# PE 153 SPRING 2013

INSTRUCTOR: Jill Lerno CLASS DAY & TIMES: M-F, 11:50-1:55

OFFICE: 707 REQUIRES TEXT: NONE PHONE: 355-6332 CREDIT UNITS: 2.0

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# I. Course Description

This course is designed for those students trying out for the varsity team. This course will prepare the students for an intense level of intercollegiate competition, developing teamwork, intellect and personal growth.

## II. Course Objectives

- 1. To develop sufficient level of skills to be competitive for intercollegiate athletic competition
- 2. To develop teamwork
- 3. To develop intellect
- 4. To develop personal growth

## III. Student Learning Outcomes

- 1. Perform with an increasing degree of proficiency, the offensive skills and techniques of competitive softball
- 2. Perform with an increasing degree of proficiency, the defensive skills and techniques of competitive softball

#### IV. Course Outline

Week 1-16 practice and games throughout the semester

# V. Grading

- A. The final grade will be based on total points accumulated as follows:
  - 1. Attendance 100 points

## B. Grading Scale:

100%-90% = A 89%-80% = B 79%-70% = C 69%-60% = D

# VI. Attendance Policy

You are allowed two absences; a third absence will result in your being dropped from the class. Three tardies equal one absence

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program and Services (DSP&S) office as soon as possible: DSP&S, Room 2117, Health Services Building, (760) 355-6312