

# Psychology 101

Introduction to Psychology

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Building 100

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David Myers' Psychology in Everyday Life, Second Edition.

## Course Description:

This course will provide the student with a basic understanding of psychology. Theories and research relating to emotions and stress, abnormal behavior, motivation, learning, personality, methods of therapy, biology and behaviors, developmental psychology, and social psychology will be discussed.

## Course Objective:

The objective of this course is to critically think about and gain knowledge of the major theories and concepts of psychology.

## Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, videos, group and individual projects and performance on quizzes.

## Course Requirements:

**Attendance and Class Participation** You are expected to attend class and stay for the entire period. You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me before class to let me know. The drop date for the semester is November 8, 2014. If you want to drop the class, it is your responsibility to do so, don't expect me to drop you.

**Thought Papers** There are two thought papers due during the semester. These papers are a chance for you to give your opinions, viewpoints and personal experiences pertaining to what you learn in this Developmental Psychology class. Possible ideas for papers can come from a newspaper, magazine, psychology journal, or the internet. You can even write on a topic of your choice from the book. Each thought paper will be 1-2 pages typed and will be worth up to 25 points. No late thought papers will be accepted.

**Exams** 6 exams will be given. Exams may consist of multiple choice; fill in the blank, short answer and essay questions from the textbook, lectures and videos. No make-up exams will be given unless you have called me PRIOR to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one week to make-up the exam. Each exam will be worth 50 points. Please bring a scantron and a #2 pencil to each examination.

## Student Learning Outcomes:

SLO # 1 Student will identify and demonstrate understanding of the function of the neuron and lobes of the brain (ILO1, ILO2, ILO3)

SLO # 2 Students will identify and demonstrate understanding of the different parenting styles and their effect on human development. (ILO1, ILO2, ILO3)

SLO # 3 Students will identify and demonstrate understanding the major psychological disorders, key symptoms, and the main strategies used for treatment. (ILO1, ILO2, ILO3, ILO5)

## Grading System:

90-100% = A	Thought Papers	2@	25 pts.	50 pts.
80-89% = B				
70-79% = C	Exams	5@	50 pts.	250 pts.
60-69% = D				
0-59% = F				

TOTAL: 300 points

## Special Accommodation:

Should a student enrolled in the course require a special accommodation due to a disability in order to complete the requirements of the course, please advise the instructor immediately or contact the Disabled Student Programs and Services at (760) 355-6312.

## Academic Dishonesty:

Please read and understand this section fully. Academic dishonesty (cheating) of any type will not be tolerated in this classroom. If a student is caught committing any type of academic dishonesty he or she will be given a 0 for the assignment/exam and will be reported to Student Affairs for further handling of the matter. In addition, unless you have made prior arrangements with the instructor, leaving during the class period or while watching a movie will be counted as an absence. If you get up and leave during class, please do not return. Coming in and out is disruptive to the other students as well as to me. No cell phones should be answered during class or examinations.

## TENTATIVE COURSE SCHEDULE

<b>WEEK</b>		<b>TOPIC</b>	<b>READING ASSIGNMENT</b>
1	Tuesday 8/19	Introduction to Class	
2	Tuesday 8/26	The Biology of Mind and Consciousness	Chapter 2
3	Tuesday 9/2	Developing Through the Life Span	Chapter 3
4	Tuesday 9/9	<b>Exam # 1</b>	<b>Chapters 2, 3</b>
5	Tuesday 9/16	Gender and Sexuality	Chapter 4
6	Tuesday 9/23	Learning	Chapter 6
7	Tuesday 9/30	<b>Exam # 2</b>	<b>Chapters 4, 6</b>
8	Tuesday 10/7	Memory	Chapter 7
9	Tuesday 10/14	Motivation and Emotion	Chapter 9
10	Tuesday 10/21	<b>Exam # 3</b>	<b>Chapters 7, 9</b>
11	Tuesday 10/28	Stress, Health, and Human Flourishing	Chapter 10
12	Tuesday 11/04	Personality <b>Exam # 4 (take home)</b>	Chapter 11 <b>Chapter 10, 11</b>
13	Tuesday 11/11	Veteran's Day- No Class	
14	Tuesday 11/18	Psychological Disorders	Chapter 12
15	Tuesday 11/25	Thanksgiving – No Class	
16	Tuesday 12/2	Therapy	Chapter 13
17	Tuesday 12/9	<b>Exam # 5</b>	<b>Chapters 12, 13</b>