

### Basic Course Information

Course Title & #: <b>ADS 101: Alcoholism: Intervention, Treatment &amp; Recovery</b>			
Classroom: <b>Imperial County Day Reporting Center (DRC), 324 Applestill Road, El Centro</b>			
Campus Orientation: <b>Thursday, August 20, 2015, @1pm-4:10pm in Room 203</b>			
Semester:	<b>Fall 2015</b>	Instructor Name:	<b>Aruna Patel</b>
CRN #:	<b>10532</b>	Email:	<a href="mailto:aruna.patel@imperial.edu">mailto:aruna.patel@imperial.edu</a>
Class Dates:	<b>08/20/15 – 12/15/15</b>	Office #:	<b>302</b>
Class Days:	<b>Thursday</b>	Office Hours:	<b>BAO</b>
Class Times:	<b>1:00pm-4:10pm</b>	Office Phone #:	<b>(760)355-6579</b>
Units:	<b>3</b>	Emergency Contact:	<b>(760)355-6144</b>

### Course/Catalog Description:

This course is an introduction to assessment and treatment approaches to Alcoholism and drug abuse. Alcoholism will be studied in its social and clinical context. Attention will be given to the basic theoretical approaches to the disease. This course will examine the various components of intervention, treatment, recovery, and resources. (CSU)

### Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

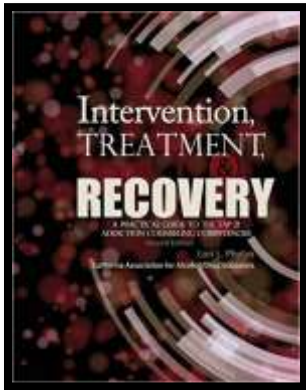
- Develop an alcohol intervention using information and assessment skills. (ILO1, ILO2, ILO3, ILO5)
- Choose an intervention team. (ILO1, ILO2, ILO3)
- Conduct a mock intervention. (ILO1, ILO2, ILO3)
- Addiction Counseling Competencies in Screening, Assessment and recognizing cultural issues when choosing treatment programs.
- Knowledge of different treatment models for addiction.
- Acquire in-depth knowledge of the importance of support systems and spirituality in recovery.

### Measurable Course Objectives & Minimum Standards for Grade of "C"

Upon satisfactory completion of the course, students will be able to:

- Describe attitudes and behavior surrounding the use of alcohol and psychoactive drugs.
- Demonstrate a working knowledge of the impact of alcoholism/ drug abuse in various segments of society.
- Define his/her own attitudes about the alcoholic/addict.
- Demonstrate understanding of the major treatment models.
- Demonstrate a working knowledge of local groups and the organizations offering treatment services.
- Demonstrate an intervention in a family or work station.
- Demonstrate understanding of screening and assessment the alcoholic /addict.
- Demonstrate Counseling skills for individuals, group and family.
- Demonstrate Professional And Ethical Responsibilities.

## Textbooks & Other Resources or Links



**Required:**

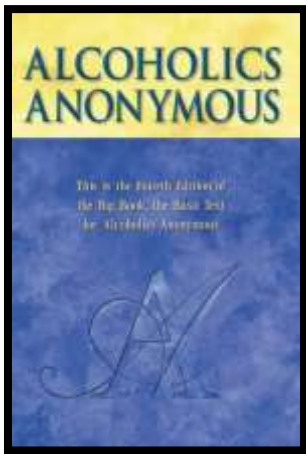
**Intervention, Treatment, & Recovery: A Practical Guide To The Top 21 Addiction Counseling Competencies (2<sup>nd</sup> Edition)**

Author: Lori L. Phelps

California Association for Alcohol/Drug Educators

ISBN 978-1465267450

Textbook information: <http://www.kendallhunt.com/phelps/>



**Required:**

**Alcoholics Anonymous (Big Book) 4<sup>th</sup> Edition**

ISBN 978-1-8930-0-7161

Free PDF Version available at: [http://www.aa.org/pages/en\\_US/alcoholics-anonymous](http://www.aa.org/pages/en_US/alcoholics-anonymous)

## Course Requirements and Instructional Methods

This course is part of the IVC [Inside/Out College Program](#) which brings “Inside” students (those incarcerated at the Imperial County Jail) and “Outside” students (IVC campus students) together for a unique and transformative learning experience. See the Inside/Out College Program website for more information or contact the Program Coordinator, Gaylla A. Finnell at [gaylla.finnell@imperial.edu](mailto:gaylla.finnell@imperial.edu) or 760-355-6511. All class sessions, except for the first week orientation, will be held at the Imperial County Day Reporting Center (DRC) at 324 Applestill Road, El Centro, next to the Imperial County Probation Department. **Orientation for “Outside” students will be on Thursday, August 20th, from 1:00pm-4:10pm at IVC in Room 203. Orientation for “Inside” students will be on Monday, August 17th, from 1:00pm-4:10pm at the DRC.**

The course will consist of classroom lectures and activities in support of student learning. For more information regarding course requirements and Instructional Methods see the Class Schedule/Calendar at the end of the course syllabus.

**Out-of-Class Assignments:** The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

### Course Grading Based on Course Objectives

Grading Criteria: ADS 101 must be taken on a “letter grade” basis only. The breakdown of this course is on a grade point scale. No makeup tests are allowed in this class. No late assignments are accepted for grade points.

A	270 – 300 Points
B	240 – 269 Points
C	210 -- 239 Points
D	180 – 209 Points
F	0 – 179 Points

Assignments	Total Required	Point Value	Total Points	% towards total Grade Exams
Tests	2	50	100	33.34%
Alcoholics Anonymous Book Report	1	10	10	3.33%
Intervention Presentation	1	20	20	6.67%
Attend AA/NA/Al-Anon Meetings or Support Groups	1	10	10	3.33%
Semester Project	1	50	50	16.67%
Attendance	1	10	10	3.33%
Final	1	100	100	33.33%

**Extra Credit:** Up to 20 points in extra credit can be earned in class group activities during the semester.

### Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student’s status will be the same as that of any other student who desires to add a class. It is the student’s responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as “excused” absences.
- Attendance for this class is crucial. Travel arrangements to and from the DRC will be discussed during orientation.

### Classroom Etiquette

- Electronic Devices: In accordance with the [Inside/Out College Program Rules of Conduct](#), no electronic devices are allowed at the Day Reporting Center or in the classroom.
- If you know you are going to be late, please give prior notice to the instructor.
- Food and Drink: No food or drink can be brought into the Day Reporting Center or classroom, unless authorized by the instructor. Water and refreshments are provided through the [Inside/Out College Program](#).
- Disruptive Students: Students who violate the [Inside/Out College Program Rules of Conduct](#) will be dropped from the course. Disciplinary procedures will be followed as outlined in the [General Catalog](#).

- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### **Academic Honesty**

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

### **Additional Student Services**

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- [Blackboard Support Site](#). The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- [Learning Services](#). There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- [Library Services](#). There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

### **Disabled Student Programs and Services (DSPS)**

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

### **Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

## Imperial Valley College Course Syllabus – ADS 101

- [Student Health Center](#). A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- [Mental Health Counseling Services](#). Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

### Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

### Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

### Anticipated Class Schedule/Calendar

Week & Date	Class Topic and Activities	Assignments and Exams
<b>Week 1</b> 17 <sup>th</sup> Aug	<b>“Inside” Student Orientation:</b> 1:00pm-4:30pm - DRC -Introduction to class - Rules of Inside/out Program -Course Description and Syllabus Review (Group Activity)	▶ Inside/Out Pre-Survey ▶ <b>Read Chapter 1</b>
<b>Week 1</b> 20 <sup>th</sup> Aug	<b>“Outside” Student Orientation:</b> 1:00pm-4:10pm – Room 203 -Introduction to class -Rules of Inside/Out Program -Course Description and Syllabus Review (Group Activity)	▶ Inside/Out Pre-Survey ▶ <b>Read Chapter 1</b>
<b>Week 2</b> 27 <sup>th</sup> Aug	<b>Chapter 1:</b> Addiction Counseling Competencies Tap 21 -Introduction to classmates Inside/Out (Group Activity)	▶ <b>Read Chapter 2</b>
<b>Week 3</b> 3 <sup>rd</sup> Sept	<b>Chapter 2:</b> Transdisciplinary Foundation 1: Understanding the Disease Concept of Alcohol and Drugs -Competency 1,2,3,4	▶ <b>Read Chapter 3</b>
<b>Week 4</b> 10 <sup>th</sup> Sept	<b>Chapter 3:</b> Transdisciplinary Foundation II: Treatment Knowledge. Conceptual Models and their Implications for Intervention. -Competency 5,6,7,8	▶ <b>Read Chapter 4</b>
<b>Week 5</b> 17 <sup>th</sup> Sept	<b>Chapter 4:</b> Transdisciplinary Foundation III: Application to Practice. Chemical Dependency in Women/Adolescents/Elderly Fetal Alcohol Syndrome (FAS) -Competency 9,10,11,12,13,14,15,16,17 -Intervention plus group work assigned. ▶ <b>Written Assignment DUE:</b> “Alcoholics Anonymous” Book Report	▶ <b>DUE:</b> <a href="#">Alcoholics Anonymous Book Report</a> ▶ <b>Read Chapters 16, 17&amp;18</b> from Textbook Chemical Dependence (Handouts) ▶ <b>Prepare for Intervention</b>

Imperial Valley College Course Syllabus – ADS 101

<b>Week &amp; Date</b>	<b>Class Topic and Activities</b>	<b>Assignments and Exams</b>
<b>Week 6</b> 24 <sup>th</sup> Sept	<ul style="list-style-type: none"> <li>▶ Intervention practical group work</li> <li>▶ <b>Conduct Intervention</b></li> </ul>	▶ <b>Read Chapter 5</b>
<b>Week 7</b> 1 <sup>st</sup> Oct	<p><b>Chapter 5:</b> Transdisciplinary Foundation IV: Professional Readiness –Competency 18,19,20,21,22,23</p> <ul style="list-style-type: none"> <li>▶ <b>TEST 1 (Chapters 1-4 &amp; Intervention)</b></li> </ul>	<ul style="list-style-type: none"> <li>▶ <b>TEST 1</b> (Chapters 1-4 &amp; Intervention)</li> <li>▶ <b>Read Chapter 6</b></li> </ul>
<b>Week 8</b> 8 <sup>th</sup> Oct	<p><b>Chapter 6:</b> Practice Dimension 1: Clinical Evaluation Screening &amp; Assessment –Competency 24,25,26,27,28,29,30,31,32</p> <ul style="list-style-type: none"> <li>▶ <b>Guest Speaker</b></li> </ul>	▶ <b>Read Chapter 7</b>
<b>Week 9</b> 15 <sup>th</sup> Oct	<p><b>Chapter 7:</b> Practice Dimension II: Treatment Planning Treatment Knowledge/ Treatment Facilities. –Competency 37,38,39,40,41,42,43,44,45,46,47,48</p>	▶ <b>Read Chapter 8</b>
<b>Week 10</b> 22 <sup>nd</sup> Oct	<ul style="list-style-type: none"> <li>▶ <b>Guest Speaker</b></li> </ul>	▶ <b>Read Chapter 9</b>
<b>Week 11</b> 29 <sup>th</sup> Oct	<p><b>Chapter 8:</b> Practice Dimension III Referral –Competency 49,50,51,52,53,54,55</p> <p><b>Chapter 9:</b> Practice Dimension IV Service Coordination –Competency 56,57,58,59,60,61</p>	▶ <b>Read Chapters 10,11&amp;12</b>
<b>Week 12</b> 4 <sup>th</sup> Nov	<p><b>Chapter 10, Chapter 11 &amp; Chapter 12</b> Practice Dimension V: Counseling Individual, Group and Family Counseling</p> <ul style="list-style-type: none"> <li>▶ <b>TEST 2 (Chapters 5-9)</b></li> </ul>	<ul style="list-style-type: none"> <li>▶ <b>TEST 2</b> (Ch. 5–9)</li> <li>▶ <b>Read Chapter 13 &amp;14</b></li> </ul>
<b>Week 13</b> 12 <sup>th</sup> Nov	<p><b>Chapter 13:</b> Practice Dimension VI: Client, Family, and Community Education, Chemical Dependence Affects Families</p> <p><b>Chapter 14:</b> Practice Dimension VII: Documentation</p>	<ul style="list-style-type: none"> <li>▶ <b>Read Chapter 15</b></li> <li>▶ <b>Review Semester Project</b></li> </ul>
<b>Week 14</b> 19 <sup>th</sup> Nov	<p><b>Chapter 15:</b> Practice Dimension VIII: Professional and Ethical Responsibilities</p> <ul style="list-style-type: none"> <li>▶ <b>Semester Project Presentations</b></li> </ul>	▶ <b>Presentations:</b> Semester Project
<b>Week 15</b> 26 <sup>th</sup> Nov	<b>No Class:</b> Thanksgiving Holiday	▶ <b>Review</b> for Final Exam
<b>Week 16</b> 3 <sup>rd</sup> Dec	<ul style="list-style-type: none"> <li>▶ <b>FINAL EXAM (Chapters 10,11,12,13,14,15)</b></li> <li>▶ <b>DUE: Semester Project</b></li> </ul>	<ul style="list-style-type: none"> <li>▶ <b>FINAL EXAM</b> (Ch. 10–15)</li> <li>▶ <b>DUE:</b> Semester Project</li> <li>▶ Inside/Out Reflections</li> <li>▶ Inside/Out Post-Survey</li> </ul>
<b>Week 17</b> 10 <sup>th</sup> Dec	<b>Inside/Out Certificate Ceremony:</b> 2:30pm-4:10pm @DRC	

**\*\*\*Tentative, subject to change without prior notice\*\*\***

The Instructor reserves the right to make announced modification to this course outline.

This may change in case of Emergency.