

# Imperial Valley College Course Syllabus

## Psychology 101 – Introduction to Psychology



### Basic Course Information

Semester	Spring 2020	Instructor Name	Mark A. Duva, Ph.D.
Course Title/ Catalog #/units	Intro to Psychology PSY 101/3 units	Instructor Email	<a href="mailto:mark.duva@imperial.edu">mark.duva@imperial.edu</a> <a href="mailto:mark.a.duva@live.com">mark.a.duva@live.com</a>
CRN #	20609	Office	1700 - 1714
Room	400-411	Office Hours	TBA
Class Dates	Feb 18 - Jun 12, 2017	Office Phone #	(760) 355-6335
Class Days/Times	TR 4:20 - 5:45 PM		

### Course Description

This is an introductory course that emphasizes psychology as the scientific study of human and animal behavior. The course covers a wide variety of topics in psychology including, but not limited to, the biology of behavior, learning, memory, human development, states of consciousness, personality, psychological disorders and therapy. (C-ID PSY 110) (CSU, UC)

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain (IL01, IL02, IL03).
2. Identify different parenting styles and their effect on human development (IL01, IL02, IL03).
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (IL01, IL02, IL03, IL05).

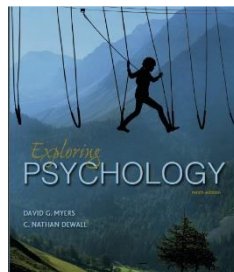
### Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store new skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the symptoms, causes, and treatments of common psychological disorders

### Textbooks & Other Resources or Links

Meyers, David G. Exploring Psychology, 2014 10th Edition, New York: Worth Publishers.



### Course Requirements and Instructional Methods

Students officially enrolled are required to access this course using Canvas through the IVC homepage. In this course, Canvas is primarily used for communication and dissemination of study material and take-home



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assignments. Therefore, access to the Canvas site is crucial to your success in the course. Generally, you will receive email notification if something on Canvas requires your attention, nonetheless it would be wise to regularly check the site for changes. This syllabus serves as a guide to the class and the required readings. You are expected to read the assigned chapters prior to class for that week. Exam and quiz questions will come from material covered in class and in the textbook. There will be several quizzes, one (1) midterm exam, and one (1) final exam. Quizzes will be administered in class or as take-home assignments and will almost always be announced in advance. However, if participation and/or attendance appear to decline during the semester, **BE PREPARED FOR UNANNOUNCED QUIZZES**. It is important to come to class to know when a quiz might occur. Quizzes may include any or all of the following types of questions: multiple choice, true-false, matching, fill-in-the-blank, and short answer/essay. The midterm and final exam are entirely multiple choice. Quizzes and exams are administered at the beginning of class. So, if you are late to class, you may not be allowed to take the quiz or exam. No makeups for exams or quizzes will be given without **prior** notification and/or documentation of an emergency. Some chapters listed on the course content page (last page of this document) may not be covered in class, but you are still responsible for the material unless otherwise specified. No work will be accepted over email. If you find that you are having difficulty with the course, you can seek additional assistance (see below). In addition, if you need special accommodations while taking exams or quizzes let me know in advance.

### Course Grading Based on Course Objectives

Since teaching and learning are dynamic and fluid processes, no set dates are listed for exams and quizzes except for the final exam which occurs during the last class meeting of the semester. However, students can expect at least one quiz about every three weeks and a midterm exam around week 8 (see the last page of this syllabus for a tentative weekly breakdown of the course). Grades are based on points accumulated over the entire semester. An approximate grade/point breakdown is shown below, and final course grades are based on a curve as discussed in class.

<u>Graded Coursework</u>		<u>Grade Breakdown</u>
Quizzes/other	150 Points	A = 90%
Midterm Exam	150 Points	B = 80%
<u>Final Exam</u>	<u>200 Points</u>	C = 70%
Total	500 Points	D = 60%
		F = 59% or less

(Example:  $500 \times 90\% = 450$  points for the “A”)  
(Example:  $500 \times 80\% = 400$  points for the “B” and so on)

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absence exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as ‘excused’ absences.



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### Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

### Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

### Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

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### Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- **Library Services.** There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information.

### Veteran's Center

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

### Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also, under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may



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qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, [lourdes.mercado@imperial.edu](mailto:lourdes.mercado@imperial.edu).

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, [alexis.ayala@imperial.edu](mailto:alexis.ayala@imperial.edu).

### Student Equity Program

The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

### Anticipated ClassTimeline

WEEKS	TOPICS	READINGS
02/18 Week 1	Introduction	Chapter 1
02/24 Week 2	Thinking Critically with Psychological Science	Chapter 1
03/02 Week 3	The Biology of the Mind	Chapter 2
03/09 Week 4	The Biology of the Mind	Chapter 2
03/16 Week 5	Consciousness & the Two Track Mind	Chapter 3
03/23 Week 6	Nature, Nurture & Human Diversity	Chapter 4
03/30 Week 7	The Developing Person	Chapter 5
04/06 Week 8	<b>Midterm Exam</b>	
04/13 Week 9	<b>Spring Break</b>	

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04/20 Week 10	Sensation & Perception	Chapter 6
04/27 Week 11	Learning	Chapter 7
05/04 Week 12	Memory	Chapter 8
05/11 Week 13	Personality	Chapter 12
05/18 Week 14	Psychological Disorders	Chapter 13
05/25 Week 15	Psychological Disorders	Chapter 13
06/01 Week 16	Therapy	Chapter 14
06/08 Week 17	<b>FINAL EXAM is Last Day of Class</b>	