#### **Basic Course Information**

			J. Kunath MS, APRN, AGPCNP-BC, ACCNS-AG,
Semester:	FALL 2019	Instructor Name:	· · · · · · · · · · · · · · · · · · ·
Course Title &	Nursing 109/		
#:	Pharmacology	Email:	Julie.kunath@imperial.edu
		Webpage	
CRN #:	10758	(optional):	Canvas
Classroom:	2139	Office #:	2130
			POSTED ON OFFICE
Class Dates:	AUG 19 – DEC 14, 2019	Office Hours:	DOOR
Class Days:	Monday	Office Phone #:	ТВА
		Emergency	Nursing Office
Class Times:	1200-1305	Contact:	(760) 355-6348
Units:	1.0		

## **Course Description**

This course provides an introduction to the principles of pharmacology, including: pharmacokinetics, pharmacodynamics, medication interactions and potential adverse medication reactions. Emphasis will be placed on life span issues, gene therapy, medication errors, substance abuse, Immunizations and OTC, herbal and dietary medications. Focus will be on nursing actions and rationale for the concepts and medications covered.

#### Course Prerequisite(s) and/or Corequisite(s)

**NS 107 Fundamentals** 

## **Student Learning Outcomes**

1. Differentiate the principles of pharmacology, pharmacodynamics, pharmacokinetics Pharmacogenetics, therapeutics, toxicology, legal, ethical, psychosocial, gender and cultural influences to mediation utilization by passing the final with 75% or better. (ILO 1,2,4)

## **Course Objectives**

- 1. Apply principles of pharmacology, pharmacokinetics, pharmacodynamics and drug administration including adverse drug effects and medication errors to medication therapy.
- 2. Understand the legal and ethical implications, with historical and current drug regulation, substance abuse and psychosocial, gender and cultural influences to medication utilization and administration.
- 3. Apply principles of pharmacotherapy in the dimensions of the pediatric, geriatric and pregnancy and lactating patient.
- 4. Recognize the major classifications of medications, common medications within each classification, their side effects, and Contraindications
- 5. Discuss nursing implications and concepts of safety when performing medication administration

Textbooks & Other Resources or Links					
Author	ISBN	Title	Edition	Year	Publisher
Burchum & Rosenthal	978-0-32351227-5	Lehne's Pharmacology for Nursing Care	10 <sup>th</sup>	2018	Elsevier
Burchum & Rosenthal	not required	Lehne's Pharmacology for Nursing Care Study Guide	10 <sup>th</sup>	2018	Elsevier
ATI	required	ATI: Pharmacology Made Easy	online		

### **Course Requirements and Instructional Methods**

#### A. Hours

NS109 is a 1.0 unit theory course. Lectures are held 1.0 hours per week.

#### **B.** Assignments:

Reading, CD/video, Internet, and writing assignments are required. Students will be expected to read, understand, and critique information from college level textbooks, nursing journals, or equivalent. The reading list will include texts used in prior nursing courses and those required of this course (see text book list). Additional reading assignments will be required to supplement textbook material. Writing assignments will reflect the objectives listed and may include, but not be limited to, short essays, posters, and/or professional papers. Outside assignments including but not limited to nursing lectures, independent exercises, and learning center activities may be assigned and are required.

Plagiarism and cheating policies noted in the student handbook and IVC policies will be strictly enforced. Students are expected to develop original work for this course. It is recommended that students visit the college library to become acquainted with research tools available.

Schedule may change at the discretion of the instructor, taking into account the progress of students with the materials. Any change will be announced in class or via email through Canvas. Students are held responsible for all materials covered in the syllabus and for any changes that are announced in class, sent by email or announced through Canvas.

It is recommended that if a grade falls below 82% that the student will arrange to meet with the faculty member. Faculty can be reached in person, by email, or during office hours to discuss grades or other classroom matters.

The student is responsible for withdrawing (W) from the class before the deadline as outlined on your registration forms. Failure to pass this class will affect your ability to progress to the next semester. Students failing or withdrawing must complete a Petition to Re-Enter.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

#### **Course Grading Based on Course Objectives**

Students must maintain a "C" average grade as determined by the scale below:

A = 93-100% B = 85-92% C = 78-84% F = Below 78%

Grades will not be "rounded". To advance to the next semester, a "C" or better is required in this course and the co-requisite courses. The course grade will be computed as follows: 10% from homework/assignments, 10% from quizzes (in class or take-home), 45% will come from an average of the three exams prior to the final exam, and 35% of the course grade will come from the final exam.

Homework/assignments:	10%
Quizzes(inclass/takehome:	10%
Exam 1	15%
Exam 2	15%
Exam 3	15%
Final Exam	35%
Total	100%

All of the following must be attained to successfully pass this course:

- A. Final Theory Exam score must be passed at a 78% or greater.
- B. Theory (exams) grade must total equivalent of 78% or greater.
- C. Attendance requirements as noted below must be met.

Testing will include no more than 3 examinations in addition to written, demonstration, and oral assignments, and a final examination. Pop quizzes may be included. EXCEPT FOR UNDER EXTREME CIRCUMSTANCES, THERE WILL BE NO MAKE-UPS FOR TESTS OR QUIZZES MISSED DUE TO ABSENCE.

#### **Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of
  an online class will be dropped by the instructor as of the first official meeting of that class. Should
  readmission be desired, the student's status will be the same as that of any other student who desires to
  add a class. It is the student's responsibility to drop or officially withdraw from the class. See General
  Catalog for details.
- It is the responsibility of each student to attend all classes and to contact the faculty person before the start
  of class if there is a need to be excused from class. Students are expected to attend all classes. Absences
  are limited to 1.0 hours of theory throughout the semester (equivalent to number of hours class meets in
  one week). A student who reaches the maximum allowable hours of absenteeism or tardiness may be
  dropped by the instructor.
- Acceptance of absenteeism excuses is at the discretion of the faculty member and may result in failure of
  the class. Absences attributed to the representation of the college at officially approved events
  (conferences, contests, and fieldtrips) will be counted as "excused" absences. A student who reaches the
  maximum allowable number of hours absent and is not allowed to continue in class and may file a petition to
  reenter the nursing program. The teaching team will meet with the student to discuss remediation and the
  possibility of reentry.
- Students who are late for class three times will be considered absent for one day

#### **Classroom Etiquette**

During all classroom and clinical instruction time, every person will be respected within the group and it is expected that all interactions between students, faculty, and other staff will take place professionally and courteously. It is expected that students will come prepared for class by completing reading assignments and skills practice on their own time.

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. Smart watches are not allowed in the classroom.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

#### **Online Netiquette**

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

## **Academic Honesty**

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source.
   You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to
  use materials, or assisting others in using materials that are prohibited or inappropriate in the context of
  the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

#### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- CANVAS LMS. Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: Canvas Student Login. The Canvas Student Guides Site provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- Learning Services. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your Campus Map for the Math Lab; Reading, Writing & Language Labs; and the Study Skills Center.
- Library Services. There is more to our library than just books. You have access to tutors in the Study Skills
  Center, study rooms for small groups, and online access to a wealth of resources.

#### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

#### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- Student Health Center. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC Student Health Center at 760-355-6128 in Room 1536 for more information.
- Mental Health Counseling Services. Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information..

#### **Veteran's Center**

The mission of the IVC Military and Veteran Success Center is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

## **Extended Opportunity Program and Services (EOPS)**

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population. Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify

for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355-6448, lourdes.mercado@imperial.edu.

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, alexis.ayala@imperial.edu.

#### **Student Equity Program**

The Student Equity Program strives to improve Imperial Valley College's success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students' access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.

 The Student Equity Program also houses IVC's Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

## **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC General Catalog.

## **Information Literacy**

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC Library Department provides numerous Information Literacy Tutorials to assist students in this endeavor.

## **Anticipated Class Schedule/Calendar**

Pharmacology Content

(\*Tentative: Subject to change without prior notice)

(Readings are to be done prior to class so that you may be an active participant in lecture and class activities)

Date	Topics	Reading: Lehne's, (2018) unless otherwise specified	EVOLVE, ATI, drug cards, etc.
Week 1	Introductions/Syllabus	Chapters 1, 2 & 3	ATI Pharmacology
Week I	Tips to Succeed in Pharm	1	Made Easy: Intro
00/40/0040	Basic Terms	Chapter 1: Orientation to	Wade Lasy. IIII o
08/19/2019	Properties of Ideal Drug	Pharmacology	Practice Evolve
	Therapeutic Objective	Chapter 2: Application of	Questions for each
	Nursing Responsibilities	Pharmacology to Clinical	Chapter and read
	re: drugs	Practice	rationales.
	Applications of Pharmacology	Chapter 3: Drug Regulation	Tationales.
	Landmark Legislation	Development, Names, and	Review Key Points
	Hazardous drug Exposure	Information	Review Rey Folints
	New Drugs		
	Generic and Brand Names		
	OTC		
	Sources of Drug Information		
Week 2	Application of Pharmacokinetics	Chapter 4	Practice Evolve
TTOOK Z	Crossing membranes	Chapter 4: Pharmacokinetics	Questions for Ch 4/
08/26/2019	Absorption	Chapter 4. Fharmacokinetics	read rationales
06/26/2019	Distribution		read radionales
	Metabolism & Special		Review Key Points
	considerations		
	Excretion		Watch videos on
	Time Course of Drug		pharmacokinetics
	Responses		•
Week 3	пезропзез	Review material from Chapters 1 –	Canvas Quiz: time-
Week 3		4	limited, content from
00/00/0040	No Class	Take Canvas Quiz	weeks 1-2
09/02/2019	(Sept 2 – deadline to drop without a W)	Start reading Pharmacodynamics &	WEEKS 1-2
Labor Davi		Interactions	
Labor Day	Dharmanadunamiaa		ATI pharmanalagu
Week 4	Pharmacodynamics	Chapters 5 & 6	ATI pharmacology
	Dose-Response	Chapter 5: Pharmacodynamics	made easy: practice
09/09/2019	Drug-Receptor	Chapter 6: Drug Interactions	questions/rationale
	interactions		Practice Evolve
	<ul> <li>Interpatient Variability</li> </ul>		
	I David David Internations		Ougstions/Road
	Drug-Drug Interactions		Questions/Read
	Drug-Food Interactions		Questions/Read Rationales
			Rationales
	Drug-Food Interactions		Rationales Watch
	Drug-Food Interactions		Rationales Watch Pharmacodynamics
	Drug-Food Interactions		Rationales Watch
	Drug-Food Interactions		Rationales Watch Pharmacodynamics videos
Week 5	Drug-Food Interactions	Review all previous material	Rationales Watch Pharmacodynamics
Week 5	Drug-Food Interactions Drug-Supplement Interactions	Review all previous material	Rationales  Watch Pharmacodynamics videos
	Drug-Food Interactions	Review all previous material	Rationales  Watch Pharmacodynamics videos
Week 5 09/16/2019	Drug-Food Interactions Drug-Supplement Interactions  EXAM 1:Chapters 1, 2, 3, 4, 5, &	Review all previous material	Rationales  Watch Pharmacodynamics videos
	Drug-Food Interactions Drug-Supplement Interactions  EXAM 1:Chapters 1, 2, 3, 4, 5, & 6 All content from weeks 1 - 4 Adverse Drug Reactions	Review all previous material  Chapter 7	Rationales  Watch Pharmacodynamics videos
09/16/2019	Drug-Food Interactions Drug-Supplement Interactions  EXAM 1:Chapters 1, 2, 3, 4, 5, & 6 All content from weeks 1 - 4	·	Rationales  Watch Pharmacodynamics videos  Review Key Points

Week 7 09/30/2019	Medication Errors	Chapter 7: Adverse Drug Reactions and Medication Errors  Chapter 37: Substance Use Disorders (SUD) I- Basic Considerations Chapter 38: SUD II- Alcohol Chapter 39: SUD III- Nicotine and Smoking Chapter 40: SUD IV- Major Drugs of Abuse Other Than Alcohol and Nicotine	Practice Evolve Questions/Read Rationale  Review Key Points  Review any Safety Alerts, Tables, and Pt- Centered Care Across the Life Span!  Recommend Flash Cards to study these chapters  Practice Evolve Questions/Read Rationale  Study Group Assignments
Week 8 10/07/2019	Basic Considerations During Pregnancy  Placental transfer  Teratogenesis  FDA Preg Risk Categories  New Labeling Rules  Lactation and Drugs Pediatric Patients  Pharmacokinetics: Neonates& Infants  Pharmacokinetics: 1 year and older	Chapter 9 & 10 Chapter 9: Drug Therapy During Pregnancy and Breast-Feeding Chapter 10: Drug Therapy in Pediatric Patients	Review Tables in Chapters  Review Effects of Teratogens at various stages of development of fetus  Review Key Points  Practice Evolve Questions/ Read Rationales

	Promoting adherence in children		
Week 9 10/14/2019	EXAM 2	Week 6, 7, & 8 material will be majority of EXAM 2. There will be 5 – 10 questions from EXAM 1 material.	Review all previous material
Week 10 10/21/2019	Drug Therapy in Older Adults  Pharmacokinetic changes Pharmacodynamic changes Adverse Drug Reactions How to reduce ADRs Drug Interactions Adherence End of Life Considerations	Chapter 11: Drug Therapy in Older Adults	Review Key Points  Practice EVOLVE Questions/ Read Rationales  Review tables in chapter  Flash Cards to study  Review physiological changes in older adults
Week 11 10/28/2019	Variation in Drug Responses  Body habitus, age Pathophysiology Tolerance Placebo Effect Absorption Variables Genetics Gender/Race Variables Comorbidities Diet Complementary & Alternative Tx Regulation of Supplements Standardization of Herbals Commonly used Dietary Supplements Harmful Supplements to Avoid	Chapter 8: Individual Variation in Drug Responses Chapter 108: Complementary and Alternative Therapy	Review Key Points  Practice EVOLVE Questions/ Read Rationales  Make Study Cards
Week 12 11/04/2019	(11/9 – deadline to drop) Natural vs Specific Acquired Cell-Mediated vs Ab-Mediated Cells of the Immune System Antibodies vs Antigens Immune Responses Immunizations	Chapters 67 & 68 Chapter 67: Review of Immune System Chapter 68: Childhood Immunization	Develop Immunization reference cards for clinical use.  Review Key Points  Watch videos on Immune System  Flash Cards for Vaccines  Practice EVOLVE

Week 13 11/11/2019 Veterans' Day	Immunization Schedule     Target Diseases     Specific Vaccines (AE/CI)  NO CLASS	EXAM 3: on CANVAS The majority of EXAM 3 content will be from weeks 10, 11, & 12. There will be 5 – 10 questions from previous material.  Begin next weeks reading!	Questions/ Read Rationales  Exam will have a time limit once you start. Instructions will be given in class and on Canvas.  Review A&P and Patho regarding Nervous
Week 14	Neuropharmacology:	Chanters 12 13 14 15 16 17	System!! ATI Pharm Made Easy:
11/18/2019	<ul> <li>Basic Mechanisms of Action</li> <li>Synaptic Transmission Steps</li> <li>Effects of Drugs on the Steps of Synaptic Transmission</li> <li>Receptor Types &amp; Selectivity Autonomic Nervous System         <ul> <li>Parasympathetic Nervous System</li> </ul> </li> <li>Parasympathetic Nervous System</li> <li>Sympathetic Nervous System</li> <li>Feedback Regulation Peripheral Nervous System</li> <li>Cholinergic &amp; Adrenergic Receptors</li> <li>Specificity</li> <li>Cholinergic Drugs: Muscarinic-Agonists &amp; Antagonists</li> <li>Cholinesterase Inhibitors</li> <li>Neuromuscular Blocking Agents Adrenergic Agonists</li> <li>Alpha-Adrenergic Antagonists</li> <li>Beta-Adrenergic Antagonists</li> <li>Centrally Acting Alpha2-</li> </ul>	Chapters 12, 13, 14, 15, 16, 17, 18, & 19 Chapter 12: Basic Principles of Neuropharmacology Chapter 13: Physiology of the Peripheral Nervous System Chapter 14: Muscarinic Agonists and Antagonists Chapter 15: Cholinesterase Inhibitors and Their Use in Myasthenia Gravis Chapter 16: Drugs That Block Nicotinic Cholinergic Transmission: Neuromuscular Blocking Agents Chapter 17: Adrenergic Agonists Chapter 18: Adrenergic Antagonists Chapter 19: Indirect-Acting Antiadrenergic Agents	Review Key Points  Review "Summary of Major Nursing Implications"  Practice EVOLVE Questions/ Read Rationales  Drug Cards:  TBA
Week 15	Agonists	Chantors 20, 20, 9, 20	ATI Pharm Made Easy:
11/25/2019 Thanksgiving	No Class	Chapters 28, 29, & 30 Chapter 28: Opioid Analgesics, Opioid Antagonists, and Nonopioid Centrally Acting Analgesics	Review Key Points Practice EVOLVE
		Chapter 29: Pain Management in Patients with Cancer  Chapter 30: Drugs for Headache	Questions/ Read Rationales  Review "Summary of Major Nursing Implications"  Drug Cards:

# Imperial Valley College Course Syllabus – Pharmacology Nursing 109

Week 16 12/02/2019	Anesthetic and Anesthesia Malignant Hyperthermia Inhalation Anesthetics Intravenous Anesthetics	Chapter 26: Local Anesthetics  Chapter 27: General Anesthetics	ATI Pharm Made Easy: Review Key Points Practice EVOLVE Questions/ Read Rationales Review "Summary of Major Nursing Implications" Drug Cards: TBA
Week 17 12/09/2019	FINAL EXAM:	Majority of content will be from weeks 14, 15, & 16. Some content from previous Exams may be included. TBA	