| Semester | Spring 2015 | Instructor Name | Nicole Rodiles | | | | |
|----------------------|--------------------------|--|--|--|--|--|--|
| Course Title & # | Abnormal Psy/PSY 208 | Email | nicole.rodiles@imperial.edu | | | | |
| CRN # | 10726 | Webpage (optional) | | | | | |
| Room | 806 | Office | 807E | | | | |
| Class Dates | 08/18/14-05/11/15 | Office Hours | Tuesday - 11:30-1:30 p.m. Thursday – 11:30-1:30p.m. | | | | |
| Class Days | Monday & Wednesday | Office Phone # | (760) 355-6142 | | | | |
| Class Times Units | 10:15-11:40 a.m. 3.00 | Office contact if student will be out or emergency | (760) 791-4915 | | | | |

Basic Course Information

Course Description

Covers the major categories of mental disorders listed in the latest version of the Diagnostic and Statistical Manual of Mental Disorders (DSM). Draws upon important contributions from various disciplines and theoretical stances. Case studies and research-based explanations are examined. Controversial topics related to mental disorder are explored. (CSU, UC)

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

Compare and contrast the psychological perspectives on mental disorders. (ILO1, ILO2, ILO3, ILO5)

Demonstrate an understanding of the major mental disorders' symptoms and causes. (ILO1, ILO2, ILO3, ILO5)

Demonstrate an understanding of the varied treatments for major mental disorders. (ILO1, ILO2, ILO3, ILO4)

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. discuss the historical, theoretical, and methodological context for the study of abnormal behavior.

2. identify the major mental disorders and describe the symptoms, diagnosis, etiology and treatment of each.

3. provide examples of community and institutional intervention programs and discuss their effectiveness in dealing with mental disorder.

4. identify and discuss contemporary legal and ethical issues in abnormal psychology.

5. explain specific research methods and the ethical principles for the study and treatment of psychopathology.

Textbooks & Other Resources or Links

Sue, David (2016). *Understanding Abnormal Behavior* (11th/e). Stamford, CT Cengage. ISBN: 9781305088061

Course Requirements and Instructional Methods

This course will consist of a combination of lectures, class discussion, assigned readings, videos, individual projects and performance on quizzes and exams.

Thought Papers. There will be two (2) thought papers due at various times during the semester. These are essays of 1-2 pages, which will be based on the readings and class material. Late papers will not be accepted.

Thought papers should address the following: 1) A provocative or interesting idea regarding learned behavior from the text, class discussion, an article from the internet or magazine, and/or a television program, from your point of view. Don't provide a review of the reading/program, but your own thoughts regarding the topic. The main focus of thought papers is for you to **learn** to think critically about psychology. The intention of the assignment is to get some ideas down about the readings, class discussion, or human behavior and then begin exploring your ideas. You do not have to write what you think I would agree with or what is necessarily true, you just need to justify your ideas and statements with explanations.

Assignments. There will be various in class and/or take-home assignments to help you learn the class material. All assignments will be worth 10 to 30 points.

Exams. Four (4) exams will be given. Exams will consist of multiple choice, fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me **PRIOR** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil and a scantron to each examination**.

| Course Grading Ba | | o bje | | |
|-------------------|---------------|-------|----------------|------|
| Grading System: | | | | |
| 90-100% = A | Exams | 3@ | 100 pts. 300 p | pts. |
| 80-89% = B | Projects | 3@ | 25 pts. 75 p | pts. |
| 70-79% = C | Assignments | 3@ | 30 pts. 90 p | pts. |
| 60-69% = D | | | | |
| 0-59% = F | Participation | | 25 pts. 25 p | pts. |
| | | | | |
| | | | TOTAL: 490 p | pts. |

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- <u>Electronic Devices</u>: Cell phones must be turned off and put away during class unless otherwise directed by the instructor. Laptops or tablets will be allowed for note taking purposes only. The instructor reserves the right to limit the use of technology in the classroom in the event the technology becomes disruptive to the class learning environment.
- <u>Food and Drink</u> are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed._
- <u>Disruptive Students</u>: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- <u>Children in the classroom</u>: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty

- <u>Plagiarism</u> is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- <u>Cheating</u> is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question. Anyone caught cheating will receive a zero (0) on the exam or assignment and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following:
 - plagiarism
 - copying or attempting to copy from others during an examination or on an assignment;
 - communicating test information with another person during an examination;
 - allowing others to do an assignment or portion of an assignment
 - use of a commercial term paper service

Additional Help

- <u>Blackboard</u> support center: <u>http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543</u>
- <u>Learning Labs</u>: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- <u>Library Services</u>: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6312 if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <u>http://www.imperial.edu/students/student-health-center/</u>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <u>http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/</u>

Anticipated Class Schedule / Calendar

| DATE | ΤΟΡΙΟ | CHAPTER – DUE DATE | | |
|---------------|--|-------------------------------------|--|--|
| 2/18-23 | Introduction to Course | | | |
| 2/25-3/2 | Abnormal Behavior | Chapter 1 | | |
| 3/4-9 | Models of Abnormal Behavior | Chapter 2 | | |
| 3/18-23 | Clinical Research | Chapter 3 | | |
| 3/25-30 | Anxiety and Obsessive-Compulsive and Related Disorders | Chapter 4 | | |
| April1-6 | EXAM #1 | Chapter 1-4 Thought Paper #1 due | | |
| April 8-13 | SPRING BREAK - ENJOY! | | | |
| April 15-20 | Trauma and Stress-Related Disorders Somatic Symptoms and Dissociative Disorders | Chapter 5 Chapter 6 | | |
| April 22-27 | Depressive and Bipolar Disorders Suicide | Chapter 7 Chapter 8 | | |
| April 29-May4 | Review and Exam #2 | Chapters 1-8 Thought Paper Due | | |
| May 6-11 | Eating Disorders Substance-Abuse Disorders | Chapter 9 Chapter 10 | | |
| May 13-18 | Schizophrenia and Other Psychotic Disorders Neurocognitive Disorders | Chapter 11 Chapter 12 | | |
| May 20 | EXAM #3 | Chapters 9-12/Thought Paper Due | | |
| May 25 | Memorial Day Holiday | | | |
| May 27-June 3 | Sexual Dysfunction, Gender Dysphoria, and Paraphilic Disorders Personality Psychopathology | Chapters 13 Chapter 14 | | |
| May 27-June 3 | Disorders of Childhood and Adolescence Law and Ethics in Abnormal Psychology | Chapter 15 Chapter 16 | | |
| June 8 | FINAL | Chapters 13-16 | | |
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This instructor reserves the right to make announced modifications to this course outline.