# **Course Syllabus**

### **CRN 10013**

### **ADS 176**

# SEX AND GAMBLING ADDICTION

# **FALL 2013**

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**Instructor:** Aruna Patel

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Office 302 BAO

Phone 760 355-6579

Course Number: Alcohol and Drug Studies 176, 1 unit

Course Time: 6:30PM- 9:40 PM, Wednesday, 08/19- 09/28/2013(5 weeks)

**Course Location:** Room 810

**Required Text: / Reference book:** 

Sex, Drugs, Gambling & Chocolate A workbook for overcoming Addictions 2nd edition

By: Dr. A. Thomas Horvath with forewords by Dr. G. Alan Marlatt & Dr. Reid K. Hester

Down load: workbook from Gambling: "Freedom from problem gambling" uclagamblingprogram.org

# **Course Description:**

This course is designed to introduce the behavior of non-substance related addictive disorders. This course will address issues such as, sex and love addiction, gambling addiction, compulsive shopping addiction, eating disorder, and other non-substance related addictions.

#### **Course Objectives:**

Students will be able to:

1. Provide training in the application of appropriate therapeutic models and early interventions for non-substance abuse addictions.

- 2. Provide awareness to disorders induced by non-substance related addiction.
- 3. Provide awareness to treatment approach to theses addictions.
- 4. Recognize addictive behaviors.

# **Student's Learning Outcome:**

ADS 176- Students will be able to identify symptoms, consequences, and appropriate resources for sex and gambling addictions and other non- substance related disorders related to addictions. Provide training in application of therapeutic models and early intervention for non-substance related addictions.

**Grading Criteria:** The breakdown of this course is on a grade point scale:

Assignment	Points	Percent toward grade
Thought Paper	40	40%
Final	50	50%
Attendance	10	10%

# No late Assignment.

#### **Attendance: Attendance:**

Students are expected to attend each class lecture as scheduled and remain present for the duration of the classroom session. Attendance is crucial and highly recommended, as it counts for 10% toward your final grade. Any student who misses the first day of class will be dropped. Students missing more than 3 hours' worth of class may be dropped or student missing more than a week of class hours continuously will be dropped too. Any student arriving late more than 3 times will be marked with one absence. One absence is grounds for dropping form the rest of the semester.

Allowances of absence may be made by the instructor on a "case-by-case" basis for special circumstances (i.e.: medical necessity, family/personal tragedy) provided the intent of the IVC attendance policies and the objectives of this course are adhered to. Should a student be absent from class, proper notification to the instructor need be made via email. Instructor must be contacted prior to missing an exam except in a documented emergency situation. There is no make-up test or written assignment for this class. This may not apply to this class due to the five weeks completion of the class period.

It is the responsibility of the individual student to obtain class materials, handouts, and/or notes given during their absence.

It is the responsibility of the individual student to complete and submit the required administrative forms for withdrawing from this course.

**Classroom Disturbances:** Please turn off cell phones, pagers and iPods before coming to lecture. Students who do not comply will be asked to leave the room for the day. If you know you are going to be late, please give prior notice to the instructor. No eating allowed during class time, only bottled water or drink containers with a lid on allowed during lecture time.

## **Disruptive students:**

Most of the students who are enrolled in this class are here to learn however some of the students are not so serious. To preserver a productive and positive learning environment, the students who to disrupt or interfere with a class activities will be sent out of the room for that class period, will also be told to meet with Mr. Sergio Lopez, Campus Disciplinary officer if the disruption continues. Mr. Lopez will follow the disciplinary procedures as outlined in the General Catalog before returning to continue with the coursework.

#### **DSP&S Statement:**

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program Services (DSP&S) office at the Mel Wendrick Access Center as soon as possible.

Mel Wendrick Access Center DSP&S Room 2117 Health Sciences Building (760) 355-6312

## **Cheating Policy:**

Students caught cheating or attempting to cheat on quizzes or exams will be given a zero for that exam or quiz. The student may also be referred to the Associate Dean for Student Affairs for possible further discipline. Cheating includes but is not limited to looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps may not be worn during quizzes or tests. Do not use iPods or such music-providing devices during lecture or tests.

ADS 176: Sex and Gambling Addiction: Fall Semester 2013

Date	Topic
8/21/13	Introduction to class & Course Description and Syllabus Review
	Lecture on Addictions, and Obsessive Compulsive behaviors
8/28/13	Lecture on Other non-substance abuse addictions.
9/04/13	Lecture on Gambling Addiction
9/11/13	Continue on Gambling Addiction
9/18/13	Open discussion on different non-substance addictions and behaviors. Group activity, Final Quiz