

Basic Course Information

Semester	Fall 2014	Instructor's Name	T. Sullivan
Course Title & #	NS121 Nsg Skills Lab II	Instructor's Email	terrie.sullivan@imperial.edu
CRN #	10791	Webpage (optional)	
Room	2157/2159	Office (PT Faculty:809)	2134
Class Dates	8/19/14-12/9/14 Tuesdays	Office Hours (n/a for PT Faculty)	T: 1200-1300, 1500-1600 W: 1020-1120 TH: 8/21 - 10/10 TH/F: 10/16- 12/12 0615-0645 at PMHD
Class Days	Tuesday	Office Phone # (PT may use dept. number)	(760) 355-6425
Class Times	1030-1150 and 1330-1500	Who students should contact if emergency or other absence	Leave message on office phone
Units	1		

Course Description

This course builds on theory, skills and clinical applications learned in first semester. Tactile skills essential to safe nursing practice will be demonstrated in the nursing skills laboratory. Students will have the opportunity for supervised and individual practice followed by skills check off by an instructor. Skills will be part of the demonstration. Additional materials fee applies. (CSU)

Student Learning Outcomes

1. Demonstrate physical assessment on a postpartum and a non-obstetric patient in a simulated setting.
2. Demonstrate appropriate and safe technique for IV insertion in lab or simulated setting.
3. Plan, develop, and demonstrate a patient education session.

Course Objectives

1. Demonstrate correct technique in initiating, maintaining and discontinuing peripheral infusion therapy.
2. Demonstrate a physical assessment on a healthy individual.
3. Demonstrate a respiratory assessment on a healthy individual
4. Identify abnormal breath sounds on an adult, geriatric, and pediatric patient
5. Demonstrate proper technique for tracheotomy care.
6. Demonstrate proper care of the patient with a musculoskeletal problem
7. Demonstrate patient teaching for self breast examination
8. Demonstrate patient teaching for testicular self-examination
9. Demonstrate proper technique for post-mastectomy exercises
10. Demonstrate proper technique for prenatal assessment
11. Demonstrate proper technique for labor assessment and care
12. Demonstrate proper technique for application of a fetal monitor
13. Demonstrate proper technique for a newborn assessment
14. Demonstrate proper technique for a post-partum assessment
15. Demonstrate an integumentary assessment on a healthy individual

Textbooks & Other Resources or Links

REQUIRED

Imperial Valley College Course Syllabus – Course Title and number

Author	ISBN	Title	Edition	Year	Publisher
Ball Bindler Cowan	9780132111751	Principles of Pediatric Nursing: Caring for Children	5 th	2012	Pearson Prentice Hall
Davidson London Ladewig	9780132109079	Old's Maternal Newborn Nursing & Women's Health across the Lifespan w/CD	9 th	2012	Prentice Hall
Hinkle Cheever	9781451130607	Brunner Textbook of Med-Surg Nursing w/CD (2-vol set)	13 th	2013	Wolters Kluwer LWW
Lynn	9780781793841	Taylor's Clinical Skills	3rd	2011	Wolters Kluwer LWW

RECOMMENDED

Author	ISBN	Title	Edition	Year	Publisher
Smeltzer	9781469835587	PrepU for Brunner Textbook of Med-Surg Nursing (ONLINE)	13 th	2013	Wolters Kluwer LWW
Hogan	9780132956864	Reviews & Rationales: Maternal Newborn Nursing	3rd	2013	Prentice Hall
Hinkle Cheever	9781451146677	Handbook for Brunners Textbook of Med-Surg Nursing	13 th	2013	Wolters Kluwer LWW
Hinkle Cheever	9781451146684	Brunners Study Guide for Textbook of Med-Surg Nursing	13 th	2013	Wolters Kluwer LWW
Springhouse	9781605471983	IV Therapy Made Incredibly Easy	4 th	2009	Wolters Kluwer LWW
Fischbach	9781451190892	Manual of Lab and Diagnostic Testing	9 th	2014	Wolters Kluwer LWW
Davidson London Ladewig	9780132118491	Clinical Handbook for Olds Maternal Newborn Nursing	9th	2012	PrenticeHall

Course Requirements and Instructional Methods

Reading, CD/video, skills practice and check-offs, oral and writing assignments are required. The reading list will include texts used in prior nursing courses, those required of this course and the co-requisites, and additional outside assignments. Writing assignments will reflect the objectives listed and may include, but not be limited to, short essays and/or professional papers. Outside assignments including but not limited to nursing lectures, independent exercises, skills fairs, and learning center activities may be assigned and are required. Students may be referred back to the nursing learning center tutor if needed for more practice on skills being evaluated.

Simulations are a safe learning environment where all students will have the opportunity to interact within a structured scenario. Simulations may be utilized during this class and simulation materials will be handed out

during the semester. All advance assignments must be completed before the start of class. Failure to complete the pre-assignment will prevent you from attending the class for the day and results in a clinical absence.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Successful completion of the course will include the following: Students must show evidence of competence in all skills taught within Nursing 121. All skills described in the units must be satisfactorily demonstrated to the lab/clinical instructor by the dates designated on the schedule. Grading will include home assignments, skills check-offs, and no more than 6 quizzes and the final exam. Pop quizzes may be included. **EXCEPT UNDER EXTREME CIRCUMSTANCES, THERE WILL BE NO MAKE-UPS FOR TESTS, SKILLS OR QUIZZES MISSED DUE TO ABSENCE.** Along with satisfactory completion of skills, a total grade of 75% or above, and passing the final at 75% or above are required to pass Nursing 121. Schedule and total points available may change at the discretion of the instructor, taking into account the progress of students with the materials.

Prior to any skill check off, a pre assignment may be required and signed off by the tutor or instructor. If no documentation of completion, the student will not be allowed to check off or participate on the scheduled date. This constitutes an absence for the day and a “0” (zero) for the skill. Any failed skills check off requires timely remediation and one (1) opportunity to demonstrate skill competence. This evaluation will be scored at a maximum of 75% of the total assigned points for that skill.

Demonstrated competence on a skill is required for safe clinical performance. Students must successfully complete skill prior to participating in clinical. Failure to meet skill class check off will therefore result in failure.

There is no make up for simulation skills days.

Students must maintain a “C” average grade as determined by the scale below:

A = 92-100%

B = 83-91%

C = 75-82%

D = 68-74%

F = Below 68%

Grades will not be “rounded”. To advance to the next semester, a “C” or better is required in this course and the co-requisite courses.

The student is responsible for dropping (W) the class before the deadline as outlined on registration forms. Failure to pass this class will affect the ability to progress to the next semester. Students failing must make an appointment to speak with the Director of Nursing

Attendance

It is the responsibility of each student to attend all lab hours and to contact the faculty person before the start of class of any need to be excused from class. ADN students are expected to attend all classes. **Absences are limited to the number of hours class meets in one week).** A student who reaches the maximum allowable hours of absenteeism may be dropped by the instructor.

Acceptance of absenteeism excuses is at the discretion of the faculty member. A student who reaches the maximum allowable number of hours absent may file a petition to reenter the nursing program. The teaching team will meet with the student to discuss remediation and the possibility of reentry.

Students who are late for class three times will be considered absent for one day.

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.

Academic Honesty

- Plagiarism is to take and present as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to correctly 'cite a source', you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment or using or attempting to use materials, or assisting others in using materials, or assisting others in using materials, which are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment ;(c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment, (e) use of a commercial term paper service

Additional Help – Discretionary Section and Language

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>

- Learning Labs: There are several ‘labs’ on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Learning Services (library). Please speak to the instructor about labs unique to your specific program
- Library Services: There is more to our library than just books. You have access to tutors in the learning center, study rooms for small groups, and online access to a wealth of resources.
- Nursing Learning Center: Please utilize the nursing learning center tutors for assistance with nursing related studies. It is expected that you will practice skills in the learning center prior to any skills related exam or simulation.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. If you feel you need to be evaluated for educational accommodations, the DSP&S office is located in Building 2100, telephone 760-355-6313.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Imperial Valley College is dedicated to help students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

Anticipated Class Schedule / Calendar

DATE	DAY	TIME	DESCRIPTION	INSTR	ASSIGNMENT	ROOM	EQUIPMENT
8/19	Tue	1030-1150 & 1330-1500	Orientation to NS121 Units #1, 4 Physical Assessment: Adult, Pediatric (Skill evaluation to be done later in week)	Davis Sullivan	Bring syllabus and supplemental packet B/S: Ch 4, 5 T: Ch 2 BBC: Ch 5 Assigned videos, computer programs	Lab 3&4 2150	1 adult & 1 peds mannequin w/heart and resp sounds
8/26	Tue	1030-1150 &	Unit 3: Respiratory Asst (Abnormal) and Suctioning Demo and	Davis Sullivan	T: pp. 69-75, 710-750 B/S: Ch 20-21	Lab3&4 2150	2 mannequins with resp sounds, suction

Imperial Valley College Course Syllabus – Course Title and number

		1330-1500	Practice		BBC Ch 20 Assigned videos, computer programs		kits, yankaur, delee, bulb suction, stethoscope, gloves
9/2	Tue	1030-1150 & 1330-1500	Unit 3: Trach Care Demo and Practice	Davis Sullivan	T : 752-763 BBC pp 558- 560 Assigned videos, computer programs	Lab 3&4 2150	MetiMan Trach kits Suction kits In sleeve catheter, gloves
9/9	Tue	1030-1150 & 1330-1500	Quiz 1: Resp Asst, Suctioning, Trach Care Respiratory Asst and Suctioning Skill Evaluations	Davis Sullivan	Above respiratory assignments	Lab 3&4 2150	2 mannequins w/respiratory sounds Suction kits Gloves
9/16	Tue	1030-1150 & 1330-1500	Tracheotomy Care Simulation Skill Evaluations	Davis Sullivan	MetiMan Trach Pre-Assignment	Lab 3&4 2150	2 MetiMen Trach kits Suction kits Gloves
9/23	Tue	1030-1150 & 1330-1500	Unit 5: Musculoskeletal Group Demonstrations and Presentations	Davis Sullivan	T: pp. 85-91, 500- 520, review 436- 499 B/S: Ch 40-41 BBC Ch 29 Assigned videos, Computer programs	Lab 2 & 2150	2 mannequins
9/30	Tue	1030-1150 & 1330-1500	Unit 2 Infusion Therapy IV Start, Maintenance, Medication Administration- Demo/ Practice	Davis Sullivan	T: pp. 779-806, 203-226 B/S: pp. 272-284 BBC pp 484-488 Assigned videos, Computer programs Handouts	Lab 2&3 2150	IV arms IV pumps IV start kits Primary & Secondary Tubing Flush Saline Locks Cathlons IVPBs Primary IV bags Tape, gloves, alcohol
10/7	Tue	1030-1150	IV Start & Management practice	Davis Sullivan	Same as above	Lab 2 & 2150	Same as above

Imperial Valley College Course Syllabus – Course Title and number

		& 1330- 1500	(Evaluations done on clinical simulation of skills days)				
10/14	Tue	1030- 1150 & 1330- 1500	Quiz 2: Musculoskeletal Health/IVs Units #1, 7, 9, 11, 12 Physical Assessment: Maternal, Newborn Demonstration	Davis Sullivan	T: Review Ch 2 Olds: Ch 15, 30, & 35 Assigned videos, Computer programs	Lab 3 2150	Postpartum mannequins and babies
10/21	Tue	1030- 1150 & 1330- 1500	Maternal-Newborn Physical Assessment Evaluations	Davis Sullivan	Same as previous assignment	Lab 3 & 2150	Postpartum mannequins and babies
10/28	Tue	1030- 1150 & 1330- 1500	Quiz 3: MCN Asst Breastfeeding Workshop	Davis Sullivan	Quiz : Olds' Ch 15, 30, 35 Olds : Ch 32 and handouts to be given in class	Lab 2 & 2150	
11/4	Tue	1030- 1150 & 1330- 1500	Unit 7: PN Hx taking and simulation and case studies	Davis Sullivan	Olds: Ch 15, pp. 459-460 Review IV therapy and physical asst MetiMan Hyperemesis pre- assignment	Lab 4 & 2150	MetiMan See simulation guide for supplies
11/18	Tue	1030- 1150 & 1330- 1500	Units 8, 9, 10 EFM, NST, FHT, comfort measures, breathing, pain management Noelle simulation	Davis Sullivan	Olds : pp. 507- 516, 578-590, Ch 13 Assigned videos, computer programs	NLC & 2150 & Lab 2	EFM CD Noelle IV pumps IV fluids O2 setup IV start kits IV tubing Flush Saline locks Cathlons Small vials

Imperial Valley College Course Syllabus – Course Title and number

							Tape Gloves
11/25	Tue	1030-1150 & 1330-1500	Quiz 4: L&D techniques, EFM, NST, FHT, Infant feeding Noelle Simulation	Davis Sullivan	Olds : pp. 507-516, 578-590, Ch 13, 32 and infant feeding handouts Noelle simulation: Vaginal Delivery	Lab 2 & 2150	Same as 11/12
12/2	Tue	1030-1150 & 1330-1500	Skills Day	Davis Sullivan	Review all skills for semester	Lab 2 &2150	Mannequin – trach, infant, postpartum IV arm x 3, Foley, Suction kit, Trach kit, Specimen collection kit, IV supplies, IV pumps, IV meds, Male and female genitalia
12/9	Tue	1030-1150 & 1330-1500	Final Exam	Davis Sullivan	All of above	2150	

(7/26/14)