



## Basic Course Information

Semester:	<b>Spring 2021</b>	Instructor Name:	<b>Hector Vildosola</b>
Course Title & #:	<b>ATHL 135 Intercollegiate softball &amp; PE</b>	Email:	<b>Hector.vildosola@imperial.edu</b>
CRN #:	<b>20950</b>	Webpage (optional):	
Classroom:	<b>ONLINE</b>	Office #:	<b>Zoom call</b>
Class Dates:	<b>ONLINE</b>	Office Hours:	<b>Zoom call appointment</b>
Class Days:	<b>ONLINE</b>	Office Phone #:	<b>Zoom call</b>
Class Times:	<b>ONLINE</b>	Emergency Contact:	
Units:	<b>3.00</b>	Class Format:	<b>Asynchronous</b>

## Course Description

This class is designed for the preparation and training involved with intercollegiate softball competition. Maximum credit twelve units.

## Course Prerequisite(s) and/or Corequisite(s)

Eligibility will be determined by CCCAA rules.

## Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Perform with an increasing degree of proficiency, the offensive skills and techniques of competitive softball. (ILO1, ILO2, ILO3)
2. Perform with an increasing degree of proficiency, the defensive skills and techniques of competitive softball. (ILO1, ILO2, ILO3)

## Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Demonstrate skills necessary to perform on an intercollegiate softball team.
2. Develop and explain offensive strategies involved in intercollegiate sport of softball.
3. Recognize and explain defensive strategies involved in softball.
4. Develop skills that will enhance physical fitness.
5. Recognize rules and qualities of sportsmanship in softball.

## Textbooks & Other Resources or Links

- Imperial Valley College 2020. *Student Athlete Handbook* Imperial Valley College
- NCAA 2020. *NCAA Softball Rule Book, Current Year Ed.* NCAA
- Supplementary materials required by instructor.

## Course Requirements and Instructional Methods

Demonstration

Discussion

Group Activity

Individual Assistance

Lab Activity

Audio Visual

Lecture

## Course Grading Based on Course Objectives

*Active participation in team activities that include, workouts, practices, games, video lessons and group discussions*

## Course Policies

### ***Attendance***

A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.

- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

- **What does it mean to “attend” an online class?**
- Attendance is critical to student success and for IVC to use federal aid funds. Acceptable indications of attendance are:
  - Student submission of an academic assignment
  - Student submission of an exam
  - Student participation in an instructor-led Zoom conference
  - Documented student interaction with class postings, such as an interactive tutorial or computer-assisted instruction via modules
  - A posting by the student showing the student's participation in an assignment created by the instructor
  - A posting by the student in a discussion forum showing the student's participation in an online discussion about academic matters

An email from the student or other documentation showing that the student has initiated contact with a faculty member to ask a question about an academic subject studied in the course.

Logging onto Canvas alone is NOT adequate to demonstrate academic attendance by the student.

### ***Class Netiquette***

What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.

□ Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others’ opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!)].

#### **How am I expected to act in an online “classroom” (especially Zoom)?**

Attending a virtual meeting can be a challenge when there are many students on one conference call.

Participating in such meetings may count as class attendance, but disruptive behavior may also result in you not being admitted to future meetings. Follow the tips below for best results:

##### **1) Be RESPECTFUL**

a. Your written, verbal, and non-verbal communications should be respectful and focused on the learning topics of the class.

##### **2) Find a QUIET LOCATION & SILENCE YOUR PHONE (if zooming)**

a. People walking around and pets barking can be a distraction.

##### **3) EAT AT A DIFFERENT TIME.**

a. Crunching food or chugging drinks is distracting for others.

b. Synchronous zoom times are set in advance so reserve meals for outside class meetings.

##### **4) ADJUST YOUR LIGHTING SO THAT OTHERS CAN SEE YOU**

a. It is hard to see you in dim lighting so find a location with light.

b. If your back is to a bright window, you will be what is called “backlit” and not only is it hard on the eyes (glare) but you look like a silhouette.

##### **5) POSITION THE CAMERA SO THAT YOUR FACE AND EYES ARE SHOWING**

a. If you are using the camera, show your face; it helps others see your non-verbal cues.

b. You may be at home, but meeting in pajamas or shirtless is not appropriate so dress suitably. Comb your hair, clean your teeth, fix your clothes, etc. before your meeting time to show self-respect and respect for others.

**6) Be READY TO LEARN AND PAY ATTENTION**

- a. Catch up on other emails or other work later.
- b. If you are Zooming, silence your phone and put it away.
- c. If you are in a room with a TV – turn it off.

**7) USE YOUR MUTE BUTTON WHEN IN LOUD PLACES OR FOR DISTRACTIONS**

a. Pets barking, children crying, sneezing, coughing, etc. can happen unexpectedly. It’s best if you conference in a private space, but if you can’t find a quiet place, when noises arise **MUTE** your laptop.

**8) REMEMBER TO UNMUTE WHEN SPEAKING**

- a. Follow your instructor’s directions about using the “**raise hand**” icon or chat function to be recognized and to speak, but make sure you have unmuted your device.
- b. Do not speak when someone else is speaking.

**9) REMAIN FOCUSED AND PARTICIPATE IN THE MEETING**

- a. Especially when the camera is on YOU, we can all see your actions. Engage in the meeting. Look at the camera. Listen to instruction. Answer questions when asked.
- b. Do not use the Zoom meeting to meet with your peers or put on a “show” for them.

**10) PAUSE YOUR VIDEO IF MOVING OR DOING SOMETHING DISTRACTING**

- a. Emergencies happen. If you need to leave the room or get up and move about, stop your video.

**Other Course Information**

*[Optionally, include other necessary information.]*

**IVC Student Resources**

IVC wants you to be successful in all aspects of your education. For help, resources, services, and an explanation of policies, visit <http://www.imperial.edu/studentresources> or click the heart icon in Canvas.

**Anticipated Class Schedule/Calendar**

Date or Week	Activity, Assignment, and/or Topic	Other
Week 1 August 17	Syllabus & Introduction Pre evaluation, Opening discussion Ice Breaker (It’s your seat in the class )	
Week 2-6	Weekly workouts Team building discussion, team standards	
Weeks 7-14	Weekly workouts Offensive, defensive discussions	



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Date or Week	Activity, Assignment, and/or Topic	Other
Week 15	Post evaluation	

**\*\*\*Subject to change without prior notice\*\*\***