

Basic Course Information

Semester:	Winter 2015	Instructor Name:	Rebecca Agundez RN BSN Pam Hansink BSN RN
Course Title & #:	Nurs 80 Introduction to Nursing	Email:	Rebecca.agundez@imperial.edu pam.hansink@imperial.edu
CRN #:	15017	Webpage (optional):	
Classroom:	2139	Office #:	2158
Class Dates:	01/06/15 - 02/04/15	Office Hours:	Thursdays 9 am - 1 pm
Class Days:	Tuesday and Wednesday	Office Phone #:	760-355-6530
Class Times:	0800-1230	Emergency Contact:	Laura Hartsock 355-6348
Units:	1.5		

Course Description

This course is designed to provide the pre-nursing student with an introduction to the study of nursing. The student will participate in eight- five hour sessions to explore and become familiar with the expectations and realities of being a nursing student. Utilizing a variety of topics, activities, examinations and general information, it is designed to assist the student to develop strategies to be successful in the nursing program. The philosophy of the nursing program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct are discussed.

Student Learning Outcomes

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to: identify strategies for personal and academic success in the Nursing Program, as demonstrated by being able to write a 4 page paper in APA format. ILO3: Personal Responsibility

Course Objectives

Upon satisfactory completion of the course, students will be able to:

1. Identify factors which promote and inhibit success in the nursing program. State changes needed in personal life and activities designed to meet the challenges to be successful in the nursing program, including time management and test-taking skills.
2. Begin developing critical thinking and problem-solving skills. Define “Critical Thinking” in nursing practice.
3. Achieve 75% or better on Math Examinations, complete tests within appropriate time frames.
4. Attend Information Literacy Skills workshop and write a 4 page paper in APA format.
5. Complete FAFSA forms and receive information on good financial management.
6. Receive information on available scholarships for nursing and complete Essay for one scholarship.

7. Review Medical Terminology.
8. Be familiar with student handbook.
9. Receive information on graduation requirements.
10. Verbalize preparation for clinical and good customer service.
11. Be familiar with National Patient Safety Goals and Quality and Safety Education for Nurses.
12. Demonstrate basic nursing skills: infection control, hand washing, vital signs, intake and output, patient safety, bed making, bathing, positioning patient in bed, transferring patient and proper body mechanics.

Textbooks & Other Resources or Links

Required Purchase:

Custom Package with class materials for Nursing 80 from IVC Bookstore.

Textbooks for Reference:

American Psychological Association (2010). Publication Manual of the American Psychological Association (6th /e). Lippincott, Williams & Wilkins. ISBN: 1433805618
Ann Ehrlich (2012).

Medical Terminology for Health Professions-With Cd and Flashcards (7th/e). Delmar Publications. ISBN: 1111543275

Nancy Olrech (2011). Student Success for Health Professionals Made Incredibly Easy (2nd /e). Lippincott, Williams, & Wilkins. ISBN: 1609137841

Patricia Mary Nugent (2011). Fundamentals Success - With CD: course review applying critical thinking to test-taking (3rd /e). F. A. Davis . ISBN: 9780803627796

Patricia Mary Nugent (2011). Test Success : Test-Taking Techniques for Beginning Nursing Students - With Cd (6th/e). F. A. Davis . ISBN: 9780803628182

Donald Venes (2009). Taber's Cyclopedic Medical Dictionary Index - With DVD (21st/e). F. A. Davis. ISBN: 0803615590

Course Requirements and Instructional Methods

Audio Visual

Computer Assisted Instruction

Demonstration

Discussion

Lecture

Assignments:

Medication Math practice sheets

Medical Terminology practice sheets

Essay written in APA format

Return demonstration of basic skills

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Grading will be a Pass/ No Pass

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See [General Catalog](#) for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed by the instructor.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the [General Catalog](#).
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty

Academic honesty in the advancement of knowledge requires that all students and instructors respect the integrity of one another's work and recognize the important of acknowledging and safeguarding intellectual property.

There are many different forms of academic dishonesty. The following kinds of honesty violations and their definitions are not meant to be exhaustive. Rather, they are intended to serve as examples of unacceptable academic conduct.

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to "cite a source" correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or plagiarizing will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary
Academic Senate (Oct/2014)

action. Please refer to the [General Catalog](#) for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Student Services

Imperial Valley College offers various services in support of student success. The following are some of the services available for students. Please speak to your instructor about additional services which may be available.

- **[Blackboard Support Site](#)**. The Blackboard Support Site provides a variety of support channels available to students 24 hours per day.
- **[Learning Services](#)**. There are several learning labs on campus to assist students through the use of computers and tutors. Please consult your [Campus Map](#) for the [Math Lab](#); [Reading, Writing & Language Labs](#); and the [Study Skills Center](#).
- **[Library Services](#)**. There is more to our library than just books. You have access to tutors in the [Study Skills Center](#), study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the [Disabled Student Programs and Services](#) (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313. Please contact them if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee.

- **[Student Health Center](#)**. A Student Health Nurse is available on campus. In addition, Pioneers Memorial Healthcare District and El Centro Regional Center provide basic health services for students, such as first aid and care for minor illnesses. Contact the IVC [Student Health Center](#) at 760-355-6310 in Room 2109 for more information.
- **[Mental Health Counseling Services](#)**. Short-term individual, couples, family, and group therapy are provided to currently enrolled students. Contact the IVC [Mental Health Counseling Services](#) at 760-355-6196 in Room 2109 for more information.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and to due process of law. For more information regarding student rights and responsibilities, please refer to the IVC [General Catalog](#).

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. The IVC [Library Department](#) provides numerous [Information Literacy Tutorials](#) to assist students in this endeavor.

Anticipated Class Schedule/Calendar

Daily Schedule:

(Subject to change at Instructor's discretion)

Class 1: Room 2139 Orientation to Nursing program, clearances, uniforms, student physicals

- Introduce student handbook, philosophy of the nursing program
- HIPAA, how to keep social media from ruining your career
- Professionalism in Healthcare DVD #1 and discussion
- Scholarships available. Assign one scholarship essay to bring tomorrow
- Family preparation for the nursing program activity, Breaking Barriers DVD
- 10 or 10:30 ?? Mental Health Counselor presentation of services offered in Student Health Center
- Tour of skills labs and classrooms
- Computer Lab: 11:30 – 12:30 RN Critical thinking entrance exam and student pictures

Lecture: 3.8 hours (VNs) 4.8 hours (RNs)

Class 2: Computer Lab: VN Critical thinking entrance ATI- Take student Pictures

- VNs in Lab 1- Motivational Poster / Red Bags
- Room 2139 (RN's and VN's) Financial Aid presentation (reducing stress by financial planning)
- Graduation requirements
- Complete demographic and stress score pages
- Are you + you're not - ? Exercise
- Suggestions to avoid procrastination, time management (planner), complete "how well do you manage your time?" assessment (reducing stress by getting organized)
- Services in the Nursing Learning Center (Nursing 81), Intro to textbooks, ATI Nurse-in-a-box, Reading strategies to improve concentration and comprehension

Lecture: 4.4 hours (VNs) 3.1 hours (RNs)

Class 3: * Classroom: Professionalism in Healthcare DVD #2 and discussion

- Motivational Poster/ Red Bags
- Therapeutic Communication with patients, their families, coworkers and physicians (SBAR), "Just a routine operation" video
- Medication math review
- Skills labs: Infection Control Presentation and Video, Hand washing/ mask, gown, glove exercise
- Different types of Isolation

Lecture: 1.8 hours

Lab: 2.7 hours

Class 4: * Classroom: Watch Ethics DVD, discussion and post-test

- Medication Math review
- Patient Safety, National Patient Safety Goals, speak up videos
- Preparation for clinical and good customer (patient) service. Role playing scenarios
- Skills Lab: Safe Transfers, Body Mechanics- Taylor's streaming video Module 10
- Fall risk assessment (Morse scale), skin assessment (Braden scale)

Lecture: 1.8 hours

Lab: 2.7 hours

Class 5: * Classroom: Critical Thinking and the Nursing Process CD, post-test and clinical application

- Tips for test taking, reading and answering questions correctly
- Medication math review
- **Skills Lab: Vital Signs: T, P, BP and R** –Taylor’s streaming video Module 1

Lecture: 1.8 hours

Lab: 2.7 hours

Class 6: * Classroom: Medication math review

- Continuing education options for RN’s, watch PBS Report “Nurses Needed”
- Assignment (turn in next class): write reflective essay response on where you would like to work: in a rural vs. a big city hospital (compare PMH to big city hospital in New York). Discuss what are some factors you think contribute to nurse burnout. (2 pages, 12 pt. New Times Roman)

- **Skills Lab: Review Vital Signs: T, P, BP and R**

Lecture: 1.8 hours

Lab: 2.7 hours

Class 7: * Classroom: Dennis Quaid Video, Legal Eagle Eye Articles, discuss medication safety

- IOM Reports, Project Zero
- Medication math review – Reconstituting
- Intro to APA format in Library
- Assignment (turn in next class): Pre-write for next week’s paper (2 pages, 12 pt. New Times Roman):

1. Factors which promote or inhibit student success in the nursing program (examples of changes needed in personal life and activities/resources available to help you be successful in the nursing program)

2. What research shows to be effective strategies for student success in nursing programs

- Make sure you have a title, introductory paragraph, several paragraphs to develop argument, and a concluding paragraph.

- **Skills Lab: Bed making and hygiene** - DVD/ Practice – Taylor’s streaming video Module 8

Lecture 1.8 hours

Lab: 2.7 hours

Class 8: * Classroom:

- Introduction to QSEN, Failure to act, failure to rescue, Sue Sheridan video as an example of communication errors.

- Medication math review

- **Skills lab: Positioning patient in bed** – Lippincott’s video for CNA’s Module 3

Lecture 1.8 hours

Lab: 2.7 hours

Class 9: * Classroom: Medication math exam (25 questions)

- Assignment (turn in next class): Turn in Re-write of 4 page paper in APA format

- **Skills Lab: Intake and Output record** - Lippincott’s Module 10- Measuring Urinary Output

Lecture 1.8 hours

Lab: 2.7 hours

Class 10: * Classroom: Instructor Expectations

- Student Evaluation of orientation

- Roundtable with nursing students from previous semesters / Lunch

Lecture 1.8 hours

Lab: 2.7 hours