

Imperial Valley College Course

Basic Course Information

Semester	Summer 2019	Instructor Name	Alejandra Villegas MSN/FNP-C
Course Title & #	Nursing 219, Psych Mental Health	Email	alejandra.villegas@imperial.edu
CRN #		Webpage (optional)	NA
Room	2150	Office	
Class Dates	06/17/19-07/25/19	Office Hours	Monday 0830-1030
Class Days	Tuesday (Lecture) Wed., Thurs. & Friday(Clinical)	Office Phone #	760-355-6530
Class Times	9:00 AM- 4:00 PM- Lecture 6:45AM-5:20PM - Clinical	Clinical Practicum Hours	
Units	3		

Welcome to Psychiatric Nursing. This course will cover the essential components required for being a safe practitioner in the area of behavioral health. Multiple teaching modalities will be utilized.

Course Description

Videbeck’s Psychiatric Mental Health Nursing utilizes the nursing process framework. The text emphasizes assessment, therapeutic communication, neurobiological theory and pharmacology throughout its chapters. Interventions focus on aspects of care, which includes clients care, communication, client and family teaching, and community resources, as well as practical application in various clinical settings. Students will be presented with current knowledge related to care of the mentally ill, including elderly considerations. Key points, critical thinking questions, drug alerts, cultural considerations, application of the nursing process, and clinical vignettes will allow facilitation of the nursing student’s learning.

Course Objectives

- Describe basic concepts of mental health nursing including delivery of client care, critical thinking, health education/promotion, nursing process and current issues in psychiatric nursing
- Discuss the neurobiological and psychosocial theories related to mental illness, psychopharmacology, and various treatment settings in which mentally ill patients received care
- Understand the concepts of therapeutic relationship and therapeutic communication
- Describe the client’s response to illness and correlating assessment strategies
- Discuss legal and ethical issues, and emotional concerns related to the mentally ill population
- Describe the major categories of the DSM-IV-TR
- Describe the role of the mental health nurse in various practice settings
- Incorporate the nursing process in caring for mentally ill client, with implementation of safe and effective care

Textbooks & Other Resources or Links

Videbeck, Sheila (2017). *Psychiatric-Mental Health Nursing with Access (7/e)*. Lippincott-Raven Publishers ISBN: 978-1451187892
ATI Mental Health Nursing current edition.

Attendance

Attendance to all clinical and class sessions is expected. Absences will be limited per college catalogue to 6.5 hours for the semester. It is at the discretion of the instructor to require an assignment to make up for the missed time.

Student Evaluation/Grading Policies

All exams will be graded per nursing department policy. Each exam will be valued at 100% the final must be passed with a minimum of 78%.

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Examination Policy: All exams including the final must be passed with a minimum of 78%. If the final exam is not passed the student will receive an “F” in the class and will not be able to progress to the next nursing course and the student will be dismissed from the nursing program.

There will be 4 exams and the final each exam worth 50 points and final 100

3 assignments 25 points each

1 group presentation 50 points

ATI test will be part of the grade up to instructor discretion

Clinical evaluation done by your clinical instruction will be part of your grade based on 100%

93-100% = A

85-92% = B

78-84% = C

Below 78% -F

Expectations of Students

The student will attend class and spend a minimum of 6 hours outside of class reviewing in class material. The student will pass the ATI assessment exam which will be graded on the levels not the raw score.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6312 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Student Learning Outcomes

- 1) Determine actual and potential psychiatric problems and appropriate nursing responses to restore and promote health.
- 2) Identify the commonly used psychopharmacological agents for treatment of clients in mental health facilities and nursing measures needed when administering these treatments.

Anticipated Psychiatric & Mental Health Class Schedule / Calendar

W	Topic(s)	Reading Assignments
1	Introductions/Foundations Theories 1 Therapeutic-Communication 5,6,7 Pharmacology 2 Legal and ethical Issues 9	Chapters 1-9 ATI: pertaining chapters Movie: Beautiful Mind (2.16)
2	Anxiety 14 OCD 15 Schizophrenia 16 Moods/Personality 17,18 Exam 1 (ch 1 to 9)	A Beautiful Mind assignment due at 0900. Chapters 14,15,16, 17, 18 ATI pertaining chapters Movie: Girl Interrupted (1.85)
3	Addiction 19 Eating Disorders 20 Somatic Sx 21 Disruptive Behavior 23 Exam 2 (14,15,16,17,18)	Girl Interrupted Assignment due at 0900. Chapters 19-23 ATI pertaining chapters Movie 28 Days (1.85)
4	Grief and Loss Trauma 10 Anger, hostility and aggression 11 Abuse and violence 12 Trauma 13 Exam 3 (19,20,21,23)	28 Days Assignment due at 0900 Chapters 10-13 ATI pertaining chapters
5	Childhood Disorders Neurodevelopmental disorders 22 Cognitive disorders 24 Exam 4 (10,11,12,13) Group presentations	Major review

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Week 6	FINAL (comprehensive + chapters 22 and 24) Group presentations continuation ATI test	
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Anticipated Psychiatric & Mental Health Clinical Schedule / Calendar

Week	Topic(s)	Reading Assignments	Clinical Location / Assignments
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<p>CLINICAL 0645-1720</p> <p>Week 1</p>	<p>Introductions/Foundations Theories Pharmacology Legal Issues Chapters 1-9</p> <p>OCD Schizophrenia Chapters 15-16</p>	<p>ALVARADO PARKWAY INSITIUTE ORIENTAION- TBA</p> <p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p>
<p>CLINICAL 0645-1720</p> <p>Week 2</p>	<p>OCD Schizophrenia Chapters 15-16</p> <p>Anxiety Moods Personality Chapters 14, 17, 18</p>	<p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p>
<p>CLINICAL 0645-1720</p> <p>Week 3</p>	<p>Anxiety Moods Personality</p> <p>Addiction Disruptive Behavior Eating Somatic Sx Chapters 19-24</p>	<p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p>
<p>CLINICAL 0645-1720</p> <p>Week 4</p>	<p>Chapters 10-14 Grief and Loss Trauma- Concussion</p>	<p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p>
<p>CLINICAL 0645-1720</p> <p>Week 5</p>	<p>Childhood Disorders</p>	<p>PROCESS RECORDINGS CARE PLANS DRUG CARDS</p>

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CLINICAL INSTRUCTORS	PROFESSOR ZECHAR PROFESSOR ZECHAR PROFESSOR NACIONALES	WEDNESDAY CLINCAL THURSDAY CLINCAL FRIDAY CLINICAL

DIRECTIONS TO ALVARADO PARKWAY INSTITUTE (API):

I-8 WEST TOWARD SAN DIEGO, TAKE THE LAKE MURRAY/ 70TH STREET EXIT STAY IN RIGHT LANE, MAKE IMMEDIATE RIGHT. API IS ON THE LEFT.

PLEASE PARK IN THE DIRT PARKING LOT TO THE NORTH OF THE INSTITUTE.