#### **Basic Course Information**

Semester	Summer 2016	Instructor Name	Diana Melissa Navarro-Barrios
Course Title & #	Psychology 101	Email	diana.barrios@imperial.edu
CRN#	30064	Webpage (optional)	
Room	411	Office	Room 809
Class Dates	June 20-July 28, 2016	Office Hours	By appointment only
Class Days	Monday-Thursday	Office Phone #	760-355-6144
Class Times	5:30pm-7:40pm	Office contact if	Department Secretary is an
		student will be out	option or email instructor
Units	3	or emergency	

### **Course Description**

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy. and social processes. (C-ID PSY 110) (CSU, UC)

### **Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
- 2. Identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
- 3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

#### **Course Objectives**

### **Upon satisfactory completion of the course, students will be able to:**

- 1. Discuss the development of psychology as a science.
- 2. Identify the major biologic response systems of the human body and discuss their influence on behavior.
- 3. Discuss the difference between sensation and perception, giving one illustration of each.
- 4. Define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
- 5. Identify and describe the major theories of human development and discuss how growth and development affect behavior.
- 6. Discuss the processes by which humans learn and store skills and information.
- 7. Discuss major theories of personality, their assumptions and implications.
- 8. Outline the nature, causes, and treatments of abnormal behavior.
- 9. Discuss the ways in which the social milieu affects human behavior.
- 10. Identify major theories of emotion and motivation.

#### **Textbooks & Other Resources or Links**

Meyers, David G. Exploring Psychology, 2014 9th Edition, New York: Worth Publishers.

## **Course Requirements and Instructional Methods**

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual's projects as well as performance of quizzes and exams.

# **Class Participation**

Attending every class session is expected. Arriving tardy, leaving early or stepping outside during lecture will be noted and count against class participation. Please schedule all appointments outside of class time. At the instructor's discretion, a student may be dropped after 3 absences. However, if you decide not to continue with this course, you are responsible for dropping the class by the drop date. In-class assignments will count toward class participation points.

#### Late Work

### Late work will not be accepted.

Assignments will not be accepted viae-mail and computer related issues are not considered an excuse for late work.

<u>Out of Class Assignments</u>: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time <u>and</u> two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives						
90-100% = A	Exams	5@	100 pts.	500pts.		
80-89% = B	Quizzes	5@	25 pts.	125pts.		
70-79% = C	Thought Paper	2@	50 pts.	50pts.		
60-69% = D	Participation		50 pts.	50pts.		
0-59% = F						
		TOTAL=	600 pts.			

#### **Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of
  an online class will be dropped by the instructor as of the first official meeting of that class. Should
  readmission be desired, the student's status will be the same as that of any other student who desires to add
  a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog
  for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

### **Classroom Etiquette**

- <u>Electronic Devices:</u> Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.
- <u>Food and Drink</u> are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- <u>Disruptive Students:</u>Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- <u>Children in the classroom:</u> Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

# **Academic Honesty**

# Required Language

- <u>Plagiarism</u> is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- <u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism;(b) copying or attempting to copy from others during an examination or on an assignment;(c)communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

# Additional Help – Discretionary Section and Language

- Blackboard support center: http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543
- <u>Learning Labs:</u>There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- <u>Library Services:</u>There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313 if you feel you need to be evaluated for educational accommodations.

### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid StudentHealth Fee.We now also have a fulltime mental health counselor. For information see<a href="http://www.imperial.edu/students/students/student-health-center/">http://www.imperial.edu/students/students/students/students/students/student-health-center/</a>. The IVC Student Health Center islocated in the Health Science building in Room 1536, telephone 760-355-6310.

## **Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and dueprocess. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at <a href="http://www.imperial.edu/index.php?option=com\_docman&task=doc\_download&gid=4516&Itemid=762">http://www.imperial.edu/index.php?option=com\_docman&task=doc\_download&gid=4516&Itemid=762</a>

# **Information Literacy**

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <a href="http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/">http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/</a>

Anticipated Class Schedule / Calendar				
Date or Week	Activity, Assignment, and/or Topic	Pages/ Due Dates/Tests		
June 20	Syllabus & Introduction	Buy book and read Ch. 1		
June 21	Thinking Critically	Chapter 1		
June 22 & 23	The Biology of Behavior	Chapter 2		
June 27	Consciousness & The Two Track Mind	Chapter 3		
June 28	EXAM #1 Thought Paper & Quiz #1	Chapter 1-3		
June 29 &30	Developing Through the Life Span	Chapter 4		
June 29	Gender and Sexuality	Chapter 5		
July 5	Sensation and Perception/Video	Chapter 6		
July 5	EXAM #2 Quiz 2	Chapter 4-6		
July 6 & 7	Learning	Chapter 7		
July11	Memory	Chapter 8		
July 12	Thinking Language and Intelligence	Chapter 9		
July 13	EXAM #3 Quiz 3	Chapter 7-9		
July 14	Motivation	Chapter 10		
July 18	Stress, Health & Human Flourishing	Chapter 11		
July 29 & 20	Personality	Chapter 12		
July 21	EXAM #4 Quiz #4 & Thought Paper # 2	Chapter 10-12		
July 25	Social Psychology	Chapter 13		
July 26	Psychological Disorders	Chapter 14		
July 27	Therapy Quiz # 5	Chapter 15		
July 28	FINAL EXAM	Chapter 12, 14 & 15		
Notes	This calendar is a tentative course outline.	Holidays: July 4		

The instructor reserves the right tomodify	Last Day to Drop with a
scheduling of lectures, assignments and exam	W: July 19
as needed.	