

Basic Course Information

Semester:	Winter 2018	Instructor Name:	Rebecca Agundez RN BSN Pam Hansink BSN RN
Course Title & #:	Nurs 080	Email:	Rebecca.agundez@imperial.edu pam.hansink@imperial.edu
CRN #:	15196	Webpage (optional):	
Classroom:	2139	Office #:	2137
Class Dates:	Jan. 16 – Jan. 26, 2018	Office Hours:	Mon – Fri 1 – 3 pm
Class Days:	Monday - Friday	Office Phone #:	760-355-6530
Class Times:	8 am – 1 pm	Emergency Contact:	Nursing office 760-355-6348
Units:	1.5 units		

Course Description

This course is designed to provide the pre-nursing student with an introduction to the study of nursing. The student will participate in eight- five hour sessions to explore and become familiar with the expectations and realities of being a nursing student. Utilizing a variety of topics, activities, examinations and general information, it is designed to assist the student to develop strategies to be successful in the nursing program. The philosophy of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct are discussed.

Course Prerequisite(s) and/or Corequisite(s)

Acceptance to the ADRN program

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. identify strategies for personal and academic success in the Nursing Program, as demonstrated by being able to write a 4-page paper in APA format. ILO3

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote and inhibit success in the nursing program. State changes needed in personal life and activities designed to meet the challenges to be successful in the nursing program, including time management and study skills.
2. Begin developing critical thinking and problem-solving skills. Define “Critical Thinking” in nursing practice.
3. Achieve 75% on Math Examinations, complete tests within appropriate time frames.

4. Attend an information literacy skills workshop and write a 4-page paper in APA format.
5. Receive information on good financial management.
6. Receive information on available scholarships for nursing and complete essay for one scholarship.
7. Review Medical Terminology.
8. Be familiar with nursing student handbook.
9. Receive information on graduation requirements.
10. Be familiar with National Patient Safety Goals and Quality and Safety Education for Nurses.
11. Review the ANA Code of Ethics for Nurses and discuss pertinent ethical and legal concepts.
12. Demonstrate basic nursing skills: infection control, hand washing, vital signs, intake and output, patient safety, bed making, bathing, positioning patient in bed, transferring patient and proper body mechanics, oral care, glucometer testing and toileting needs.

Textbooks & Other Resources or Links

- American Psychological Association 2010. *Publication Manual of the American Psychological Association* 6th . Lippincott, Williams & Wilkins ISBN: 1433805618.
- Ann Ehrlich 2012. *Medical Terminology for Health Professions-With Cd and Flashcards* 7th. Delmar Publications ISBN: 1111543275.
- Donald Venes 2009. *Taber's Cyclopedic Medical Dictionary Index - With DVD* 21st. F. A. Davis ISBN: 0803615590.
- Nancy Olrech 2011. *Student Success for Health Professionals Made Incredibly Easy* 2nd . Lippincott, Williams, & Wilkins ISBN: 1609137841.
- Patricia Mary Nugent 2011. *Fundamentals Success - With CD: course review applying critical thinking to test-taking* 3rd . F. A. Davis ISBN: 9780803627796.
- Patricia Mary Nugent 2011. *Test Success : Test-Taking Techniques for Beginning Nursing Students - With Cd* 6th. F. A. Davis ISBN: 9780803628182

The student is not required to purchase these text books; they are for reference only.

Course Requirements and Instructional Methods

Audio Visual (Movies and Video clips)

Computer Assisted Instruction

Demonstration /Return demonstration

Discussion

Lecture

Written assignments

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Pass/No Pass

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor. Students may not use recording devices in the classroom or Skills Labs unless documented on a DSPS accommodation sheet.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, only students enrolled in the class may attend; children are not allowed.

Online Netiquette

- What is netiquette? Netiquette is internet manners, online etiquette, and digital etiquette all rolled into one word. Basically, netiquette is a set of rules for behaving properly online.
- Students are to comply with the following rules of netiquette: (1) identify yourself, (2) include a subject line, (3) avoid sarcasm, (4) respect others' opinions and privacy, (5) acknowledge and return messages promptly, (6) copy with caution, (7) do not spam or junk mail, (8) be concise, (9) use appropriate language, (10) use appropriate emoticons (emotional icons) to help convey meaning, and (11) use appropriate intensifiers to help convey meaning [do not use ALL CAPS or multiple exclamation marks (!!!!)].

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **CANVAS LMS.** Canvas is Imperial Valley College's main Learning Management System. To log onto Canvas, use this link: [Canvas Student Login](#). The [Canvas Student Guides Site](#) provides a variety of support available to students 24 hours per day. Additionally, a 24/7 Canvas Support Hotline is available for students to use: 877-893-9853.
- **Learning Services.** There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **Library Services.** There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services \(DSP&S\)](#) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations. A copy of your accommodation sheet needs to be given to your nursing Instructor, on file in the Nursing office and in the Nursing Learning Center.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **Student Health Center.** A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6128 in Room 1536 for more information.
- **Mental Health Counseling Services.** Short-term individual, couples, family and group counseling services are available for currently enrolled students. Services are provided in a confidential, supportive, and culturally sensitive environment. Please contact the IVC Mental Health Counseling Services at 760-355-6310 or in the building 1536 for appointments or more information.

Veteran's Center

The mission of the [IVC Military and Veteran Success Center](#) is to provide a holistic approach to serving military/veteran students on three key areas: 1) Academics, 2) Health and Wellness, and 3) Camaraderie; to serve as a central hub that connects military/veteran students, as well as their families, to campus and community resources. Their goal is to ensure a seamless transition from military to civilian life. The Center is located in Building 600 (Office 624), telephone 760-355-6141.

Extended Opportunity Program and Services (EOPS)

The Extended Opportunity Program and Services (EOPS) offers services such as priority registration, personal/academic counseling, tutoring, book vouchers, and community referrals to qualifying low-income students. EOPS is composed of a group of professionals ready to assist you with the resolution of both academic and personal issues. Our staff is set up to understand the problems of our culturally diverse population and strives to meet student needs that are as diverse as our student population.

Also under the umbrella of EOPS our CARE (Cooperative Agency Resources for Education) Program for single parents is specifically designed to provide support services and assist with the resolution of issues that are particular to this population. Students that are single parents receiving TANF/Cash Aid assistance may qualify for our CARE program, for additional information on CARE please contact Lourdes Mercado, 760-355- 6448, lourdes.mercado@imperial.edu.

EOPS provides additional support and services that may identify with one of the following experiences:

- Current and former foster youth students that were in the foster care system at any point in their lives
- Students experiencing homelessness
- Formerly incarcerated students

To apply for EOPS and for additional information on EOPS services, please contact Alexis Ayala, 760-355-5713, alexis.ayala@imperial.edu.

Student Equity Program

- The Student Equity Program strives to improve Imperial Valley College’s success outcomes, particularly for students who have been historically underrepresented and underserved. The college identifies strategies to monitor and address equity issues, making efforts to mitigate any disproportionate impact on student success and achievement. Our institutional data provides insight surrounding student populations who historically, are not fully represented. Student Equity addresses disparities and/or disproportionate impact in student success across disaggregated student equity groups including gender, ethnicity, disability status, financial need, Veterans, foster youth, homelessness, and formerly incarcerated students. The Student Equity Program provides direct supportive services to empower students experiencing insecurities related to food, housing, transportation, textbooks, and shower access. We recognize that students who struggle meeting their basic needs are also at an academic and economic disadvantage, creating barriers to academic success and wellness. We strive to remove barriers that affect IVC students’ access to education, degree and certificate completion, successful completion of developmental math and English courses, and the ability to transfer to a university. Contact: 760.355.5736 or 760.355.5733 Building 100.
- The Student Equity Program also houses IVC’s Homeless Liaison, who provides direct services, campus, and community referrals to students experiencing homelessness as defined by the McKinney-Vento Act. Contact: 760.355.5736 Building 100.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

RN Nursing 80 – Winter 2018

Daily Schedule: (Subject to change at Instructor’s discretion)

January 16: Classroom: Orientation to Nursing program, clearances, uniforms (*Laura*), student physicals (*Aida*)

- Introduce student handbook, philosophy of the nursing program (*Tina*)
- HIPAA, how to keep social media from ruining your career
- Professionalism in Healthcare DVD #1 and discussion
- Complete demographic and stress score pages
- Family preparation for the nursing program activity, Breaking Barriers DVD
- Tour of skills labs and classrooms/ pictures
- Skills Lab: Oral Care and Glucometers

Go home and check if you can watch Taylor's streaming videos on your computer. If not, plan to stay after class to watch videos in the computer lab.

Lecture: 2 hours

Lab: 3 hours

January 17: Classroom: Financial Aid presentation (reducing stress by financial planning) (*Lisa*)

- Graduation requirements (*Stella*)
- Brain rules/ Reading strategies to improve concentration and comprehension
- Are you + you're not - ? Exercise
- Suggestions to avoid procrastination, time management (planner), complete "how well do you manage your time?" assessment (reducing stress by getting organized)
- Services in the Nursing Learning Center (Nursing 81), Intro to textbooks, ATI Nurse-in-a-box
- Mental Health Counselor presentation of services offered in the Student Health Center (*Lupita*)
- Skills labs: Infection Control Presentation and Video, Hand washing/ mask, gown, glove exercise
Different types of Isolation

Lecture: 2 hours

Lab: 3 hours

January 18: Computer Lab: ATI Critical Thinking exam

Classroom: Watch Ethics DVD part 1, discussion and post-test (Group work: key words for legal/ethical issues)

- Math review
- Skills Lab: Safe Transfers, Body Mechanics- Taylor's streaming video Module 10
Fall risk assessment (Morse scale), skin assessment (Braden scale)
60 second assessment

Lecture: 2 hours

Lab: 3 hours

January 19: Computer Lab: Intro to APA format

- Assignment (turn in next class): Pre-write for next week's paper (2 pages, 12 pt. New Times Roman):
 1. Factors which promote or inhibit student success in the nursing program (examples of changes needed in personal life and activities/resources available to help you be successful in the nursing program)
 2. What research shows to be effective strategies for student success in nursing programs
- Make sure you have a title, introductory paragraph, several paragraphs to develop argument, and a concluding paragraph. *Must be turned in Monday Jan. 8th*

Classroom: Medical Terminology Jeopardy game

Math review

- Skills Lab: Vital Signs: T, P, BP and R –Taylor's streaming video Module 1

Lecture: 2 hours/ Lab: 3 hours

January 22: Classroom: Turn in 1st draft of APA paper

- Professionalism in Healthcare DVD #2 and discussion
- Therapeutic Communication with patients, their families, coworkers and physicians (SBAR), “Just a routine operation” video
- Patient Safety, National Patient Safety Goals, speak up videos
- Abbreviations Jeopardy game
- Skills Lab: Assisting with bedpan or diaper change

Lecture: 2 hours

Lab: 3 hours

January 23: Classroom: Dennis Quaid Video, Legal Eagle Eye Articles, discuss medication safety

- IOM Reports, Project Zero
- Math Review
- Skills Lab: Intake and Output record - Lippincott’s Module 10- Measuring Urinary Output

Lecture: 2 hours

Lab: 3 hours

January 24: Classroom: Red bags/ motivational poster

- Critical Thinking and the Nursing Process lecture
- Care Plans (examples)
- Math review
- Vital signs quiz
- Skills Lab: Bed making and hygiene - DVD/ Practice – Taylor’s streaming video Module 8

Lecture 2 hours

Lab: 3 hours

January 25: Classroom: FAMILY DAY! Students are able to bring 1 family member/ friend to class 8 am – 10 am

- Basic Math exam (25 questions) meanwhile families/ friends in Lab 1 for discussion and tour of Labs
- Student Evaluation of orientation
- Skills lab: Positioning patient in bed – Lippincott’s video for CNA’s Module 3
- Roundtable with nursing students from previous semesters / Lunch
- Students can practice all skills in Lab 1

Lecture 2 hours

Lab: 3 hours

January 26: Skills Lab: Skills check off in Lab 1, 2 and 3 (Pam, Rebecca, Alejandra and Carmen)

- Students watch “The American Nurse” movie in room 2139

Lecture 2 hours

Lab: 3 hours

*****Tentative, subject to change without prior notice*****