

ADS/ PSYCH 130

Group Leadership and Group Process

Mary Lofgren, Instructor

Building 100

(760) 355-6247

mary.lofgren@imperial.edu

Corey, Marianne S., Corey, Gerald, Corey, Cindy. Groups: Process and Practice, Ninth Edition, Brooks/Cole, Cengage Learning 2014

Course Description:

This course will introduce the student to group theory and process and how groups effect the whole social change. It will examine membership in and leadership of various kinds of groups, emphasizing group process.

Consideration will be given to goals and strategies of social change and the necessity for social change in relation to personal and social values. The factors involved in problems of communication, effective emotional responses and personal growth also will be highlighted, emphasizing the group process as means of changing behavior.

Course Objectives:

1. To acquaint you with the growth of small group work and various kinds of groups.
2. To familiarize you with the parameters of the group process, functions of group process, functions of group leadership, controls for the group process, tools for group induction.
3. To acquaint you with the catalysts to interaction including both verbal and non-verbal techniques.
4. Familiarize you with the practical considerations in organizing groups, list ways of measuring a member's progress in a group, the art of groups, and the misuse of groups.
5. To familiarize you with specialized groups in children, adolescents, adults, and the elderly.
6. To familiarize you with special topics such as drug and alcohol, anger management, grief, and other areas.
7. To help you understand issues related to and how to deal with ethical professional relationship.

Course Format: This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects and performance on quizzes and exams.

Group Assignment:

You and your partner/partners will meet and develop a plan to start a group. You will determine and plan for the following things:

- Type*
- Number of Participants*
- Screening*
- Place*
- Advertisement & Recruitment*
- Ground rules*
- Statement of informed Consent*
- Confidentiality Pledge*
- Trust Building Exercise*
- Energy Building Exercise*

Quizzes:

There will be a True /False and Multiple Choice quiz given at the end of each class period. They will be worth 20 points and a total of 12 in all.

Meeting Assignment:

Attend 1 group counseling meeting (AA, Behavioral Health etc.) A 1 page paper summarizing your experience will be worth 50 points.

Grading System:

Quizzes up to 11 @ 20 pts

Group Assignment 100 pts

Attend 1 meeting assignment/ paper 50 pts

Total: 370 points possible

90-100% = A

80-89% = B

70-79% = C

60-69% = D

0-59% = F

Course Requirements:

Attendance and Class Participation: You are expected to attend class and stay for the whole period. You are expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you decided not to attend class anymore, it is your responsibility to go into *WEBSTAR* and drop the class. **LAST DAY TO DROP is May 14, 2016**

Student Learning Outcomes:

SLO #1 Identify group need. (ILO2, ILO3)

SLO #2 Select and advertise a type of group. (ILO1, ILO2, ILO3)

SLO #3 Prepare confidentiality forms. (ILO1, ILO2, ILO3)

SLO #4 Prepare ground rules for group participation. (ILO1, ILO2, ILO3, ILO5)

Special Accommodations:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312

Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in my classroom. If a student is caught committing any type of academic dishonesty he or she will be given a 0 for the assignment/exam and will be reported to Student Affairs for further handling of the matter. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie will be counted as an absence. If you get up and leave during class, please do not return. Coming in and out is disruptive to the other students as well as to me. No cell phones should be answered during class or examinations.

Tentative Course Schedule

Date Topic Reading Assignment

02/18/16 Introduction to Class
02/25/16 Introduction to Group Work Chapter 1
03/03/16 The Group Counselor Chapter 2
03/10/16 Ethical and Legal Issues in Group Counseling Chapter 3
03/17/16 Theories and Techniques of Group Counseling Chapter 4
03/24/16 Forming a Group Chapter 5
03/31/16 Spring Break
04/07/16 Initial Stage of a Group Chapter 6
04/14/16 Transition Stage of a Group Chapter 7
04/21/16 Working Stages of a Group Chapter 8
04/28/16 Final Stages of a Group Chapter 9
05/05/16 Groups in School Settings Chapter 10
05/12/16 Groups in Community Settings Chapter 11
05/19/16 Meeting Paper Due / Pick Groups
05/26/16 Groups
06/02/16 Groups
06/09/16 Groups

This instructor reserves the right to make announced modifications to this course outline.