 15:	-Qz 5: Ch 12-15



- Disc/PA

16	5	Review	- Final Study Guide	
		Keview.	- Review	
			- Disc/PA	
17	June 6- June 10	Final	-Final (Chapters 9- 15)	
		Extra Credit	-Extra Credit (Available on last day of class)	

\*\*This is a tentative schedule and subject to change without notice\*\*