

Basic Course Information

Semester	Fall 2014	Instructor Name	Mary “Robin” Staton
Course Title & #	Psychology 101	Email	robin.staton@imperial.edu
CRN #	10714	Webpage (optional)	
Room	2734	Office	Room 409
Class Dates	8/18/2014-12/13/2014	Office Hours	M 9:15-10:15; T 8-8:30 & 1-1:30; W 9:15-10:15 TH 7:30-8:30
Class Days	MW	Office Phone #	760-355-6149

Class Times	10:15-11:40	Office contact if student will miss a quiz or emergency	760-355-6149-Instructor or 760-355-6144 -Department Secretary
Units	3 units		

Course Description

COURSE/CATALOG DESCRIPTION:

An introduction to the study of human behavior and cognition. Includes consideration of many of the major topics in psychology including, but not limited to, the biology of behavior, learning, human development, sleep and consciousness, personality, mental disorders and therapy, and social processes. (C-ID PSY 110) (CSU, UC)

Student Learning Outcomes

STUDENT LEARNING OUTCOMES:

Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)
- identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)
- identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)

Course Objectives

MEASURABLE COURSE OBJECTIVES AND MINIMUM STANDARDS FOR GRADE OF "C":

Upon satisfactory completion of the course, students will be able to:

1. discuss the development of psychology as a science.
2. identify the major biologic response systems of the human body and discuss their influence on behavior.
3. discuss the difference between sensation and perception, giving one illustration of each.

4. define consciousness and describe how sleep, psychoactive substances and other stimuli affect consciousness.
5. identify and describe the major theories of human development and discuss how growth and development affect behavior.
6. discuss the processes by which humans learn and store skills and information.
7. discuss major theories of personality, their assumptions and implications.
8. outline the nature, causes, and treatments of abnormal behavior.
9. discuss the ways in which the social milieu affects human behavior.
10. identify major theories of emotion and motivation.

Textbooks & Other Resources or Links

Text: Exploring Psychology, Myers, David G; 9th Ed

Course Requirements and Instructional Methods

Students will be required to complete class reading and writing assignments, class discussion of real life scenarios and their relation to psychology. Students will also do film reviews, a self-assessment of multiple intelligences and learning styles questionnaire; participate in teaching scenarios; participate in classroom multimodal activities such as a relaxation activity or positive reinforce activities.

Out of Class Assignments: The Department of Education policy states that one (1) credit hour is the amount of student work that reasonably approximates not less than one hour of class time and two (2) hours of out-of-class time per week over the span of a semester. WASC has adopted a similar requirement.

Course Grading Based on Course Objectives

Students will be given a reading assignment and discussion will follow in the classroom. Participation in classroom is required. Tests will include multiple choice, true/false, labeling, and essay based assignments.

The grades are calculated on a point basis. Every student has the opportunity to do well in this class. There will be at least 5 quizzes given and your lowest quiz score is dropped. There is no extra credit or extra activity points given in this class. *No work is accepted late* except in a documented emergency or preapproval from the instructor.

Following is the grading scale:

Participation =.....15 Points	A=90-100 Points
Quizzes =.....40	B=80-99
Written Assignment = 10	C=70-79
Final Test =35	D=60-69
<u>Total Possible =100</u>	

At the end of the semester if you happen to have a score with a .5 total points (ex. 79.5) I will round up to the next grade category which in this example would be 80 points.

Attendance

- A student who fails to attend the first meeting of a class or does not complete the first mandatory activity of an online class will be dropped by the instructor as of the first official meeting of that class. Should readmission be desired, the student's status will be the same as that of any other student who desires to add a class. It is the student's responsibility to drop or officially withdraw from the class. See General Catalog for details.
- Regular attendance in all classes is expected of all students. A student whose continuous, unexcused absences exceed the number of hours the class is scheduled to meet per week may be dropped. For online courses, students who fail to complete required activities for two consecutive weeks may be considered to have excessive absences and may be dropped.
- Absences attributed to the representation of the college at officially approved events (conferences, contests, and field trips) will be counted as 'excused' absences.

Classroom Etiquette

- Electronic Devices: Cell phones and electronic devices must be turned off and put away during class, unless otherwise directed by the instructor.
- Food and Drink are prohibited in all classrooms. Water bottles with lids/caps are the only exception. Additional restrictions will apply in labs. Please comply as directed.
- Disruptive Students: Students who disrupt or interfere with a class may be sent out of the room and told to meet with the Campus Disciplinary Officer before returning to continue with coursework. Disciplinary procedures will be followed as outlined in the General Catalog. This includes coming into class late, and personal chat or side discussions which distract your instructor or other students.
- Children in the classroom: Due to college rules and state laws, no one who is not enrolled in the class may attend, including children.
- During test taking there will be nothing allowed on your desk or chairs next to you. This will prevent cheating and /or the appearance of cheating during test time. Cell phones must be completely put away and out of sight. During tests no one will be allowed to come into class late and disrupt the testing environment.

Academic Honesty

- Plagiarism is taking and presenting as one's own the writings or ideas of others, without citing the source. You should understand the concept of plagiarism and keep it in mind when taking exams and preparing written materials. If you do not understand how to 'cite a source' correctly, you must ask for help.
- Cheating is defined as fraud, deceit, or dishonesty in an academic assignment, or using or attempting to use materials, or assisting others in using materials that are prohibited or inappropriate in the context of the academic assignment in question.

Anyone caught cheating or will receive a zero (0) on the exam or assignment, and the instructor may report the incident to the Campus Disciplinary Officer, who may place related documentation in a file. Repeated acts of cheating may result in an F in the course and/or disciplinary action. Please refer to the General School Catalog for more information on academic dishonesty or other misconduct. Acts of cheating include, but are not limited to, the following: (a) plagiarism; (b) copying or attempting to copy from others during an examination or on an assignment; (c) communicating test information with another person during an examination; (d) allowing others to do an assignment or portion of an assignment; (e) using a commercial term paper service.

Additional Help – Discretionary Section and Language

- Blackboard support center: <http://bbcrm.edusupportcenter.com/ics/support/default.asp?deptID=8543>
- Learning Labs: There are several 'labs' on campus to assist you through the use of computers, tutors, or a combination. Please consult your college map for the Math Lab, Reading & Writing Lab, and Study Skills Center (library). Please speak to the instructor about labs unique to your specific program.

- **Library Services:** There is more to our library than just books. You have access to tutors in the Study Skills Center, study rooms for small groups, and online access to a wealth of resources.

Disabled Student Programs and Services (DSPS)

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. The DSP&S office is located in Building 2100, telephone 760-355-6313, if you feel you need to be evaluated for educational accommodations.

Student Counseling and Health Services

Students have counseling and health services available, provided by the pre-paid Student Health Fee. We now also have a fulltime mental health counselor. For information see <http://www.imperial.edu/students/student-health-center/>. The IVC Student Health Center is located in the Health Science building in Room 2109, telephone 760-355-6310.

Student Rights and Responsibilities

Students have the right to experience a positive learning environment and due process. For further information regarding student rights and responsibilities, please refer to the IVC General Catalog available online at http://www.imperial.edu/index.php?option=com_docman&task=doc_download&gid=4516&Itemid=762

Information Literacy

Imperial Valley College is dedicated to helping students skillfully discover, evaluate, and use information from all sources. Students can access tutorials at <http://www.imperial.edu/courses-and-programs/divisions/arts-and-letters/library-department/info-lit-tutorials/>

Anticipated Class Schedule / Calendar

Summer 2014

This schedule is tentative and may have occasional changes which will be announced.

Date or Week	Activity, Assignment, and/or Topic	
Week 1 8/18 & 8/20	Syllabus & Introduction; Read Chapter 1; Discussion of the science of psychology; Discussion of Multiple Intelligences;	MI Questionnaire
Week 2 8/25 & 8/27	Read Chapter 2 , Discussion of the Biology of Behavior	Neuron Quiz 1
Week 3 9/1 & 9/3	(9/1-Holiday) Read chapter 4 Discussion of Development through Lifespan: birthing	Film-Life's Greatest Miracle (Birth) Written Assignment Film Review
Week 4 9/8 & 9/10	Continuation of Chapter 4 Discussion of parenting, cognitive and physical development, Piaget's Theory, death and dying	Film on Autism Film Review Assignment
Week 5 9/15 & 9/17	Finish Chapter 4 Discussion of parenting, cognitive and physical development, Piaget's Theory, death and dying	Development Quiz

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Week 7 9/22 & 9/24	Read Chapter 3 Consciousness and the Two Tract Mind Discussion of sleep, sleep disorders, addiction, drugs and alcohol	Film on Substance Abuse Film Review Assignment
Week 8 9/29 & 10/1	Read Chapter 6 Sensation and Perception Discussion of senses, perception, vision, hearing, gate-control theory	Demonstration: Reading by the Colors Quiz on Chapters 3&6
Week 9 10/6 & 10/8	Read Chapter 7 Learning Discussion of learning theories, classical conditioning, operant conditioning, observational learning, extinction & spontaneous recovery, shaping behavior Activities recommend that you wear deodorant and shoes that stay on your feet.	Learning activities Take home quiz.
Week 10 10/13 & 10/15	Read Chapter 14 Psychological Disorders Discussion of mental health disorders, DSM 5, Organic vs. Nonorganic,	Writing Assignment- Mental Health Chart Film: A Beautiful Mind
Week 11 10/20 & 10/23	Chapter 14 Psychological Disorders Continued Discussion of ADD/ADHD, PTSD, and suicide	Film on ADD/ADHD
Week 12 10/27/&10/29	Read Chapter 11 Stress and Health Discussion of effects of stress on health and psychology, stressors, stress reduction, and relaxation exercises.	Relaxation Exercises
Week 13 11/3 & 11/5	Read Chapter 15 Therapy Discussion of counseling therapy theories, demonstration of counseling theories	Film-Cognitive Behavioral Therapy Mental Health Chart due 11/5
Week 14 11/10 & 11/12	Read Chapter 13 Social Psychology Discussion of attribution theory, social and cultural influences, conformity, group behavior, prejudice, aggression, attraction, altruism, promoting peace	Social Psychology Activities
Week 15 11/17 & 11/19	Read Chapter 5 Gender and Sexuality Discussion of biology and gender, gender development, androgyny, sexual development, gender roles and culture, sexual orientation, sexualization of girls, evolution and sexuality.	Film on advertising and sexualization
Week 16 Break	Thanksgiving November 27	Thanksgiving break
Week 17 12/1 & 12/3	Continuation of Chapter 5 Discussion of Gender Sexuality and Culture Semester Review for finals	Chapter reviews

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Week 18 12/8 & 12/10	Finals Week	Final
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