

COURSE SYLLABUS
PE 120
SOFTBALL, COED

INSTRUCTOR: JILL LERNO
OFFICE:707
ROOM : SBF
TIME:TTH CRN# 10738 11:30-12:35
PHONE : 760-355-6332
EMAIL jill.lerno@imperial.edu

COURSE DESCRIPTION:

THIS COURSE IS DESIGNED TO EMPHASIZE THE FUNDAMENTALS , KNOWLEDGE OF RULES , COACHING TECHNIQUES , AND BASIC KNOWLEDGE OF THE GAME OF SOFTBALL.

TEST: NO TEXT REQUIRED

STUDENT LEARNING

OUTCOMES

1. Perform the offensive and defensive "hit and run" skill with an increasing degree of proficiency

EQUIPMENT REQUIRED:SOFTBALLGLOVE

ATTENDANCE:

ATTENDANCE IS A MUST, YOU ARE ALLOWED ONE UNEXCUSED ABSENCES BEFORE YOUR GRADE MAY DROP. NOT PROPERLY DRESSED WILL COUNT AS ½ ABSENCE. AFTER ALLOWABLE ABSENCES YOUR GRADE WILL DROP ONE GRADE FOR EACH UNEXCUSED ABSENCE .

DRESS CODE:

YOU MUST BE DRESSED FOR CLASS EVERYDAY THAT CLASS IS HELD. THIS INCLUDES SHORTS OR SWEATPANTS, TEE SHIRT AND APPROPRIATE TENNIS SHOES.
ABSOLUTLY NO SPAGETTI STRAPED SHIRTS!!

OBJECTIVES:

STUDENTS WILL DEMONSTRATE DEVELOPMENT CAPABILITIES OF HITTING , BUNTING , THROWING AND CATCHING.

STUDENTS WILL ANALYZE DEFENSIVE STRATEGIES OF THE GAME .

STUDENTS WILL PRACTICE OFFENSIVE STRATEGIES .

STUDENTS WILL PRACTICE TEAM PLAY AND COACHING TECHNIQUES ASSOCIATED WITH SOFTBALL.

GRADE:

GRADE IS BASED ON ATTENDANCE , PARTICIPATION , DRESSING OUT AND PHYSICAL PERFORMANCE THROUGH OUT THE SEMESTER.

ANY STUDENT WITH A DOCUMENTED DISABILITY WHO MAY NEED EDUCATIONAL ACCOMMODATIONS SHOULD NOTIFY THE INSTRUCTOR OR THE DISABLED STUDENT PROGRAMS AND SERVICES (DSP&S) OFFICE AS SOON AS POSSIBLE.