

Basic Course Information				
Semester:	Fall 2021	Instructor Name:	Veronica Landeros	
	Psy 210: Crisis Intervention			
Course Title & #:	& Referral Techniques	Email:	veronica.landeros@imperial.edu	
CRN #:	10498	Webpage (optional):	N/A	
Classroom:	Online	Office #:	Part-Time (Online)	
Class Dates:	Aug 16-Dec 11	Office Hours:	By Appt	
Class Days:	N/A	Office Phone #:	760-455-2569	
Class Times:	N/A	Emergency Contact:	Elvia Camillo	
Units:	3	Class Format:	Online	

### **Course Description**

Techniques used for brief therapy crisis intervention, intake interviewing and referral will be studied and practiced. Special attention will be given to the process of intervention, admitting, and recording of information as it pertains to persons in crisis including alcohol and drug abuse clients. Through an experiential format, participants will learn and practice skills in brief therapy, different levels of client communication, and intake interviewing. (CSU)

### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Develop and provide brief crisis counseling. (ILO1, ILO2, ILO3, ILO5)
- 2. Make appropriate referrals. (ILO1, ILO2, ILO3, ILO5)
- 3. Perform a five-point suicide assessment. (ILO1, ILO2, ILO3)

### **Course Objectives**

Upon satisfactory completion of the course, students will be able to:

- 1. Describe the process of becoming a helping person including: motivation, personal experiences, characteristics, and skills.
- 2. Identify communication styles and skills including: value systems, forming relationships, listening and communication skills;
- 3. Explain the intake interview and its purpose, content, and methods;
- 4. Recognize the substance abuses including major traits and problems in the initial interviewing sessions and special interviewing skills;
- 5. Define crisis intervention and problem solving;



- 6. Identify information and referral techniques;
- 7. Evaluate community resources and the process of making an effective referral follow-up and identify stresses of the helping profession;

## **Textbooks & Other Resources or Links**

Kanel, Kristi 2018. A Guide to Crisis Intervention 6th. Cengage ISBN: 13:978-1337566414.

### **Course Requirements and Instructional Methods**

<u>Method of Evaluation</u>: Attendance, Homework, Problem Solving Exercises, Written Assignments, Quizzes, & Final

Instructional Methodology: Audio visual, Demonstration, Discussion, Lecture

<u>Out of Class Assignments</u>: Students are given discussion prompts and homework to ensure chapters are being reviewed. Students will submit assigned homework via Canvas. There will also be periodic Thought Papers assigned throughout the semester.

<u>Reading and Writing</u>: Reading assignments include assigned text readings. Thought Papers throughout the semester.

# **Course Grading Based on Course Objectives**

All assignments are mandatory and there is no late accepted, NO EXCEPTIONS !!

How much you learn in the course, as well as your final grade, depends on the effort you put into the readings, assignments, class preparation, and class participation. Grades will be assigned on the basis of the following weights:

100-90 A

89-80 B

79-70 C

69-60 D

59> F

### **Course Policies**

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See <u>General Catalog</u> for details.



Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property. 3 There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

• Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help. Plagiarism will not be tolerated.

• Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question. Cheating includes, but is not limited to: looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps may not be worn during quizzes or tests. Do not use iPods or such music-providing devices during lectures or tests.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### **IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <u>http://www.imperial.edu/studentresources</u> or click the heart icon in Canvas.

Date/Week	Activity, Assignment, and/or Topic
Week 1	Introduction & Syllabus
August 16	
Week 2	Chapter 1
August 23	
Week 3	Chapter 1 cont
August 30	
Week 4	Chapter 2
September 6	
Week 5	Chapter 3
September 13	
Week 6	Chapter 4

# **Anticipated Class Schedule/Calendar**



September 20	
Week 7	Chapter 5
September 27	
Week 8	Chapter 12
October 4	
Week 9	Chapter 6
October 11	
Week 10	Chapter 7
October 18	
Week 11	Chapter 8
October 25	
Week 12	Chapter 9
November 1	
Week 13	Chapter 10
November 8	
Week 14	Chapter 11
November 15	
Week 15	NO CLASS!
November 22	
Week 16	Review/Questions
November 29	
Week 17	Finals Week!
Dec 6	