

IVC - NURS 080 – Introduction to Nursing

Basic Course Information

Semester	Summer 2014	Instructor Name	Kilene Menvielle, Rebecca Agundez & Pam Hansink
Crse Title & #	NURS 080 Introduction to Nursing Course	Email 1	Kilene.menvielle@imperial.edu
CRN#	30108	Email 2	rebecca.agundez@imperial.edu
Room	2137	Email 3	pam.hansink@imperial.edu
Class Dates	5/27/14 to 6/25/14	Office	Nursing Learning Center 2158
Class Days	Tuesdays & Wednesdays	Office Hrs	1300 to 1500
Class Times	0800 - 1230	Office Ph#	760-355-6530
Units	1.5 (18 hrs lec/27 hrs lab)	Office Contact	760-355-6530

Course description: This course is designed to provide the pre-nursing student with an introduction to the study of nursing. The student will participate in eight (8) 5-hour sessions to explore and become familiar with the expectations and realities of being a nursing student. Utilizing a variety of topics, activities, examinations and general information, it is designed to assist the student to develop strategies to be successful in the nursing program. The Philosophy of the Imperial Valley College Nursing Program and role of the student in developing accountability, integrity and meeting the standards of academic and clinical conduct are discussed.

Prerequisites: Acceptance to the IVC ADRN Program

Co-requisites: None

Recommended preparation: NURS 100 (Med Math) and AHP 100

Grading Criteria: Pass/No Pass

Student Learning Outcomes: Upon course completion, the successful student will identify strategies for personal and academic success in the Nursing Program, as demonstrated by being able to write a 4-page paper in APA format. ISLO 3: Personal Responsibility

Measurable Course Objectives for Pass grade:

Upon satisfactory completion of the course, student will be able to:

1. Identify factors which promote and inhibit success in the nursing program. State changes needed in personal life and activities designed to meet the challenges to be successful in the nursing program.
2. Identify strategies to promote academic success within a nursing program: utilize reading strategies to improve concentration and comprehension of textbook assignments.
3. Discuss and practice test-taking skills.
4. Begin developing critical thinking and problem-solving skills. Define "Critical Thinking" in nursing practice.
5. Achieve 100% on Math Examinations, complete tests within appropriate time frames.
6. Write a 4 page paper in APA format.
7. Complete FAFSA forms and receive information on good financial management.
8. Receive information on available scholarships for nursing and complete Essay for one scholarship.
9. Review Medical Terminology.

10. Be familiar with student handbook.
11. Receive information on graduation requirements.
12. Verbalize preparation for clinical and good customer service.
13. Be familiar with National Patient Safety Goals and Quality and Safety Education for Nurses.
14. Demonstrate basic nursing skills: infection control, hand washing, Vital signs and patient safety.

Core Content	% of course
Factors that contribute to personal and academic success in nursing program	40 %
Math Review	10 %
Medical Terminology Review	5 %
Resources (financial, Learning Center, Student Health Center) available while in Nursing Program	5 %
Basic understanding of Patient Safety in clinical area	10 %
Introduction to APA format in writing	10 %
Introduction to basic nursing skills	10 %
Introduction to nursing program, student handbook, clearances, graduation requirements	10 %
Total	100%

Method of Evaluation to determine if objectives have been met by students:

Class Activities
 Essays
 Skills demonstration
 Participation in class discussions
 Math examinations

Instructional methodology:

Audio Visual
 Computer Assisted Instruction
 Demonstration and return demonstration
 Discussion
 Lecture

Two (2) hours of independent work and lab practice per each hour of lecture or lab is expected.

Assignments:

Medication Math practice sheets
 Medical Terminology practice words
 Essay written in APA format
 Return demonstration of basic nursing skills

Textbooks and supplements:

APA's (2013) *Publication Manual of the American Psychological Association* (6th ed). LWW. ISBN: 1433805618
 Ehrlich (2013). *Medical Terminology for Health Professions* (7th ed). Delmar. ISBN: 1-111-54327-5
 LWW's (2012). *Student Success for Health Professionals Made Incredibly Easy* (2nd ed). LWW. ISBN: 1-60913-784-1
 Nugent (2011) *Fundamentals Success: A Course Review Applying Critical Thinking to Test-Taking* (3rd ed). FA Davis ISBN: 9780803627796
 Nugent (2011). *Test Success for Beginning Nursing Students* (6th ed). FA Davis. ISBN: 9780803628182
 Taber's (2004). *Taber's Cyclopedic Medical Dictionary* (21st ed). FA Davis. ISBN: 0803615590

Daily Schedule:

(Subject to change at Instructor's discretion)

May 27: * Classroom: Orientation to Nursing program, clearances, graduation requirements

- Introduce student handbook, philosophy of the nursing program, uniforms
- Professionalism in Healthcare DVD's and discussion
- Medication math review
- Assign Med Term words to review for next 7 weeks
- Tour of skills labs and classrooms
- Skills Lab: Infection Control Presentation and video, Hand washing / mask, gown and glove exercise
- Different types of isolation

Lecture 1.8 hours

Lab: 2.7 hours

May 28: * Computer Lab: Critical thinking entrance ATI

- Classroom: Financial Aid presentation (reducing stress by financial planning- **Lisa Seals**)
- Medication math review
- Skills Lab: Patient Safety: Introduce National Patient Safety Goals, Speak up videos
- Fall Risk assessment in hospital, Skin assessment (Braden scale)

Lecture: 1.8 hours

Lab: 2.7 hours

June 3: * Classroom: Critical Thinking and the Nursing Process CD, post-test and clinical application

- Therapeutic Communication with patients, their families, coworkers and physicians (SBAR)
- Medication math review
- Skills labs: Preparation for clinical and good customer service. Role Playing Scenarios

Lecture: 1.8 hours

Lab: 2.7 hours

June 4: * Classroom: Watch Ethics DVD, discussion and post-test

- Medication Math review
- Skills Lab: Safe Transfers, Body Mechanics

Lecture: 1.8 hours

Lab: 2.7 hours

June 10: * Classroom: family preparation for the nursing program activity, Breaking Barriers DVD

- Complete demographic and stress score pages
- Are you + you're not - ? exercise
- Services in the Nursing Learning Center (Nursing 81), Intro to textbooks, ATI Nurse-in-a-box, reading strategies to improve concentration and comprehension
- Medication math review
- Skills Lab: Vital Signs: T, P, BP and R –Taylor's streaming videos

Lecture: 1.8 hours

Lab: 2.7 hours

June 11: * Classroom: Motivational Poster, suggestions to avoid procrastination time management (planner)- complete "how well do you manage your time?" assessment (reducing stress by getting organized)

- Medication math review
- Skills Lab: Review Vital Signs: T, P, BP and R

Lecture: 1.8 hours

Lab: 2.7 hours

June 17: * Computer Lab: Scholarships available, writing/ critiquing one scholarship essay

- Classroom: Dennis Quaid Video, Legal Eagle Eye Articles, discuss medication safety
- Medication math review – Reconstituting
- Skills Lab: Bed making- DVD/ Practice

Lecture 1.8 hours

Lab: 2.7 hours

June 18: * Classroom: Tips for test taking, reading and answering questions correctly

- Introduction to QSEN, Failure to act, failure to rescue, Sue Sheridan video as an example of communication errors. IOM Reports, Project Zero
 - Medication math review
 - Pre-write for next week's paper:
1. Factors which promote or inhibit student success in the nursing program (examples of changes needed in personal life and activities/resources available to help you be successful in the nursing program)
 2. Strategies to promote academic success while in the nursing program (study and test taking techniques learned)
 3. What research shows to be effective strategies for student success in nursing programs

Lecture 1.8 hours

Lab: 2.7 hours

June 24: * Classroom: Medication math exam (25 questions) 8 – 9 am

- Intro to APA format (Frank Hoppe) 9 – 11 am in Library, re-write/ critique 4 page paper in APA format
- Skills Lab: First Aid- Cuts, bleeding, twisted knee/ankles/ wrists, insect bites, fractures, burns, bloody nose.

11:30 – 12:30

Lecture 1.8 hours

Lab: 2.7 hours

June25: * Classroom: Instructor Expectations

- Student Evaluation of orientation
- Roundtable with nursing students from previous semesters / Lunch

Lecture 1.8 hours

Lab: 2.7 hours