

Basic Course Information

Semester:	Fall 2020	Instructor Name:	Aruna Patel
Course Title & #:	ADS 176 Sex and Gambling (FA18)	Email:	Mailto:aruna.patel@imperial.edu
CRN #:	11798	Webpage (optional):	N/A
Classroom:	online	Office #:	Room 302
Class Dates:	August 24th September 25th September 2020	Office Hours:	TBA Via zoom time
Class Days:	Wednesdays	Office Phone #:	(760) 355-6579
Class Times:	01:00-4:10pm	Emergency Contact:	(760) 355-6144
Units:	1		

Course Description

This one-unit course is an introduction to addictive, non-substance related disorders. Issues addressed will include sex and love addiction, gambling addiction, compulsive Obsessive Behaviors. It will provide training in the application of appropriate therapeutic models and interventions. (CSU)

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

Provide training in application of therapeutic models and early intervention for non-substance related addictions. This includes sex, gambling, eating disorder, Technology disorders, Hording, Shopaholics (ILO1, ILO2, ILO3, ILO5)

Course Objectives

MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C": MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C":

Upon satisfactory completion of the course, students will be able to:

1. Identify problematic behavioral or obsessions of sexuality, compulsive gambling, and compulsive spending and the relationship to the addictive process.

2. Understand appropriate applications of therapeutic intervention and behavioral modifications

Oral Assignments

Skill Demonstration

Other, please identify

Text

Instructional Methodology :

Audio Visual

Demonstration

Discussion

Group Activity

Lecture

Simulation/Case Study

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

Textbooks & Other Resources or Links



1. Out of the Shadows

Understanding Sexual Addiction 3rd Edition
By: Patrick Carnes, Ph.D. Out of the Shadows
ISBN: 13:978-1-56838-621-8

2. *“Freedom from problem gambling”*: Workbook from Gambling uclagamblingprogram.org

Course Grading Based on Course Objectives:

GRADING CRITERIA: Letter Grade Only

Out of Class Assignments: The Department of Education policy states that one

- (1) credit hour is the amount of student work that reasonably approximates not less than one hour of Class time and
- (2) two hours of out-of-class time per week over the span of a semester.
- (3) WASC has adopted a similar requirement.

No Late Assignments Accepted!

GRADING CRITERIA: Letter Grade Only

90-100% A

89-80% B

79-70% C

69- 60% D

59- 50 F

Assignments: Grading for this class:

Thought Paper	Points	25	12.5%
Final	Points	100	50%
Discussion/ Group work	Points	25	12.5%
Quizzes	Points	50	25%
Total points	Points	200	100%

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For

online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.

- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others’ opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another’s work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one’s own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to “cite a source” correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

[Required Information – Discretionary Language and Formatting: The instructor will provide a tentative, provisional overview of the readings, assignments, tests, and/or other activities for the duration of the course. A table format may be useful for this purpose.]

Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests
Week 1 August 25 th	Syllabus & Introduction Non Substance Addictions and Obsessive Compulsive Behaviors	Discussion and Quiz How do you approach any addiction and addictive behavior?
Week 2 August 31 st	Sex Addiction: Lecture 1.	Discussion and quiz What stood out for you in this lecture?
Week 3 September 7 th	Gambling Addiction: Lecture 2.	Discussion and quiz How many of you or your family members have gambling addictions that you know of now?
Week September 14 th	Other Addictions /behaviors. Lecture 3.	Discussion and quiz Thought paper due based on the readings from the text book
Week 5 September 25 th	Lecture 4 Finals Group work	Discussion Student's view point of this class Feedback on that you have learned about non- substance addictions.

Tentative, subject to change without prior notice