



Basic Course Information

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|-------------------|--|---------------------|-------------------------------------|
| Semester: | FALL 2021 | Instructor Name: | Viridiana Salas |
| Course Title & #: | ATHL 130 INTERCOLL WMN'S BASKETBALL | Email: | Viridiana.salas@imperial.edu |
| CRN #: | 10433 | Webpage (optional): | |
| Classroom: | PAVILION/GYM | Office #: | 758 |
| Class Dates: | AUG 16- DEC 11, 2021 | Office Hours: | Wednesdays 1:30-2:30/zoom |
| Class Days: | MTWRF | Office Phone #: | 760-355-6165 |
| Class Times: | 10:25-12:30 | Emergency Contact: | |
| Units: | 3.00 | Class Format: | Face to face |

Course Description

This course is designed for those students of advanced ability in basketball skills who have an interest in playing competitive basketball at the college level. Instruction will cover the development of fundamental offensive and defensive skills with an emphasis on advanced techniques, strategies, physical training, and team preparation. Maximum credit twelve units. (CSU) (UC credit limited. See a counselor.) (CSU/UC)

Course Prerequisite(s) and/or Corequisite(s)

- Eligibility will be determined by CCCAA rules.
- High School basketball experience

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- Perform with an increasing degree of proficiency, the skills (offensive & defensive), and techniques of competitive basketball.
- Improve cardiovascular and muscular fitness.

Course Objectives

1. Introduction of basic overall skills such as footwork shooting, passing, and body control.
2. Implementation of team offensive concepts such as pick and roll, man to man offense, zone offense, and special offense.
3. Implementation of team defense concepts such as slides, boxing off, man-to-man, and zone defenses.
4. Utilization of weight training, anaerobic, and aerobic conditioning to establish overall fitness.



5. Development of techniques to establish team work such as positive re-enforcement, selflessness, and positive attitude

Textbooks & Other Resources or Links

- NCAA (2020). *NCAA Basketball Rule Book* (Current Year/e). NCAA. Imperial Valley College (2020). *Student Athlete Handbook* Imperial Valley College

Course Requirements and Instructional Methods

- Shirt and shorts
- Running shoes and basketball shoes
- Drinking Water
- Towel
- Download the App; “**MapMyRun**” by **UnderAmour** = Get it on the App Store

Group Activity

Instructional Method:

- Individual Assistance
- Lab Activity
- Audio Visual
- Demonstration
- Distance Learning

Canvas

We will also use Canvas for this course, so you will need access to a computer and Internet. You will need a device that has GPS ability. Canvas is also mobile-friendly and can be used on your phone or tablet through the [Canvas Mobile App](#) or a mobile browser!

- What are [the basic computer specifications for Canvas?](#)
- Which browsers does [Canvas support?](#)
- [Canvas Help Desk](#)

Course Grading Based on Course Objectives

The student will be evaluated on their work on a weekly basis and broken down in the following categories:

- Attendance and Participation: 80 points.
- Final Exam: 10 points.
- Discussions and film: 10 points.

Grading Scale

- A = 90-100%
- B=80-89%
- C=70-79%
- D = 60-69%
- F = Below 60%

Course Policies/Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absence exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

IVC Student Resources

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

How do I access services now that we are mostly online?

- CANVAS LMS. Canvas is Imperial Valley College's Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- [Learning Services](#). In order to accommodate students and maximize student success during the COVID-19 Pandemic, all tutoring support is being provided through one Zoom link ([IVC online Tutoring](#)). When campus is open again, there are several learning labs to assist students. Whether you

need support using computers, or you need a tutor, please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).

- [Library Services](#). Visit the Spencer Library's page on the IVC website for a wealth of valuable resources and online access to databases, e-books and more. Contact us so we can help you with instructional and research development skills (for those conducting research and writing academic papers). When campus re-opens, students also have access to tutoring services in the Study Skills Center as well as private study rooms for small study groups. There is more to our library than just books!
- [Career Services Center](#). The Career Services Center is dedicated to serve all IVC students and Alumni. Services include Career Assessments, Resume and Cover Letter Assistance, Interview Preparation, Internship Opportunities and Job Placement.
- [Child Development Center](#). The Preschool and Infant/Toddler Centers are on-campus demonstration lab programs that meet the educational, research, and service needs of the institution and community at large. The Preschool program (children three to five years of age) and the Infant/Toddler program (newborn to three years of age) is in buildings 2200 and 2300. Service is available to families who meet the California Department of Education qualifications for enrollment. The centers are open during COVID from Monday-Friday 7:15-5:30. Breakfast, lunch and snack are provided through the California Adult and Child Food Program. Location: Buildings 2200 and 2300. Phone: (760) 355-6528 or (760) 355-6232. Application: <https://forms.imperial.edu/view.php?id=150958>

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. When campus is open, the DSP&S office is in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus, but you must make an appointment. In addition, Pioneers Memorial Healthcare District provides basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128, or when campus reopens, visit Room 1536 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 for appointments, or when campus reopens visit Room 1536, for more information.



IMPERIAL VALLEY COLLEGE

Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, book grants, transportation assistance, individualized counseling, tutoring, and community referrals to eligible students. Our staff is available to assist and support students in navigating personal, psychological, academic, and/or career-related issues through empathy, cultural-competence, and a commitment to equity and social justice. Also under the umbrella of EOPS is the CARE (Cooperative Agency Resources for Education) Program, designed to serve single parents and assist with addressing issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program. For additional information about the EOPS or CARE Programs please contact our Program Office 760.335-6407 and/or visit our Program website <http://www.imperial.edu/students/eops> for eligibility criteria and application procedures. We look forward to serving you! - EOPS/CARE Staff

Student Equity Program

The Student Equity & Achievement Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. SEA addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, LGBTQIA+, Veterans, foster youth, homelessness, and formerly incarcerated students. The SEA Program also houses IVC's Homeless Liaison, Foster Youth Liaison, Formerly Incarcerated Liaison, and Military Affiliated Liaison, who provide direct services and referrals to students in need. SEA strives to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to enrollment, education, degree and certificate completion, and the ability to transfer to a university. SEA also provides outreach at local Imperial County high schools to ensure graduating seniors are successfully matriculated into the college and have a strong support system. Please visit us online for assistance at <https://imperial.edu/students/student-equity-and-achievement/> or call us at 760-355-6465 or when campus reopens, visit Building 401.

What if I cannot afford food, books, or need other help?

We have many resources that are available to you. Please tell us what you need by submitting your request(s) here: <https://imperial.edu/students/student-equity-and-achievement/>

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For



more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

| Date or Week | Activity, Assignment, and/or Topic | Pages/ Due Dates/Tests |
|--------------|--|------------------------|
| Week 1 | Introduction Discussion Pre- physical fitness evaluation Pre-skill evaluation | |
| Week 2-16 | Defensive & Offensive Skill Development Intrasquad scrimmage Discussions, Film review Skill Development Videos Midterm (week 8)- Physical fitness evaluation Final Exam | |

*****Subject to change without prior notice*****