## Course Syllabus: PE 201 Theory of Basketball

**Contact Information: Jeff Deyo** 

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Contact Hours: 2 hours lecture of instruction per week

Course Description: This course is designed for physical education majors, recreation major and potential coaches. Coaching techniques and theories, history, rules, and currant trends in the game will be covered.

## **Student Learning Outcomes**

- Each student will be able to prioritize the essential components in establishing a championship program.
- Each student will be able to effectively analyze successful coaches and programs at the local and national levels.
- Each student will develop their own philosophy of coaching and the techniques to implement it

## **Major Topic and Activities**

- The importance of defense in championship play
- Matching offensive strategies to individual talent
- The coach as master psychologist
- The great program and coaches of history
- How basketball becomes a microcosm of life

## **Evaluation Procedures**

40% Notebook consisting of notes, journals, assignments, and research. Presentation is very important.

**10% Group Project** 

30% Attendance/ Participation

20% Written Final Exam