

INTRODUCTION TO PSYCHOLOGY

Spring Semester 2013

Course Title: Introduction to Psychology
Course Number: Psychology 101
Semester Units: 3
Instructor: Anabelle Alvarez
Classroom: 205
Class Hours: 6:30-9:40pm
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Required Text: Myers, David G. Exploring Psychology, 2009.
8th Edition, New York: Worth Publishers.

Course Description:

This course is designed to introduce you to the main concepts and theories of psychology. This course surveys psychology as both a science and an applied discipline. Topics to be covered include research methods, physiological, developmental, states of consciousness, learning, emotions, stress and health, personality, abnormal and social psychology.

Course Objective

The objectives of this course are: 1) To critically think about and gain knowledge of the main theories and concepts of each sub-field of psychology; and 2) To leave this course with a basic understanding of psychology, not only in the academic sense, but also an understanding of the everyday or practical nature of psychology.

Course Format:

This course will consist of a combination of lectures, class discussion, assigned readings, group and individual projects and performance on quizzes and exams.

Course Requirements;

Attendance and Class Participation. You are expected to attend class and stay for the whole period. **Attendance will be taken by the instructor.** You will be expected to demonstrate an understanding of the assigned reading by actively participating in class discussions. If you miss a class, it is your responsibility to get class notes from a fellow student. If you are going to miss a class, please call me **before** class to let me know. You may be dropped from class if you are absent consecutively for the equivalent of one week of instruction, but **DO NOT** count on the instructor dropping you. If you want to drop the class, it is your responsibility.

Projects/Thought Papers: There will be three (3) one page papers due at various times during the semester. For these papers, you will be required to find and read an article regarding psychology. This article can be in a newspaper, magazine, or psychology journal. You will be required to write a one-page paper on how the article relates to psychology and everyday life. Each project will be worth 25 points. More information will be given about these papers at a later date. **No late thought papers will be accepted.**

SLO's. 1. Students will be able to identify basic parts and functions of the neuron and lobes of the brain; 2. Students will be able to identify different parenting styles and their effect on human development; and 3. Students will be able to identify major psychological disorders, key symptoms, and the main strategies used for treatment.

Quizzes. Five (5) quizzes will be given during the semester. **No make-up quizzes will be given.** Each quiz will be worth 10 points.

Assignments/Group Work. There will be approximately two (2) different in class, take home or group work assignments given throughout the semester. More information will be given about these assignments at a later date. Each assignment will be worth 25 points.

Exams. Four (4) exams will be given. Exams will consist of multiple choice; fill in the blank, short answer and essay questions from the textbook and lectures. No make-up exams will be given unless you have called me **Prior** to the exam and let me know you will not be able to take the exam. If you contact me prior to the exam, you will have one (1) week to make-up the exam. Each exam will be worth 100 points. **Please bring a #2 pencil and a scantron to each examination.**

Grading System:

90-100%=A	Exams	4@	100 pts.	400pts.
80-89% = B	Quizzes	5@	10 pts.	50pts.
70-79% =C	Projects	3@	25 pts.	75pts.
60-69% =D	Assignments	2@	25 pts.	50pts.
0- 59% =F	Participation		25 pts.	25pts.
				TOTAL: 600 pts.

Disabled Student Programs and Services:

Any student with a documented disability who may need educational accommodations should notify the instructor or the Disabled Student Programs and Services (DSP&S) office as soon as possible. Visit or call DSP&S, Mel Wendrick Access Center, Room 2117, (760) 355-6312

Cheating and Plagiarism:

IVC expects honesty and integrity from all students. A student found to have cheated on any assignment or plagiarized will receive zero for the assignment and sent to Disciplinary Officer Sergio Lopez. A second occurrence of cheating or plagiarism may result in dismissal from class and expulsion from IVC as outlined in the General Catalog.

Disruptive Students:

Most of you are here to learn, but some students are not serious. To preserve a productive learning environment, students who disrupt or interfere with a class may be sent out of the room and told to meet with Sergio Lopez, Campus Disciplinary Officer, before returning to continue with coursework. Mr. Lopez will follow disciplinary procedures as outlined in the General Catalog.

TENTATIVE COURSE SCHEDULE

Date	Topic	Reading Assignment
1/16/13	Introduction to Psychology Class	Chapter 1
1/23/13	Thinking Critically with Psychological Science	Chapter 1
1/30/13	Biology of Mind	Chapter 2
2/06/13	Consciousness and the Two-Track Mind Quiz #1	Chapter 3
2/13/13	Unit I Exam-Thought Paper #1 Due Nature, Nurture, and Human Diversity	Chapter 4
2/20/13	Developing Through the Life Span Quiz #2	Chapter 5
2/27/13	Sensation and Perception Quiz #3	Chapter 6
3/06/13	Unit II Exam-Thought Paper #2 Due	
3/13/13	Learning	Chapter 7
3/20/13	Emotions, Stress, and Health	Chapter 11
3/27/13	Personality Quiz #4 Group Project #1 Due (minimum 2pgs-maximum 3pgs)	Chapter 12
4/03/13	SPRING BREAK	
4/10/13	Unit #3 Exam-Thought Paper #3	
4/17/13	Psychological Disorders	Chapter 13
	Therapy	Chapter 14
4/24/13	Social Psychology Quiz #5	Chapter 15
5/01/13	Final Review Group Project #2 Due (minimum 2pgs-maximum 3pgs)	
5/08/13	Final	

This instructor reserves the right to make announced modifications to this course outline.

