

# P.E. 201 - Theory of Basketball

INSTRUCTOR: Andrew Robinson

OFFICE: 716 (Hours: Tues & Thurs 9:00am-11:00am)

Class Days & Times: Friday 10:00am-12:05pm

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Credit Units: 2

Recommended Text: American Sport Education Program, Kathy McGee "Coaching Basketball Technical & Tactical Skills", Dec. 2006, HK Pub Inc., ISBN # 9780736047050

**I. Course Description:** This course is designed for physical education majors, recreation majors, and potential coaches. Coaching techniques and theories, history rules and current possible future trends in the game will be offered.

**II. Student Learning Outcomes:**

1. Identify offensive and defensive concepts of team basketball with an increasing degree of proficiency
2. Perform with an increasing degree of proficiency in the fundamental skills, techniques, and strategies of basketball

**III. Course Outline:**

Week 1	Defensive and Offensive Evaluation
Week 2	Fundamentals of footwork (offensive & defensive)
Week 3	Intro. Of Team offense and defense
Week 4	Full court transition offense and defense
Week 5	Introduction of offensive
Week 6	Introduction of defensive plays
Week 7	Game management (time & possession)
Week 8	Special Situations
Week 9-15	Review
Week 16	Final

**IV. Materials Needed:** 1. Basketball attire: shorts, t-shirts, socks, and shoes

**V. Grading:** A. The final grade will be based on total points accumulated as follows:

- |                         |                  |
|-------------------------|------------------|
| 1. Participation        | 50 points        |
| 2. In Class Assignments | 50 points        |
| 3. Final Exam           | <u>20 points</u> |
|                         | 120 points       |

B. Grading Scale	100 - 90% = A
	89 - 80% = B
	79 - 70% = C
	69 - 60% = D

**VI. Attendance Policy:**

1. No more than three absences permitted, a third absence can cause you to be dropped from the class. Three tardies will be equivalent to one absence.
2. Any sign of plagiarism will result in action by the Imperial Valley College.

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible: DSP&S, Room 2117, Health Sciences Building (760) 355-6312.