

Course Syllabus

ADS 101

CRN Code 20201

ALCOHOLISM: INTERVENTION, TREATMENT, AND RECOVERY

Spring 2013 (January 14th through 10th May 2013)

Instructor: Aruna Patel, Director of ADS Program, B.A, CAT-II1, CATE.

Contact Information: (760) 355-6579 aruna.patel@imperial.edu

Office: Room 302 Office hours: Office by appointment only

Course Number: Alcohol and Drug Studies 101, 3 units

Course Time: 1:30PM- 4:40PM, Tuesday

Course Location: Room 810

Required Text:

1. *Intervention, Treatment & Recovery- A Practical Guide to the Top 21 Addiction Counseling Competencies* By: *Lori L. Phelps.*
California Association for Alcohol/Drug Educators
2. *Chemical Dependence by Vernon Johnson's Complete Guide for Families*
3. *Big book of Alcoholic Anonymous first 164 pages (A must for book report)*

Reference for further reading:

5. *Adult Children of Alcoholics* by: *Janet Geringer Woititz, Ed.D.*
6. *Darryl S. Inaba, Pharm.D. 2000, "Upper, Downers, and All Rounds 7th Edition.)*
Physical and mental effects of psychoactive drugs.

Course Description:

This course examines the pathology and pervasiveness of the disease of alcoholism and will include in-depth exploration into the associated topics of intervention, treatment planning, referral, screening, family, relapse and lasting recovery. This course will serve as an introduction to understand addiction in-depth, assessment, screening and treatment approaches to alcohol and drug abuse, references, internal resources and professional ethical responsibilities as a counselor. Alcoholism will be studied in its social and clinical context. Attention will be given to the basic theoretical approaches to the disease. This course will examine the various components of intervention, treatment, recovery, and resources. (CSU)

Course Objectives:

Students will be able to:

1. Describe attitudes and behavior surrounding the use of alcohol and drugs.
2. Demonstrate a working knowledge of the impact of alcoholism/drug abuse in various segments of society.
3. Define his/her own attitudes about the alcoholic/addict.
4. Demonstrate understanding of the major treatment models and treatment Planning.
5. Demonstrate understanding of screening and assessment of the alcoholic /addict.
6. Demonstrate a working knowledge of local groups and organizations offering treatment services for referrals.
7. Demonstrate an intervention in a family or work station.
8. Demonstrate an understanding of relapse prevention and staying in recovery.

Student's Learning Outcome:

Students should be able to develop and facilitate alcoholic intervention using information and assessment skills, choosing an intervention team, and conducting a mock intervention, Screening and recognizing cultural issues when choosing treatment programs. Knowledge of different treatment models. Be able to complete and build treatment plan for a case study for an addict alcoholic at the end of the semester.

Grading Criteria:

**ADS 101 must be taken on a "letter grade" basis only.

The breakdown of this course is on a grade point scale:

A	225 – 250 points
B	199 – 224 points
C	175– 198 points
D	125– 150 points
F	0 – 100 points

Assignment	Total Required	Point Value	Total Points	% toward grade
Exam	2	50	100	100/250 = 40%
Written Assignment Big Book AA Book Report	1	10	10	10/250 = 4%
Intervention Presentation	1	20	20	20/250 = 8%
Attend AA/NA/AI/Anon Meetings	1	10	10	10/250 = 4%
Semester Project	1	50	50	50/250 = 20%
Attendance		10	10	10/250 = 4%
Quizzes/Homework		50	50	50/250 = 20%

Attendance:

Students are expected to attend each class lecture as scheduled and remain present for the duration of the classroom session. Attendance is crucial and highly recommended, as it counts for 5% toward your final grade. Any student who misses the first day of class will be dropped. Students missing more than 3 hours' worth of class may be dropped or student missing more than a week of class hours continuously will be dropped too. Any student arriving late (tardy) more than 3 times will be marked with one absence. Three absences are grounds for dropping from the rest of the semester. Attend the entire evening to receive full credits. Leaving the class during class or after break will not be tolerated.

Allowances of absence may be made by the instructor on a "case-by-case" basis for special circumstances (i.e.: medical necessity, family/personal tragedy) provided the intent of the IVC attendance policies and the objectives of this course are adhered to. Should a student be absent from class, proper notification to the instructor need be made via email. Instructor must be contacted prior to missing an exam except in a documented emergency situation. There is no make-up work if you are absent from class including required class work or homework assignments, quizzes, midterm/final exams or credit reviews. It is the responsibility of the individual student to obtain class materials, handouts, and/or notes given during their absence.

It is the responsibility of the individual student to complete and submit the required administrative forms for withdrawing from this course.

No makeup tests in this class.

No late assignments accepted for grade points.

Classroom Disturbances:

Disruption via private chattering and /or use of a cell phone (i.e. texting in class session) will not be tolerated. Please turn off all mechanical devices including cell phones, pagers and iPods before coming to lecture. Use of computer during lecture is only permitted for taking notes and needs to be turned off during group work and during video shown in class. Computers will not be used for checking emails or playing video games during lecture time. Students who do not comply will be asked to leave the room for the day. **This classroom is a GADGET FREE ZONE.** If you know you are going to be late, please give prior notice to the instructor.

Food and beverage during class session are not permitted in class. No eating allowed during class time, only bottled water or drink containers with a lid on allowed during lecture and time.

Disruptive students:

Most of the students who are enrolled in this class are here to learn however some of the students are not so serious. To preserve a productive and positive learning environment, the students who do disrupt or interfere with a class activities will be sent out of the room for that class period, will also be told to meet with Mr. Sergio Lopez, Campus Disciplinary officer if the disruption

continues. Mr. Lopez will follow the disciplinary procedures as outlined in the General Catalog before returning to continue with the coursework.

DSP&S Statement:

Any student with a documented disability who may need educational accommodation should notify the instructor or the Disabled Student Program Services (DSP&S) office as soon as possible at the Mel Wendrick Access Center as soon as possible.

Mel Wendrick Access Center
DSP&S
Room 2117
Health Sciences Building
(760) 355-6312

Cheating Policy:

Students caught cheating or attempting to cheat on quizzes or exams will be given a zero for that exam or quiz. The student may also be referred to the Associate Dean for Student Affairs for possible further discipline. Cheating includes but is not limited to looking at another student's papers, speaking out answers or questions, the use of open books or notes, use of cell phones, finger spelling in sign language or by notes written on the skin. Baseball caps may not be worn during quizzes or tests. Do not use iPods or such music-providing devices during lecture or tests.

Plagiarism will not be tolerated.

ADS 101: Alcoholism: Intervention, Treatment, and Recovery: Tentative Course Schedule

Date	Topic
1/15/13	Introduction to class, Course Description and Syllabus Review
1/22/13	Introduction to the Tap 21
	Understanding Addiction/ the Disease Concept of Alcohol and Drugs
1/29/13	Concept Models and their Implications for Intervention
2/05/13	Treatment knowledge/ Treatment models
2/12/13	Written Assignment due "Alcoholics Anonymous" Book Report Intervention.
2/19/13	Professional readiness & CAADE Code of ethics
2/26/13	Chemical dependency in Women/Adolescents/Elderly/ Fetal Alcohol Syndrome (FAS)
3/05/13	Assessment & Screening. Midterm Exam #1
3/12/13	12 Steps AA/NA AL anon meetings report due Motivational interview & Six elements of psychotherapy
3/19/13	Treatment Planning & Understanding Treatment is not recovery
3/26/13	Referrals &The five therapeutic Dynamics of 12 steps
4/02/13	Spring Break
4/09/13	Self-help groups
4/16/13	Recovery and Relapse
4/23/13	Existentialism/Spirituality in recovery
4/30/13	Chemical Dependence Affects Families/ Case Studies Semester Project Due/Review prepare for finals
5/07/13	Finals (Case study Take home Final)