

**Basic Course Information**

Semester	<b>Winter 2015</b>	Instructor's Name	<b>Roxanne M. Nunez</b>
Course Title & #	<b>Introduction to Psychology Psychology 101</b>	Instructor's Email	<a href="mailto:roxanne.nunez@imperial.edu">roxanne.nunez@imperial.edu</a>
CRN #	<b>15108</b>	Webpage (optional)	
Room	<b>412</b>	Office	809
Class Dates	<b>01/06/2015- 02/06/2015</b>	Office Hours	By appointment only
Class Days	<b>Monday-Friday</b>	Office Phone #	760-355-6144
Class Times	<b>7:30 AM- 9:40 PM</b>	Who students should contact if emergency or other absence	<a href="mailto:roxanne.nunez@imperial.edu">roxanne.nunez@imperial.edu</a>
Units	<b>3.0</b>		

**Course Description**

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy. and social processes. (C-ID PSY 110) (CSU, UC)

**Student Learning Outcomes**

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

1. Identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
2. Identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
3. Identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

**Course Objectives**

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.
4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect

consciousness.

5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

### **Textbooks & Other Resources or Links**

Meyers, David G. Exploring Psychology, 2014 9th Edition, New York: Worth Publishers.

### **Course Requirements and Instructional Methods**

#### **REQUIREMENTS**

Class Participation, Mid-Term, Final Exam, Class Presentation, Group assignment, Thought Papers and Journals.

Two (2) hours of independent work done out of class per each hour of lecture or class work, or 3 hours lab, practicum, or the equivalent per unit is expected.

Instructional Methods:

Audio Visual, Demonstration, Discussion, Group Activity, Lecture, Simulation/Case Study.

Mid-Term and Final Exam will cover chapters and course material throughout the semester. These exams will vary from true and false to multiple choice.

Journals will be a resource for the student to be able to analyze and reflect on the dialogue and content discussed in class. Daily journals also serve as participation points for the student.

Thought Paper will cover the concepts and ideas based on material covered in class given by the student's perspective. Thought papers should be 1-2 pages not including reference page. Students will be expected to clearly identify and demonstrate an understanding of the lessons interpreted through a movie, television show, music, journal article, magazine or personal experience. Details will be covered further in class.

Group Assignment: There will be a group assignments focusing on psychological disorders including symptoms, diagnosis and treatment. Further detail will be provided during course.

**Out of Class Assignments:**

The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

**Reading and Writing:**

Reading assignments include assigned text readings; current articles and/or sources from the internet. Students give written and/or verbal critical analysis of the readings. Written assignments include reflective responses, sharing the students' viewpoints and opinions in regard to the major developmental theories. Research paper on a developmental psychology topic.

**Course Grading Based on Course Objectives**

Journals: 15 @10 pts= 150 pts	450-500 points= A
Thought Papers: 4 @ 25pts = 100 pts	400-449 points=B
Midterm: 50 pts	350-399 points=C
Group Presentation: 100 pts	300-349 points= D
Final Exam: 100pts	299 and below=F

Total: 500 pts

\*Possible extra credit assignment: TBD

**Attendance**

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. **It is the student's responsibility to drop or officially withdraw from the class.** See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

**Classroom Etiquette**

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

### Academic Honesty

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

### Additional Help – Discretionary Section and Language

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.

### Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

**Student Counseling and Health Services**

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

**Student Rights and Responsibilities**

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at [http://www.imperial.edu/index.php?option=com\\_docman&task=doc\\_download&gid=4516&Itemid=762](http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762)

**Information Literacy**

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

**Anticipated Class Schedule / Calendar**

<b>Date or Week</b>	<b>Activity, Assignment, and/or Topic</b>	<b>Assignments/Due</b>
January 6	Syllabus & Introduction	CH 1
January 7	Thinking Critically with Psychology	CH 2 Journal 1
January 8	The Biology of Behavior	CH 3 Journal 2
January 9	Consciousness and The Two Track Mind	CH 4 Journal 3
January 12	Developing through the Lifespan	CH 5 Journal 4 Thought Paper 1 Ch 1-3
January 13	Gender and Sexuality	CH 6 Journal 5

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January 14	Sensation and Perception	CH 7 Journal 6
January 15	Midterm Review Group assignment preparation	CH 1-6 Thought Paper 2 Ch4-6
January 16	Midterm	
January 19	Holiday No Class	
January 20	Learning	CH 8 Journal 7
January 21	Memory	CH 9 Journal 8
January 22	Thinking Language and Intelligence	CH 10 Journal 9
January 23	Motivation	CH 11 Journal 10 Thought paper 3 Ch 7-9
January 26	Stress, Health and Human Flourishing	CH 12 Journal 11

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January 27	Personality	CH 13 Journal 12
January 28	Social Psychology	CH 14 Journal 13 Thought Paper 4 Ch 10-12
January 29	Psychological Disorders	CH 15 Journal 14
January 30	Group Presentation Preparation	Journal 15
February 2	Group Presentation Preparation	Journal (Extra-credit)
February 3	Therapy	
February 4	Group Presentations Submit Research Paper	Research Paper All extra-credit or missed assignments
February 5	Final Review	
February 6	Final	

NOTE:

This calendar is a tentative course outline. The instructor reserves the right to modify scheduling of lectures, assignments, and exams as needed.