



Ψ PSY 101 - INTRODUCTION TO PSYCHOLOGY Ψ

Course Title: Introduction to Psychology

CRN: 20097

F -8:15am – 11:25am

Course Number: Psychology 101 (PSY 101)

Room: #212

Instructor: Francine Hias

Semester Units: Spring 2013 – 3.0 Units

Office Hours: By appointment (Contact by email francine.hias@imperial.edu or 619-204-2073)

Course Description:

The purpose of this course is to introduce main theories explored by the *Science of Psychology*. Comprehending what is *Science*, students' from different subjects (e.g. Nursing, Business Administration, Arts, Criminal Justice, etc.), will be able to understand how *Psychology* is part of their daily lives and future careers.

Through videos (e.g. YouTube, series, movies), local newspaper, scientific articles, and class activities (e.g. group projects, hands on activities and games), students' will be motivated to achieve their prior knowledge (common sense), and relate it to the *Science of Psychology*.

Some of the topics to be debated in a *Critical Thinking* atmosphere are: *Biology of Behavior, Learning, Human Development, Sleep and Consciousness, Personality and Mental Disorders, Therapy and Social Processes*.

"A fool's brain digests philosophy into folly, science into superstition, and art into pedantry. Hence University education." ~George Bernard Shaw

Required Textbook:

Myers, David G. (2011). *Exploring Psychology*. 8th Ed. New York: Worth Publishers.

Supplemental Text or Reading:

Articles assigned on Blackboard Platform.

Other Resources:

Blackboard Platform, You Tube Videos, Movies and/or TV Series, ProQuest, etc.

Course Objectives:

Upon successful completion of this course, students will be able to demonstrate knowledge in:

- Ψ The development of Psychology as a Science;
- Ψ Identify and discuss biological aspects that influence in human behavior;
- Ψ Deliberate the difference between sensation and perception, giving one example of each;
- Ψ Define consciousness and describe how sleep, psychoactive substances and other stimuli affect the mind;



- Ψ Recognize and explain major theories of human development and its impact in human growth and behavior;
 - Ψ Distinguish the different learning and memory processes used by humans;
 - Ψ Discuss major theories of personality, their assumptions and implications;
 - Ψ Outline the nature, causes, and treatments of abnormal behavior;
 - Ψ Detect major theories of emotion and motivation;
 - Ψ Debate the ways in which the social milieu affects human behavior.
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Student Learning Outcomes (SLOs):

Course SLOs: *Student Learning Outcomes (SLOs)* are written statements that define students' *Learning Goals*. Upon course completion, the successful student will have acquired new skills, knowledge, and or attitudes as demonstrated by being able to:

- 1. Students will be able to identify basic parts and functions of the neuron and lobes of the brain (ILO1; ILO2; ILO3)**
- 2. Students will be able to identify different parenting styles and their effect on human development (ILO1; ILO2; ILO3)**
- 3. Students will be able to identify major psychological disorders, key symptoms, and the main strategies used for treatment (ILO1; ILO2; ILO3; ILO5)**

Institutional LOs: *Institutional Learning Outcomes (ISLOs)* are areas of learning that students, faculty, staff, and administrators work toward and assess on a regular basis.

After successful completion of a program or degree at Imperial Valley College, students are expected to have measurable improvement in the following areas:

- ILO1** – Communication Skills;
- ILO2** – Critical Thinking;
- ILO3** – Personal Responsibility;
- ILO4** – Information Literacy, and;
- ILO5** – Global Awareness.

This course, Introduction to Psychology (PSY 101), will provide students with learning opportunities to improve in all five (5) of the ILOs.

“The aim of education should be to teach us rather how to think, than what to think - rather to improve our minds, so as to enable us to think for ourselves, than to load the memory with thoughts of other men.” ~Bill Beattie



Course Format:

Classes during this course will consist of a combination of lectures, discussions, assigned readings, videos, group/individual projects, and performance of formative (e.g. educational games, hands-on activities) and summative (e.g. exams, video analysis) assessments in class and Blackboard.

Course Requirements:

Student's final grade will depend on how well s/he completes the course requirements and how well s/he shows that s/he has met the course objectives. Clarity of thoughts and expressions, both in writing and in speaking, are very important for student success in this course. The use of higher order thinking skills is the key to earn a high grade in this course.

ATTENTION: INSTRUCTOR WILL NOT RECEIVE LATE ASSIGNMENTS unless prior arrangements were made. So, please send it with someone, or drop it off at the instructor's mailbox at the Faculty Lounge.

REMEMBER: The instructor will NOT be RESPONSIBLE for assignments sent it by email; it is the student's responsibility to check with the instructor if she received it.

Use of BLACKBOARD Platform is a REQUIREMENT ON THIS COURSE. So, make sure you know your IVC email and password. If you have doubts about Blackboard, feel free to ask the instructor and visit the tutorial available on the College Webpage.

- 1. Attendance (50 points/EXTRA CREDIT):** Attendance is not optional and arriving on time, prepared to work together, is essential for the success of the academic community. **THE INSTRUCTOR WILL TAKE ATTENDANCE.** If student get up and leave during class period and/or activity, an absence will be registered. **IF YOU GET UP & LEAVE PLEASE, DO NOT RETURN.** Academic researches affirm that this kind of behavior is disruptive to attention; so, the student behavior of leaving and coming back would be a negative factor affecting other students, and the instructor attention.

ATTENTION: Any student who **MISSES** the **FIRST DAY OF CLASS** will be **DROPPED**. Students may be dropped at instructor discretion if they miss more than a **WEEK** of class hours **CONTINUOUSLY**. However, is the student's responsibility to drop the class; **DO NOT** count on the instructor to drop you. Please make arrangements with the Instructor or a fellow student to keep up with all assignments in case you cannot attend a class session for any reason.

Adding Classes: Students may add classes through the registration period which will end before Census (01/26th/13). After the deadline to register, requests for exceptions must be made by the student and include the approval of the Instructor. Approval or Denial of the request is the responsibility of the Chief of Admissions and Records Officer or his/her designee. Procedures and decision-making will be coordinated with the Vice President of Academic Services and may require his/her signature. (See also IVC Catalog and IVC Policy: AP 5075 Courses Adds and Drops).

Dropping Classes: No notation will be made on students' records for courses dropped prior to Census (01/28th/13) for the course. Students may drop (Withdraw Form) Full-Term courses up to 75% of the term, or Short-Term courses up to 75% of the length of the course. Symbols of "W" shall be recorded for courses dropped on Census Day through the 75% date. (See also IVC Catalog and IVC Policy: AP 5075 Courses Adds and Drops).

- 2. Class Participation (140 points):** Students must participate in class activities and prepare assignments demonstrating comprehension of readings, critical thinking and applicability of the new knowledge. In



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order for the whole class to maximize the opportunities to better understand the basic psychology concepts, instructor and students will always need to present themselves and their ideas in a professional and ethical manner.

Disruptive Students: Most of you are here to learn, but some students are not serious. To preserve a productive learning environment, students who disrupt or interfere with a class may be sent out of the room and told to meet with Sergio Lopez, Campus Disciplinary officer, before returning to continue with the coursework. Mr. Lopez will follow disciplinary procedures as outlined in the General Catalog.

As a **WEEKLY HOMEWORK** students will have an assigned **reading** (a textbook chapter per week). PLEASE CHECK COURSE BLACKBOARD CALENDAR FOR THIS ACTIVITY.

- 3. **Blackboard Reflection Papers (160 points total - 40 points per paper):** After reading assigned textbook chapters for each module and exploring the content in class, students will write a **Reflection Paper on Blackboard**. Instructor will provide a prompt (e.g. quote, small text, research articles, etc.) related with the course module and students will have to write one (1) to two (2) pages reflection about those chapters. The goal on this assignment is that students' achieve their *Critical Thinking* (15 points) and relate the new knowledge (Psychology Content) with *Future Careers* and/or *Daily Life* (10 points). Communication skills (e.g. writing) will also be evaluated (5 points).
- 4. **Movie Analysis (200 points):** In pairs (2), students will watch one of the three movies that will be assigned by the Instructor (ISLO 4 – 25 points). The motion picture will be related with three (3) textbook topics: 1. *Psychological Disorders*; 2. *Personality*; 3. *Psychotherapy*. Next, the pair will write (ISLO 1 – 50 points) a three (3) to four (4) page paper analyzing how those *Psychology* concepts are presented in the film. Achieving their *Critical Thinking* skills, the group will communicate in words (using Psychology Vocabulary) the interrelation of *Future Career*, *Daily Life* and *Science* (ISLO 2 – 100 points). Personal Responsibility (ISLO3) will worth 25 points.
- 5. **Quizzes/Exams (500 points – 100 each):** This assignment will consist of multiple choices, fill in the blank, short answer, crossword puzzle, and essay questions from the textbook, lectures, discussions, and/or videos. Every three (3) textbook chapter's students will have a *Quiz/Exam* that will be given in class and/or Blackboard Platform.

ATTENTION: NO MAKE UP EXAMS will be given unless the student is **SICK** and calls the Instructor **BEFORE** class. In this case, the student will have **(1) ONE WEEK** to make an appointment with the Instructor and take the exam.

Grading System:

| Final Grade | | Possible Points |
|-------------|---------|-------------------|
| A | 100-90% | 1000 - 900 points |
| B | 89-80% | 890– 800 points |
| C | 79-70% | 790 - 700 points |
| D | 69-60% | 690 – 600 points |
| F | 59-0% | 590 – 0 points |



Educational Accommodations:

In case a student enrolled in this course require educational accommodations due to a documented disability, please notify the Instructor immediately and/or contact the Disable Student Programs and Services (DSP&S) which is located at Room 2117, phone number (760) 355-6312.

Academic Ethics:

The instructor expects from the students enrolled in this course ethical behavior, which includes psychology secrecy of cases and creative honest writing. Plagiarism and/or any type of dishonesty (cheating) will not be tolerated in the classroom and/or assignments. If a student is caught committing any type of academic unethical act s/he will be given a (0) ZERO for the assignment and sent to Disciplinary Officer Sergio Lopez. A second occurrence of cheating or plagiarism may result in dismissal from class and expulsion from IVC as outlined in the General Catalog.

Schedule: The instructor reserves the right to make announced modifications to this course outline.

ATTENTION: In case class needs to be canceled the Instructor will send/ post an announcement on your IVC email account and/or Blackboard Announcements. So, make sure you check one of these every week BEFORE class.

| Date | Topic | Reading |
|----------------------------------|---|-----------------------------|
| 1 st Week 01/18/13 | <u>Course Introduction</u> <i>Thinking Critically with Psychological Science</i> | Chapter 1 (pg.1-30) |
| 2 nd Week 01/25/13 | <i>Nature, Nurture, & Human Diversity</i> | Chapter 4 (pg. 105-131) |
| 3 rd Week 02/01/13 | <i>Developing Through the Life Spam</i> | Chapter 5 (pg. 137-174) |
| 4 th Week 02/08/13 | <u>Holliday Lincolns B-day Reflection Paper #1</u> <i>Consciousness & the Two-Track Mind</i> | Chapter 3 (pg.66-97) |
| 5 th Week 02/15/13 | <u>Exam #1</u> <i>The Biology of Mind</i> | Chapter 2 (pg.35-60) |
| 6 th Week 02/22/13 | <i>Emotions, Stress, & Health</i> | Chapter 11 (pg. 375-413) |



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| 7 th Week 03/01/13 | <u>Exam #2 – Reflection Paper #2</u> <i>Motivation</i> | Chapter 10 (pg. 339-369) |
| 8 th Week 03/08/13 | <i>Sensation & Perception</i> | Chapter 6 (pg. 180-218) |
| 9 th Week 03/15/13 | <i>Learning</i> | Chapter 7 (pg. 225-250) |
| 10 th Week 03/22/13 | <u>Exam #3 – Reflection Paper #3</u> <i>Memory</i> | Chapter 8 (pg. 257- 289) |
| 11 th Week 03/29/13 | <i>Thinking, Language, & Intelligence</i> <u>Spring Break 04/01/13 to 04/06/13</u> | Chapter 9 (pg. 291-328) |
| 12 th Week 04/12/13 | <u>Exam #4</u> <i>Psychological Disorders</i> | Chapter 13 (pg. 453-480) |
| 13 th Week 04/19/13 | NO CLASS – <u>Reflection Paper #4</u> <i>Personality (Blackboard Assignment)</i> | Chapter 12 (pg.420-447) |
| 14 th Week 04/26/13 | <i>Therapy</i> | Chapter 14 (pg. 493-520) |
| 15 th Week 05/03/13 | <u>Movie Analysis Due</u> <i>Social Psychology</i> | Chapter 15 (pg. 525-563) |
| 16 th Week 05/10/13 | FINALS WEEK <u>Exam #5</u> | |

“That’s been one of my mantras – focus and simplicity. Simple can be harder than complex: You have to work hard to get your thinking clean to make it simple. But it’s worth it in the end because once you get there, you can move mountains.” ~ Steve Jobs

Welcome to SPRING Semester 2013!!!